

**ROYAL
REJECTS**

**BEA & EUGENIE'S
BIG SNUB!**



**NICOLE'S
SURROGATE**

**FAITH MEETS
HER OTHER MUM**



NZ'S NO.1 WEEKLY MAGAZINE

Woman's Day

**MARCH 6, 2017
\$4.50 (inc. GST)**



**LOVE
DUET**



**ANIKA MOA'S
MAGICAL
WEDDING!**

**SHE'S FAKING IT!
BRAD SLAMS
ANGE'S
TEARS**



**HOT
PICS
INSIDE**

**MEET
THE NEW
BACHELOR**

**I'M SCARED
BUT SO READY!**

**SHOCK
NEWS**



**LISA MARIE'S
NIGHTMARE!**

**WHY SHE'S
LOST HER KIDS**



**KOOKY KIWI TALE
I'M A REAL-LIFE
MERMAID!**



**DAZZLING
TRIBUTE**

**DIANA'S
DREAMY
DRESSES**

WHAT A WEEK!

Stars who caught our eye

**NOTHIN' TO
SKI HERE!**

Little Harper steals the show as she marches to the mountain.

They're skiing off the scandal

The Beckhams took their charm offensive to the snow last week, with the brood hitting the slopes in Canada.

Putting on a united front, the chic clan looked like they didn't have a care in the world – apart from Brooklyn, who broke his collarbone early on in the trip.

David and Victoria – who put on a brave face with kids Brooklyn, who turns 18 this week, Romeo, 14, Cruz, 12, and Harper, five – are trying to claw back their reputation

after the football star's emails were hacked, revealing his fury at missing out on a knighthood. After branding the honours committee “unappreciative”, David, 41, and wife Victoria, 42, are now in damage control.

“They just want people to forget this ever happened,” an insider tells. “So they're going to flood social media with sugary family snaps and glimpses into their home life. It's a very planned-out move that they hope will pay off.”

WD

Beckhams break t

POSH'S HEALING HOLI

Everything's all white! Posh is desperate to save the family name after David's leaked emails exposed a nastier side to his character.

NEED A LIFT?

JUST LIKE MUM

Below: A glum Brooklyn, pictured with Romeo, was injured on the slopes.

he ice
DAY





Receive a **Weekender Bag FREE**
when you purchase 2 or more
Moisture Mist products*

MOISTURE MIST
SPECIALLY FORMULATED FOR NEW ZEALAND WOMEN BY SHISEIDO

*Offer available from the 17th February 2017, while stocks last. Offer excludes clearance items and sponges. Limit one gift per customer. Not available in conjunction with any other offer. Qualifying purchase must be made in a single transaction. moisturemist.co.nz

March 6, 2017

Woman's Day this week

On the cover

- 8 She's faking it!** Brad slams Ange's tears
- 12 Love duet** Anika Moa's magical wedding
- 16 Shock news** Lisa Marie's nightmare: Why she's lost her kids
- 18 Royal rejects** Bea and Eugenie's big snub!
- 20 Nicole's surrogate** Faith meets her other mum
- 22 Hot pics inside: Meet the new Bachelor** I'm scared but so ready!
- 30 Dazzling tribute** Diana's dreamy dresses
- 38 Kooky Kiwi tale** I'm a real-life mermaid!
- 26 It's over** Jen and Ben's \$280m divorce
- 28 OMG!** Unforgettable Oscar moments
- 34 Words and wickets** TV stars' perfect match
- 36 Real-life reads** Cystic sisters' double blow: We could kill each other!; Bullied to the brink: I'm fighting back!
- 95 A-list gossip**

Features

- 2 Healing holiday** Posh and Becks hit the slopes
- 7 Editor's page**
- 18 You ought to know** Madonna's adoption no-no, Rolling Stone's rockabye twins, Heidi's love rat and Brit's sad breakdown

Inspire

- 46 Fashion**
- 51 Beauty**
- 56 Health**
- 74 Travel**
- 77 Let's talk about sex**
- 78 A date with Sarah-Kate; Kate's home truths**
- 79 Ask Polly**
- 80 Be Entertained!**
- 92 Talk of the Day**
- 93 Your stars**

Food

- 60 Break an egg!**
- 68 Just one more slice ...**
- 71 Cut out & keep: Courgette crush**

Puzzles

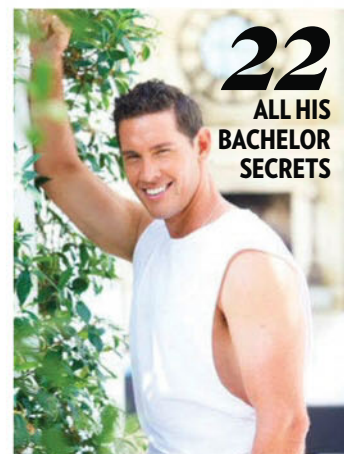
- 86 WIN CASH!** Starburst, Code cracker, Sudoku, Wordfind, Who am I?, Brainbusters, Spot the difference, Cryptic, Big crossword, Superstar crossword



8
ANGE RILES
BRAD AGAIN



12
ANIKA & NATASHA'S
DREAM DAY



22
ALL HIS
BACHELOR
SECRETS



46
CLASH-HOT
OUTFITS



38
KIWI MERMAID'S
ASTONISHING TAIL!

We are Woman's Day Editor-in-Chief **Sido Kitchin** Associate Editor **Sebastian van der Zwan** Assistant Editors **Ashleigh McEnaney**, **Sophie Neville** Senior Writer **Carmen Lichi**

Staff Writer **Elan MacKenzie** Picture Director **Amalia Osborne** Picture Editor **Kellie Blizard** International Picture Editor **Kate Dwek** Editorial Assistant **Jessica Ault** DESIGN Creative Director **Mirella Monteiro** Senior Designer **Jenna Howell** Designer **Olivia New** SUB-EDITORS Chief Sub-editor **Denise Bowden** Senior Sub-editor **Sheryn Church** Sub-editor **Hannah Nissen-Elison** LIFESTYLE – INSPIRE Lifestyle Director **Vanessa Marshall** Style Director **Leigh Matheson** Beauty Editor **Megan Bedford** Digital Artist **Andrew Kirkup** PRODUCTION Production Editor **Jennifer Reynolds** Production Coordinator **Lorne Kay** MARKETING Head of Marketing **Martine Skinner** Marketing Manager **Micaela Wade** Group Marketing Assistant **Emily Gavigan** DIGITAL Digital Editor **Keren Sim** Digital Deputy Editor **Sinead Corcoran** ADVERTISING Commercial Director **Paul Gardiner** Group Sales Director – Weekly Titles **Anna Magasiva** Commercial Brand Manager **Kelly Gillbanks** Publisher Analyst **Johanne Kendall** Chief Executive Officer **Paul Dykzeul** Published by Bauer Media Group (NZ) LP. Enquiries to *Woman's Day*, Private Bag 92512, Wellesley Street, Auckland, phone (09) 308 2718. Printed by Webstar.

***New Zealand's top-selling newsstand magazine for women. Circulation 90,037. Readership 633,000.**

Subscriptions www.magshop.co.nz Phone (0800) MAGSHOP (624 746) or (09) 308 2721 GENERAL ENQUIRIES (09) 308 2718 email wdaynz@bauermedia.co.nz fax (09) 357 0978 Advertising enquiries (09) 308 2760

© 2017. All rights reserved. Material content in *Woman's Day* is protected under the Copyright Act 1994. No material may be reproduced in part or in whole without the written consent from the copyright holders.

womansday.co.nz **Woman's Day** 5

UNASHAMEDLY

YOU'RE
UNIQUE



CITROËN
C4
CACTUS

CREATE A VEHICLE THAT TRULY REFLECTS YOUR STYLE

The revolutionary new Citroën C4 Cactus is bold, unique and completely customisable. With 184 different colour and trim combinations, discover how you can make the C4 Cactus truly your own at your local Citroën dealer.

Hot on THEIR HEELS

STARS WHO LOVE TO SLOG IT OUT IN STILETTOS!

MARIAH CAREY



VICTORIA BECKHAM

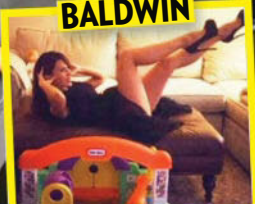
Forget Bikram, Posh yoga is the new trend!



COCO AUSTIN



HILARIA BALDWIN



Natural beauty

Weleda is a pioneer in natural skincare, having created beautiful products using ethically sourced, organic ingredients from biodynamic, wild-crafted suppliers since the 1920s.

To celebrate the last of summer, we have two prize packs of their delicious Pomegranate range, worth \$375 each. For more info, visit weleda.co.nz. To enter, go to womansday.co.nz/Weleda and enter the code WE10, or send your name, address and phone number to: **Woman's Day/Ed's Page, Response Bag 500235, Victoria Street West, Auckland 1142 by March 10.**



Win!

Subscribe!

SECURELY ONLINE
MAGSHOP.CO.NZ/
WOMANS-DAY-NZ
PHONE 0800 MAGSHOP
(0800 624 746)



Contact us!



online at
womansday.co.nz



facebook.com/
womansdaynz



email us wdaynz@bauermedia.co.nz



Woman's Day, Private
Bag 92512, Wellesley
Street, Auckland 1010



follow us
[@womansdaynz](https://www.instagram.com/womansdaynz)



tweet us
[@womansdaynz](https://twitter.com/womansdaynz)



call us
(09) 308 2718



download issues
on your iPad

Editor's note



Angelina Jolie has shunned the limelight since her shock split from Brad Pitt last year, but she certainly monopolised the spotlight in Cambodia last week.

Cynics say she'd been losing the PR war with Brad and used the trip to promote her new film as a way to win back favour with the public. She stepped out with all six kids, spoke about the divorce for the first time through tears and swapped her usual sombre black garb for pretty pink. She certainly seems to have evened the PR score with Brad – and he's totally unimpressed, as you'll read in this week's cover story (page 8).

But for me, the lasting image from the trip was Angelina nibbling scorpions and tarantulas. I appreciate they are a local delicacy, but eek! I'm not sure I'm so brave.

It's prompted much talk in the *Woman's Day* office about the weirdest things we've eaten on our travels. Carmen confessed she ate iguana in Cambodia and is still traumatised after a failed, desperate attempt to free "Iggy" before he became stew. Vanessa had a lost-in-translation moment and accidentally downed a shot of "warm, sticky and never to be repeated" turtle blood in Tokyo.

Leigh reckons the raw conch she had in Vanuatu was delicious, Olivia surprised herself by liking

"a snail" in France and Hannah has been known to eat a whole fillet of raw salmon like a wild bear.

Mirella is our resident crazy eater on a daily basis – she loves brains! – but has also eaten raw horse in Japan and caterpillars in Zambia. However, I still think the way she violates an avocado by filling the hole with white sugar is the most insane.

But it's Sebastian who takes the cake for eating weird food around the world. His list is as long as my arm and includes piranha, peccary and capybara in Brazil, alpaca and guinea pig in Peru, zebra, eland and warthog in Kenya, camel in Morocco, alligator in New Orleans, fried silkworms in Beijing and, yes, he's eaten deep-fried tarantulas in Cambodia, just like Angelina.

Makes the half slug I had in my salad last week seem lame. Have a great week!

Sido

SIDO KITCHIN
EDITOR-IN-CHIEF, WOMAN'S DAY



ALEX SCOTT

Greeting former Cambodian queen Monique. Right: With (from left) Shiloh, Vivienne, Knox, Zahara, Pax and Maddox.



Bitter Brad see DON'T EXPL OUR KIDS, A

*He's unmoved by her
tearful performance*

For five months, Angelina Jolie maintained a stubborn silence in the aftermath of her shock divorce from husband Brad Pitt.

Holed up in a rented Los Angeles mansion, she cancelled movie projects, scaled back her humanitarian work and refused all invitations to showbiz events as she plotted her vicious custody battle.

But last week, the actress made a spectacular leap back into the limelight. With her children Maddox, 15, Pax, 13, Zahara, 12, Shiloh, 10, and eight-year-old twins Vivienne and Knox in tow, she debuted her new film *First They Killed My Father* in Cambodia, where she spoke about her anguish over the divorce.

Fighting back tears, the 41-year-old gave an interview about the personal turmoil that has engulfed her family. "It was very difficult," she said,

attempting to keep her emotions in check as she was asked about her divorce.

"Many people find themselves in this situation. My whole family have all been through a difficult time. My focus is my children, our children.

"We are and forever will be a family and so that is how I am coping. I am coping with finding a way through to make sure that this somehow makes us stronger and closer."

An apology?

Describing her ex, 53, as a "wonderful" dad, her comments go some way to exonerating Brad after he was investigated



Take a bow! Ange (left) pays respect to Cambodia's King Norodom Sihamoni.

s red OIT NGE

for child abuse by both the FBI and the Los Angeles Department of Child and Family Services last year. In the incident, which occurred on a private plane in September, Brad and Maddox got into a fight that allegedly became physical. Authorities later cleared Brad of any wrongdoing, although the incident was the catalyst in Angelina's decision to file for divorce.

Despite the actress' kind words, *Woman's Day* can reveal that Brad is livid about his ex-wife's interview, telling pals that she put on an "Oscar-winning performance".

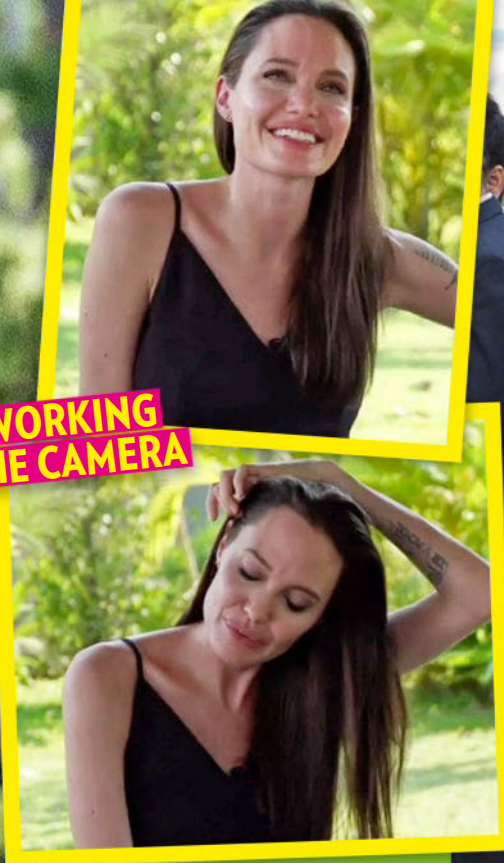
"Brad knows Ange better than anyone and he says this is an absolute joke,"



Smile, wave and be happy, Maddox! Mother and son are staying close.



**WORKING
THE CAMERA**



What a tangled web! After her emotional interview, the star samples a local delicacy.



Above: Angelina lines up with her kids in a show of unity. "My focus is on my children, our children."

◀ reveals a Jolie-Pitt insider. "He says her tears were fake and that this is just the start of an orchestrated campaign to win back support."

While in Cambodia, Angelina and the children also spent time with the royal family, presenting the movie – a real-life story of the Khmer Rouge – at its world premiere. Angelina, Maddox and Shiloh all gave speeches before the entire clan was then seen on television trying a local delicacy of spiders and scorpions!

"Brad can't believe she'd wheel all the kids out for the

cameras like this," says our insider. "He thinks it's totally transparent and exploitative."

But Angelina is determined to win back public support. The *Maleficent* actress has a huge team of staff – including a new publicity manager – working behind the scenes – on an action plan.

Our insider tells, "Emerging back into the spotlight was very much encouraged as her team felt that hiding away with the kids was only adding to the consensus that she felt ashamed of the way she treated Brad. Every aspect of the Cambodia trip is part

of a very calculated post-split game plan, which is to remind the public of her loving and maternal side. They feel they need to reassert her as a wonderful mother and humanitarian."

Angelina's emotional interview was rehearsed, adds the insider. "She practised it for days beforehand. Showing emotion was always the plan. Ange is intent on turning the tide and is determined to continue with her campaign, which will culminate with a huge televised interview once the divorce is finalised."

Brad's promise

However, Brad has sent a message to Angelina via their lawyers to stick to the truth when she's speaking about their family. He says she's been nothing but vindictive towards him since filing for divorce back in September.

"He's furious with Ange for trying to paint this picture of playing happy families with him when she's spent the last few months damning him behind the scenes, tearing him apart in legal documents and trying to ruin his life by taking the children away from him," adds our insider.

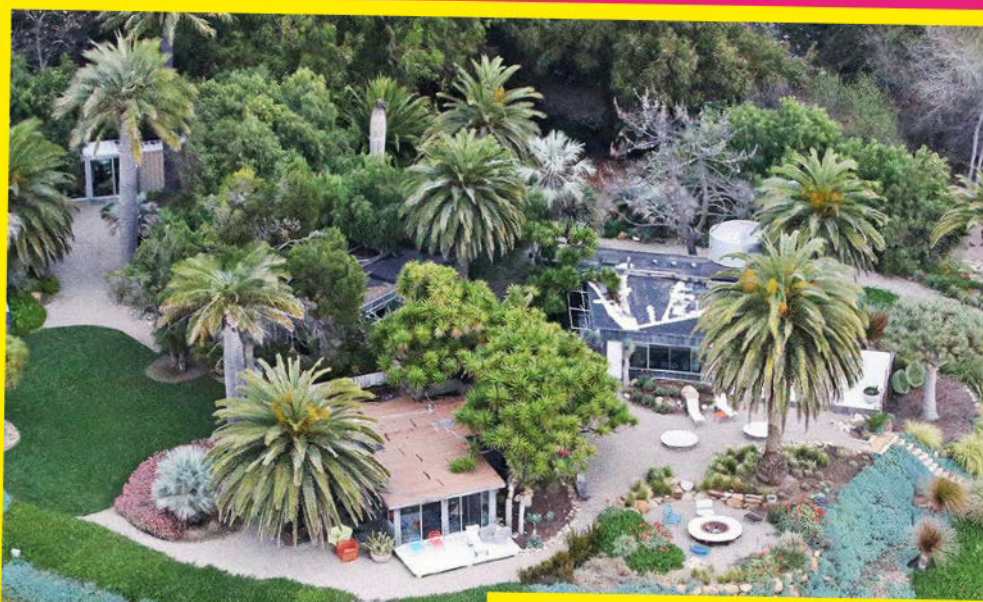
"He's described Angelina's efforts at a comeback as transparent and insulting, and he has been so angered by her behaviour that it's ignited a flame in him which he says has made him even more determined to win this custody battle."

Our insider says Brad, who is still only allowed supervised visits with his children, won't rest until he has equal parenting rights.

"Brad still feels as though he's had his heart ripped out by the woman he loved. He misses his children and his old life so much. But he refuses to be treated like this. He will not be a pawn in Angelina's cruel games."

TEXT: SOPHIE NEVILLE, KATY FORRESTER. PICTURES: AUSTRALSCOPE, BACKGRID, COLLMAN-RAYNER, GETTY IMAGES.

WD



In a bid to revamp his lifestyle, Brad has escaped to this Californian home by the sea – and he's sticking to soft drink (right)!



Beachy retreat

BRAD'S SOBER HOUSE RULES

Brad Pitt has moved out of his marital mansion and into a “sober house” by the sea 160km north of Los Angeles, surrounding himself with a hand-picked group of pals who have steered him away from booze and marijuana.

Now *Woman's Day* can exclusively reveal the star's attempt to stay on the straight and narrow is to ensure he doesn't lose custody of his six children for good.

Instead of drowning his sorrows with alcohol, Brad has installed a Mountain Dew soft drink machine at the beachfront property near Santa Barbara – which he originally bought for \$4 million in 2000 – and been taking soul-searching walks around its 4.65ha grounds.

A source from his inner circle confides, “Brad has never hidden his love of weed and he likes to drink – he's the life and soul of the party. It's been a huge lifestyle change, but he's really determined. He's swapped joints for juicing and beers for bike rides. Brad's left the sins of the big city for fresh sea air and a new start.

“He had become too caught up with his bad habits. His friends are now keeping an eye on him and making sure he doesn't get bored or lonely.”

As well as a new home, the *Fury* star also recently took delivery of a new BMW motorbike. “Long rides on the open road are a great distraction for Brad,” explains the source.



Local **exclusive**

The songbird
and her
journalist
sweetheart
make their
love official.



Vision

ANIKA & DREAM

The barefoot brides tie the knot

Anika Moa is unusually nervous. All morning, the Kiwi songbird and TV host with the dirty jokes and the filthy cackle has been rehearsing her latest performance – a karanga – clad only in flesh-coloured Spanx and a kimono.

It's a sight to behold, watching her pace the picturesque grounds overlooking Bethells Beach on Auckland's West Coast in her underwear, repeatedly reciting the Maori welcome chant to the dark skies, where large, angry thunderclouds are threatening to burst at any moment.

But this is no ordinary show. In just a few hours, atop a hill that commands views of the crashing waves and black sands, she'll say



Celebrant Jaquie Brown has Anika (left) and Natasha in fits of laughter and tears.



of love! NATASHA'S WEDDING

"I do" to her 41-year-old partner of four years, former Three journalist Natasha Utting. It's the second time Anika has tied the knot – the first was a civil union in 2010. But with New Zealand legalising same-sex marriage in 2013, this is, she declares, her first actual wedding.

"I get so nervous when I have to speak te reo," admits Anika, 36, who proposed on the couch in her undies in August 2015, just after Natasha's 40th birthday.

"Last night, I had visions of Julia Roberts in *Runaway Bride*," she giggles. "I wanted to put my running shoes on and see if I could find a wild horse. But I couldn't, so I've decided to stay!"

With its majestic beauty, Bethells Beach is Anika's happy place. It's where she wrote her 2005 album *Stolen Hill* and where, for the past few years, she's spent a lot of time writing songs and she says with a devilish grin, "having lots of sex".

It's also where she and Natasha – who met for the first time at a Beyoncé concert in 2013 – had their first date. Still hurting following her break-up with former wife, burlesque performer Azaria Universe, Anika admits her relationship with Natasha was a "slow burner" as she needed time to heal and "sow her wild oats".

Oh, baby!

By the time she finally fell in love a few months later, Natasha was pregnant with her son Soren, now two, conceived via a sperm donor friend.

They had only been a couple a few months before they moved in together, with Anika's five-year-old twins Barry and Taane – who she shares with Azaria – and Soren completing their lively brood.

While the couple have decided to ditch tradition with their wedding – there's



The newlyweds with son Soren.

no bridal party or first dance – honouring Anika's Maori heritage is one custom they wholeheartedly embrace, with the karanga and a magnificent korowai cloak worn over her elegant, fitted cream Miss Crabb dress.

The korowai, made from

emu and peacock feathers, belongs to her good friend hairstylist Tane Tomoana. "His grandmother made it for his 21st and he's the only person who's ever worn it, so it's a real honour," tells Anika. "It's so beautiful and prestigious, and with all

Double delight: Anika's gorgeous boys Barry (left) and Taane were the ringbearers.



those feathers and wool, it's bloody hot!"

Helping Natasha into her gorgeous daisy-patterned Tanya Carlson gown, the singer gasps with delight. With white roses woven intricately through her flowing red locks and her dress skimming her curves, Natasha is a knockout.

Suddenly, it's time for the karanga. Standing beside her bride, Anika begins the welcome: "Haere mai ra e te karanga a te ngakau ki a koutou ..." The words are echoed back to her by the couple's pal, former Three reporter Mereana Hond, who has flown over especially from her home in Qatar.

Walking backwards to a wine-red floral arch, the brides invite 74 close friends and family, including comedian Madeleine Sami, musician Boh Runga and actress Teuila Blakely, to witness their marriage in a hilarious, heartfelt ceremony led by funnywoman and wedding celebrant Jaquie Brown.

As the couple face each other, hands clasped, there's laughter as Jaquie reveals Natasha's secret obsession with singer John Mayer. There's also music, with two Maori hymns – "Purea Nei" and "Whakaaria Mai" – led by

ALL THE DETAILS



Top: A gluten-free cake from The Caker. Left: Ta-dah! Anika in her Spanx pre-wedding.



Above: Vintage picnic blankets to keep guests warm. Right: Natasha with sisters Ursula (left) and Louisa.





A place in their hearts: Anika and Natasha had their first date in Bethells Beach, so marrying in the magical spot felt right.

Anika's musician pal Anna Coddington, and poetry.

But when Natasha takes to the mic to recite her vows, the normally stoic journalist breaks into gasping sobs. "When love came for me ..." she says, faltering, before starting over, "It came in a fierce torrent. It was impossible yet unavoidable."

Hearts in sync

Vowing to "keep the home fires burning and fan the flames of our love", Natasha concludes, "I know how lucky I am to have captured the love of the woman I love more than any other and also the woman who is the lesbian icon of New Zealand! Fans may get your signature on their bosom, but I have you tattooed on my heart. I love you."

Anika's wicked humour peppers her vows as she pledges "to make sweet passionate love to you once a month ... if that" and "to love you like a crazy psycho". But

soon the tears are flowing.

"You let me grow like a flower and run like a horse," she says, her voice breaking. "You make me feel so loved and you give me strength to wake every day, and I can't wait to begin our amazing adventure together. No further comments, your honour!"

Jaquie then calls for Barry and Taane to come forward with the couple's rings, crafted by Auckland designers Meadowlark. Adorable in white shirts and cream pants, the twins – who inspired Anika's album *Songs for Bubbas* – are also overcome with emotion.

"Barry had a meltdown during the ceremony," Anika later recalls. "I knew he would, but that's OK because I was crying too!"

After being pronounced "Mrs and Mrs Utting-Moa", the couple share a passionate kiss, walking back down the aisle to Mariah Carey's "Vision of Love" as guests shower them with rose petals.



Planning their big day, both brides admit, has been a compromise. "I've already done the big wedding," tells Anika. "So I just wanted something really small."

But former *Campbell Live* journalist Natasha had other ideas. "I wanted a big white wedding – something in a woodland, with a Robin Hood, Kevin Costner-type feel! But as soon as Anika showed me this place, Bethells Beach Cottages, I knew this was right."

And despite being "relaxed non-bridezillas", chief planner Natasha confesses to "losing it" days earlier. "I had a big cry because of the weather, but after that, I was prepared for anything," she smiles as the sun beats down. "And it's all turned out perfectly."

Love festival

With 18 years in the music industry, five studio albums and dozens of talented guests, Anika has organised a mini music festival, complete with a gourmet picnic for the reception.

Before joining her bride on a blanket to watch her friends perform, she accompanies Boh to play one of Natasha's favourite Kate Bush songs, "Running up that Hill". Former Fur Patrol singer Julia Deans closes the show with a spine-tingling version of her 2000 hit

"Lydia", before a raucous night of wood-fired pizzas and karaoke gets underway.

After a blissful three days at their Bethells hideaway, it's back to life as they know it for the brides – juggling work with looking after their three lively boys. "We're like Matthew McConaughey and his hot but unknown wife," jokes Anika.

"No," says Natasha, "you're George Clooney, 'cos that means I'm Amal. Beautiful and brainy!"

The comedy banter is typical of the couple, but their wedding is no joke. "This is now our human right, thank goodness," says Natasha. "It's hugely significant because I've wanted to be a bride since I was a little girl, except that back then, I wondered what I'd do with my husband."

"For most of my adult life, I never thought I would get the chance. And today I feel like a bride – an actual bride! I've never been in love before, but with Anika, this is it."

Concludes Anika as she ponders their future, "I hope we love with a fierceness like gang members who protect their own patch. I hope Natasha makes us rich with her sex books. I hope I make us rich with a hit song. But most of all, I hope she loves me forever and unconditionally."

WD

TEXT: CARMEN LICHI. HAIR & MAKE-UP: DANA WILTON. FLOWERS: LA FEMME FLEUR.



Top: Guests Teuila, Tane and Boh. Right: Anika and her mum Bernadette.



Suspicious m

LISA MARIE

FROM HER

*Losing her girls
has the star
all shook up*

As the only child of one of history's most beloved icons, she should be enjoying a life of enormous privilege, unprecedented luxury and endless happiness. But Lisa Marie Presley, daughter of rock 'n' roll legend Elvis, has been plagued by divorce, heartbreak and poverty.

In the latest dramatic chapter in the life of a woman who had the world at her feet, Lisa Marie's eight-year-old twin daughters Harper and Finley have been taken away from her, and are being cared for by her mum Priscilla.

Priscilla, who's caring for Finley and Harper "until all this is sorted out", is spotted with her granddaughters in Beverly Hills.

inds TORN KIDS



Above: Michael and Lisa Marie in New York in 2013. Right: Photographed with her little princesses the same year.



In court documents made public last week, Lisa Marie claims she found inappropriate photos and videos of children on a computer owned by the girls' father, her ex-husband Michael Lockwood. The guitarist, who she split from in June 2016 after 10 years of marriage, is yet to be charged with anything and his lawyer has denied the allegations.

"I was shocked and horrified and sick to my stomach," Lisa Marie writes in the papers, describing the moment she allegedly discovered her fourth husband had kept "disturbing" material.

Initially, it was claimed the girls had been taken into protective custody, but last week Priscilla posted on social media that she was their temporary guardian. "Let me put this to rest ... The girls have not been in foster care and never will be," she wrote on Facebook. "The girls have been with me and will be until all this is sorted out."

Lisa Marie smiled as she

left court last week after a judge denied Michael's request for \$40,000 a month in spousal support. The singer/actress, 49, is reportedly facing financial calamity, with insiders claiming that, after a recent stint in rehab for unspecified issues, she had to move in with her daughter, 27-year-old *Mad Max: Fury Road* actress Riley Keough, to make ends meet.

Cash crisis

While the recently released court papers show Lisa Marie gets a \$140,000 monthly inheritance and is paid \$6000 per month through her father's estate, she claims she owes millions in taxes and bills – and she accuses Michael of having splurged more than \$1.8 million on her credit card without her knowledge. It's yet another claim the 55-year-old musician denies.

Lisa Marie also insists her home in the UK is not worth the amount of debt she owes on it, forcing her to live rent-free

with Riley, her daughter from her first marriage to singer/songwriter Danny Keough.

Her largest expense is two full-time nannies for her twins. Still, Michael says Lisa Marie has more money than she's letting on – he claims he's the one struggling financially as a result of putting his career on hold to support hers. Lisa Marie "has great difficulty being honest and she rarely, if ever, accepts personal responsibility for her wrongdoing", Michael says.

It's difficult to imagine how his ex-wife – who became the sole executor of Elvis' financial legacy at 25 – could be almost

penniless. Although her music has achieved only mediocre success, she has access to one of the most lucrative estates in Hollywood. In 2004, she pocketed \$140 million for selling 85% of the rights to her father's name and music – the remaining 15% is held in a trust.

But this is not the first time Lisa Marie has checked into the "Heartbreak Hotel". The heiress was devastated when her dad died when she was nine, and as our breakout, below, shows, her love life has been a disaster.

Let's hope she gets her girls back soon, then finds someone who'll love her tender! **WD**

LISA'S TRAIL OF HEARTACHE



DANNY KEOUGH

Lisa Marie married musician Danny in October 1988 and the couple had two children – Riley and Ben, now 24. Although they divorced in May 1994, they remain close friends. Danny was best man at her fourth wedding.



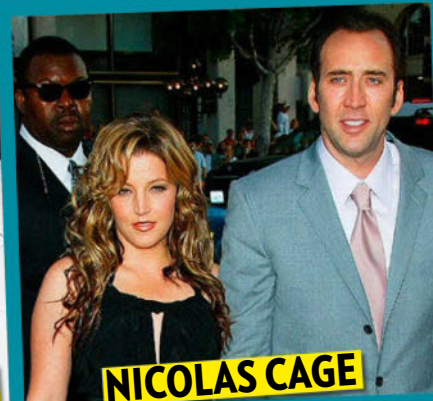
MICHAEL JACKSON

The ink was barely dry on Lisa Marie's divorce papers before she headed down the aisle with her second husband Michael just 10 days later in May 1994. Celebrity watchers rejoiced at the union between the King of Pop and the daughter of The King, but the pair couldn't go the distance. They split in January 1996.



JOHN OSZAJKA

Rocker John asked Priscilla's permission before he got down on bended knee to propose to Lisa Marie in 2000. However, she broke off the engagement in 2001 – reportedly after meeting Nicolas Cage at a party.



NICOLAS CAGE

Their divorce settlement famously lasted longer than their marriage. Nicolas and Lisa Marie wed in a beach ceremony in Hawaii in August 2002, but 108 days later, he filed for divorce. She later said she never should have married the actor, explaining, "When it was good, it was unbelievably good, but when it was bad, it was just a f***ing bloody nightmare for everybody."

YOU OUGHT TO KNOW!

Star stories of the week



Captioning her shot "Today's blessing brought to you by Adidas", Madonna shared this pic of Stella and Esther.



Mercy and David with their sweet new sisters.



ADOPTION CRISIS

MADONNA BREAKS THE RULES!

When Madonna adopted twins Esther and Stella from Malawi, a condition was that she had to have a counsellor and cultural advisor on hand to help the young African girls adjust to their new life in New York.

The Queen of Pop and her new four-year-old daughters spend an hour a day with the aide, who has advised the 58-year-old star not to dress the girls alike, not to spoil them with expensive clothing or toys and to protect their privacy by not posting pictures on social media ... but Madge isn't listening!

Last week, the "Papa

Don't Preach" singer shared several snaps of the twins wearing identical designer duds, as well as a video of them singing "Twinkle, Twinkle, Little Star".

"Madonna just nods her head and ignores everything the counsellor says," tells an insider. "She treats her girls like little dolls, dressing them up and parading them around for photos. She insists they love it."

Meanwhile, the girls' father Adam Mwale claims he didn't know Madonna was adopting the girls permanently, saying he thought she was simply going to foster them and give them a good education before returning them home to Malawi. **WD**

IT'S A FIRM N BEA & EUGENIE SNUBBED



Sorry, princesses ... Her Majesty rules!

It appears Princesses Beatrice and Eugenie have lost their battle to remain part of the royal family's inner circle once and for all.

Despite lobbying from their parents, Prince Andrew and the Duchess of York, both girls were snubbed when the Queen, who is trying to reduce her workload, reshuffled her charity patronages by reallocating them to senior members of the Windsor clan.

While Beatrice, 28, and Eugenie, 26, already officially support several charities, it's



Wills, Harry and Kate have been given duties ahead of their less-than-impressed cousins.

believed they're both smarting after being overlooked in favour of Princes William and Harry, and the Duchess of Cambridge.

However, Eugenie refuses to be ignored. Soon after the reshuffle announcement, she revealed she'll be hosting her own art auction to benefit disadvantaged children. **WD**

Daddy cool! RONNIE'S ROCKABYE TWINS

He might be knocking 70, but Ronnie Wood is a hands-on baby daddy!

The Rolling Stones guitarist and his third wife, Sally Humphries, 39, kissed as they strolled through Barcelona with their nine-month-old twins Gracie Jane and Alice Rose.

The loved-up duo have the full support of Ronnie's ex Jo Wood, 61, who says divorcing him after 31 years of marriage was the best thing that ever happened to her. "I'm closer to my kids and I'm a better person," she says, adding that she adores the twins and wishes Ronnie had met "lovely" Sally sooner. **WD**



EX-WIFE
JO

O!
E



FEARS FOR SPEARS OOPS, SHE'S CRACKING AGAIN

When Britney Spears walked the red carpet for a Grammys party recently, cruel critics claimed the 35-year-old pop princess looked more like she was 55 – and now friends fear the “Toxic” singer is headed for another breakdown.

Those in the star's inner circle say her shock appearance is the result of her demanding Las Vegas residency and pressure to record a new album, which she's struggling to balance with taking care of her sons Sean,

11, and Jayden, 10, as well as her new romance with model Sam Ashgari, 22. “She’s on the verge of being overwhelmed,” an insider tells. “She needs to slow down. She’s driving herself too hard.” **WD**



Will the model dump Vito now he's been seen cosy up to Dasha (right)?

**DANGEROUS
LIAISON**

ZIP IT, VITO! HEIDI'S LOVE RAT

Her cheating toy boy breaks her heart

They'd been talking about tying the knot soon, but Heidi Klum's romance with Vito Schnabel has now hit the rocks after reports he cheated on the supermodel with the wife of a Russian oligarch.

Just a year after the art curator, 30, was caught out with *Fifty Shades* star Dakota Johnson, love-rat Vito was seen on a touchy-feely dinner date with 50-year-old Roman Abramovich's wife Dasha Zhukova, 35, at the French ski resort of St Moritz. Meanwhile, Heidi, 43, was filming *Germany's Next Top Model* in Los Angeles.

“Vito has carried a torch for Dasha for years and they've always seemed a little too cosy,” tells an insider. “But Dasha's married to one of the world's most ruthless businessmen, so this could end badly. As for Heidi, surely she won't be so forgiving this time.” **WD**



Shady hook-up! It's been only a year since Vito was busted with Dakota.

TEXT: MEGAN MCCHESENEY, SEBASTIAN VAN DER ZWAN. PICTURES: BACKGRID, GETTY IMAGES, REX FEATURES, SPLASH.

Nicole's gift to Faith

IT'S TIME TO MEET YOUR OTHER MUM

The Aussie actress wants to be completely open with her youngest

She's previously admitted to being "intensely emotional" about parenting her children – and those feelings hit an all-time high recently when Nicole Kidman introduced her youngest daughter Faith to the woman who carried her.

After months of careful deliberation, Nicole, 49, decided it was time the six-year-old, who was born via a surrogate, had a touching meeting with "her other mother" at Nicole and husband Keith Urban's home in Nashville, where the little girl feels most safe.

"It was incredibly emotional," a source close to the actress reveals, speaking exclusively to *Woman's Day*. "Nicole and her surrogate had difficulty holding back tears. Faith wasn't fazed by it at all, but she did ask lots of questions afterwards."

SHOCK CONFESSION



Nicole sent shockwaves around Hollywood when she revealed she was once secretly engaged to rocker Lenny Kravitz. The unlikely pair had enjoyed a whirlwind romance in 2004, shortly after her divorce from Tom Cruise, but earlier this month, when speaking of her *Big Little Lies* co-star Zoë Kravitz, the actress

confessed, "I knew Zoë because I was engaged to her father. It's all in the family. I love Lenny. He's a great guy." Lenny, 52, reportedly wrote a song named "Lady" about Nicole, who has previously said of their failed relationship, "It just wasn't right. I wasn't ready. We weren't ready."

It's thought the meeting came about after Nicole engaged in months of soul-searching while she filmed the award-winning drama *Lion*, in which she plays the adoptive mother of a young boy looking to discover where he came from.

Taking it slowly

"Nicole and Keith have never shied away from telling Faith she was carried by a surrogate, but because she is still very young, the subject has rarely come up," reports our source. "Now Faith is growing up, she's getting more and more curious about the world, so they thought it'd be a good idea to gently introduce her to the woman who carried her before she got much older."

"It would have been impossible for them to hide the surrogacy from Faith anyway, given that it's all out there on the internet."

Nicole's surrogate lives close to the family's house in

Nashville, and she and Nicole have stayed in touch since Faith was born, bumping into one another from time to time.

While Nicole carried Faith's sister Sunday eight years ago, she and Whangarei-born crooner Keith, 49, later turned to a surrogate to add to their family due to their heartbreaking struggles with fertility.

It's thought the woman wasn't prepared to carry another baby after Faith – she also has children of her own – but she has always been keen to be part of their lives and watch their girl grow.

Keith was in complete support of the meeting, but he was busy in the studio when Nicole invited Faith's surrogate over for an hour. The mystery woman – who Faith now



Family fun in the sun: Nicole, Keith and their girls on Sydney's Balmoral Beach in December.

fondly calls "Aunty Sheila" – even gifted the little girl a teddy bear. Going forward, Nicole's making plans to invite the surrogate over for lunch with her, Keith and their girls every now and then.

"Her own children aren't too

NUZZLING NICOLE

It's one thing for happily married couples to be joined at the hip, but Nicole and Keith can't keep their foreheads off each other when it comes to the red carpet!



2007



2009



2013



TEXT: ERIN HOLOHAN, PICTURES: ALAMY, GETTY IMAGES, INSTAR, MEDIA MODE, REX FEATURES

ith ET MY!

different in age from Faith and Sunday," our source reveals, "so it should make for a very relaxed gathering."

One thing Nicole's mindful of is going too fast, we're told. "Nicole and the woman are just trying to take things one step at a time. They both lead their own lives, so I don't think they're about to become best friends, but they are forever tied together by Faith."

While Auntie Sheila has made it clear she's not in a position to be a surrogate again, Nicole hasn't given up hope of having another child. Her character in *Lion* has encouraged her to reflect on how important motherhood is and she has confessed she would love to fall pregnant one last time.

"I still have the faintest hope that something may happen to me this year," she said in January. "Keith and I would love to have more babies. My grandmother gave birth to my mother at 49. I would be beyond happy and just welcome it with open arms."

WD

Celebrity news

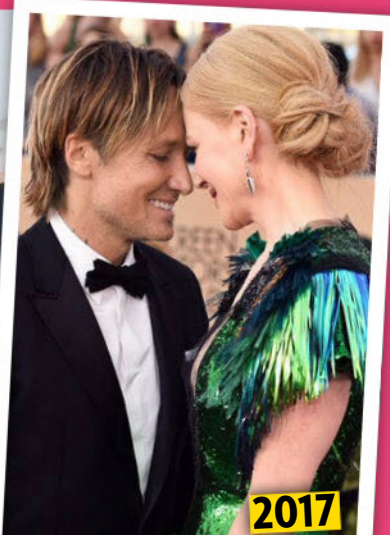
"We needed lots of Faith, literally," Nicole said after her daughter was born in 2010. Below: The star with Faith in March last year.



2014



2016



2017



The Bachelor



Line up, ladies!

THE BACHELOR W

A SOULM

A-list insider and series host Dominic Bowden grills the lucky man!

Finally, *The Bachelor New Zealand* is back! I'm a massive fan of the series and I'm incredibly excited to be going on this journey with Aotearoa's hottest new TV hunk as the Three show's host – but we aren't here to talk about me.

The handsome, hilarious and down-to-earth Kiwi bloke you're all dying to meet is (drum roll, please) Zac Franich! The muscle-bound 28-year-old hails from Auckland's Hibiscus Coast, works as a surf-lifesaving coach and has represented

his country in sprint kayaking. Plus, he's a bloody decent guy with a heart of gold. Still not convinced? Read my exclusive chat, where the Bachelor dishes all in his first-ever interview.

*Does it feel strange to be called **The Bachelor**?*

Man, it's so weird. Never in my wildest dreams did I think I'd be on TV, let alone looking for love in front of hundreds of New Zealanders. I'm not sure I'll ever become fully comfortable with the title. This showbiz world is all very new to me – this is your

domain, Dom! I'm stoked you are here with me, walking me down the aisle, so to speak.

Woah! I don't know about walking you down the aisle. I'd like to think I'm in the mix for the wedding party, but let's not get ahead of ourselves here! Is that what you are looking for – a wife?

Let's just say that I'm really hopeful I can find the perfect someone to connect with, fall in love with and be my better half. This show is a once-in-a-lifetime opportunity and I really feel like it's a chance for me to grow as a person too – I'm looking forward to

meeting the person I am on the other side.

Did someone put you up to applying?

Not exactly. A friend told me to throw my hat into the ring and I thought, "Why not?" When I got a reply, I remember thinking, "Oh, crap, what have I done?" It got very real very quickly. I'm more relaxed about it now. I'm confident in who I am as a person, so I'm going into the process being true to myself, genuine and honest, and trusting myself to make good decisions.

Do you believe in true love?
I believe in serendipity and

"I believe in fate," says new *Bachelor* hunk Zac, who can't wait to meet his perfect match.



ANTS ATE

fate, and that you meet people for a reason. I've always believed that you meet your soulmate when you're ready and open to doing that – and I feel I am at that time in my life now.

You're the lucky bugger who gets to date 21 women!

It's going to be really hard and I don't mean that sarcastically. I'm conscious that all the girls are putting themselves out there and have given up a lot to be on the show, like their jobs and leaving behind their family. I'm going to try to spend as much time with each of the girls as I can





to really get to know them.
Speaking of girls, what feature do you notice first?
 I'm an eyes guy. Some girls have the ability to really look into you – I find that attractive.
Your smoothest moment with a woman?

Once I flew home a week early from work to surprise my partner at the time. She was so happy. It was awesome.

How about your worst date ever?

The one where I got stood up.
The Bachelor gets stood up?
 Yup, it happens to all of us. I'm just a normal guy.

If she could see you now ...

No hard feelings. I'm sure she had her reasons.

Do you remember having the birds-and-bees chat?

Oh, God, it was the most awkward, longest, quietest conversation in the car with my father ever. It was on the way back from one of those school sex-ed talks and Dad tried to elaborate. Thankfully, you only have to have that conversation once.

How do you mentally prepare to be the Bachelor?

Jeepers, I'm not sure you can – I'm just going to be me and enjoy myself.

How about them guns? Don't tell me you haven't done any physical prep.

Look, I'm not going to lie. I did have to watch what I ate for a while, and I lost a bit of weight and gained a bit of muscle. The only thing that stood in the way of that was chocolate. To be honest, sugar and anything sweet are my biggest weaknesses. What they say is true – the way to this man's heart is through his stomach.

On a scale of one to 10, how would you rate yourself as a boyfriend?

Man, I don't know. A solid score – maybe a seven?

A seven? That's not a great score.

OK, um, an 11 then!

Better! You say your dad is your greatest role model?

Your parents are your first role models and the people

you are forever trying to impress. My old man is the person who I look to for advice and seek praise from.

Are you nervous about the prospect of one day introducing your father to your chosen ladies?

Man, absolutely, but it's nervous excitement. Dad is really fair and impartial, and he'll always give someone the benefit of the doubt.

Which celebrities would you swipe right for?

Easy! Jennifer Lawrence and Emily Blunt.

How about closer to home?

Samantha Hayes – she's a babe. In fact, I'd swipe right for anyone who loves a good adventure.

What about a woman turns you on?

Confidence and great chat.

And what turns you off?

People who are closed-minded and rude to waiters.

What kind of work would you do for free?

Coaching. I love my job, I love kids and I never dread getting up and going to work.

What's your greatest fear heading into this journey?

Coming across as someone I'm not. If I'm going to try to find that person, I've got to be really open and I won't shy away from that. I'm not afraid to talk about things like feelings, love and even some darker demons that I've had to face. It's a bit scary, but it's part of how you grow as a person and I am ready to embrace that. **WD**

MARRIED AT FIRST SIGHT

EX, L



PICTURES: ROB TRATHEN; STYLING: LULU WILCOX; HAIR & MAKE-UP: KATE SMITH; ZAC WEARS BEN SHERMAN, BRONZE SNAKE, HALLENSTEINS, WORKING STYLE.

... and now.

Cheryl then ...

CHERYL'S PLASTIC SURGERY NIGHTMARE!

Old pics of Cheryl have surfaced – and the Gold Coast babe is almost unrecognisable! “I’ve obviously had my breasts done,” she says, but remaining tight-lipped on her other procedures. “I can’t tell you all my secrets!”

Married at first sight! LIES & VIDEOTAPE

Exposed! The secret scandal behind Lauren and Andrew's short-lived union

She ditched her groom in one of the most explosive episodes of *Married at First Sight Australia*, but Lauren Bran's dramatic decision to walk out on her new husband was more than just a classic case of cold feet.

According to an on-set insider, the Sydney car saleswoman was horrified when her new hubby, Perth fireman Andrew Jones, got into

a heated brawl on their wedding night.

"From the get-go, the wedding day was a massive failure," reveals our insider. "Everyone had drunk a lot of booze, emotions were running high and the families were already starting to bicker about whether it would be Lauren or Andrew who had to move interstate."

With doubts already weighing heavily on Lauren's mind, things went from bad to worse when the newlyweds hit the town after the Sydney

reception. Andrew, 38, got into a war of words with security at a Bondi hotel, where the pair had planned to enjoy a romantic nightcap. "He'd clearly had too much to drink," the security guard tells us. "When I refused him entry, he got agitated."

It was the final straw for Lauren, who fled in a taxi, but the solo mum to 11-year-old Dylan didn't stay single for long. Romantic snaps from the 33-year-old's Instagram show Laura enjoying holidays abroad, couch cuddles and family dinners with a new man, Jake Barnett, who we hear is an old flame she met two weeks prior to filming.

"Lauren thought she'd see how the matchmaking process worked before throwing it all away for a guy she hadn't known that long, but when

things didn't work out, she gave Jake a call," reports a friend. "She is blissfully happy with him – he is a lovely guy, very settled and really looks after her."



Lauren and Andrew's big day was a total mess.



Runaway bride! The single mum legged it on their wedding night!



Insti attraction: Lauren with her new boyfriend Jake at the Great Barrier Reef.



They shore look cosy! All smiles at Sydney's Cronulla Beach.

Andrew's shock hook-up

If the fireman was burned by his short-lived marriage, he sure didn't show it.

Ladies' man Andrew barely had time to get over being dumped by Lauren before he was back in the dating game. And he didn't need to look far for a new woman!

Fellow *Married at First Sight* star Cheryl Maitland, 25, a hair-salon manager who abandoned her marriage with Jonathan Troughton amid a texting scandal, was flirting up a storm

with Andrew on the show's drama-packed dinner party.

Now, in another bizarre twist, we hear Andrew has swiftly dumped Cheryl and is spending time with Michelle Marsh, 31, one of the blonde twins from Perth, who has already declared she loves him and will fight to protect him from other brides.

Ironically, Michelle – who is still married to Jesse Konstantinoff on the show – and Andrew know each other from playing netball in the same team in Perth, and

had a deep connection before either one of them applied to find their soulmate on the *Three* series.

"That's the crazy thing about this show," says our on-set insider. "He married one girl and hooked up with another one, yet the whole time his perfect match was right there in front of him."

"Everyone was talking about how comfortable they were on the show, but they played it down. I wouldn't be surprised if this time it was the real deal."





"You never put me first!" Jen is now seeking sole custody of the kids.



Nasty rows have torn the couple apart, despite attempts to save their marriage for their children (from left) Seraphina, Violet and Sam.

It looked like Ben Affleck and Jennifer Garner had finally managed to get their 11-year marriage back on track after their shocking 2015 split, amid rumours of an affair with their children's nanny, and reports of gambling and alcohol abuse.

Just last month, the *Gone Girl* star moved out of a guest house and back into the family home in Los Angeles, and his collection of classic cars came out of storage to be shifted back into the garage. Insiders even talked about Ben and Jennifer, both 44, renewing their vows, with stories that their love life was better than ever.

But now it seems their relationship rollercoaster has finally derailed after a massive fight, with the *Valentine's Day* actress vowing to move ahead with the divorce.

"They've had their ups and downs, and have given it their best shot," one family insider reports. "But there's no light at the end of this tunnel. Ultimately, there are character flaws and differences between them that simply can't be reconciled, no matter how hard they try. Jen, in particular, has come to realise that the

marriage is not meant to be."

When Ben was spotted hanging out with "sober-living coach" Elizabeth Weaver, it was thought the actor was finally taking his problems with alcohol seriously. But the insider suggests that it was rather a sign he had "fallen off the wagon again, even if he was taking steps to ensure that he didn't completely go off the rails".

The source adds, "Jen might have felt devastated that Ben just couldn't seem to keep his demons in check."

Adding insult to injury, rumours that Ben was having an affair with sexy blonde detox specialist Elizabeth, 34, brought back bad memories of his supposed fling with 29-year-old nanny Christine Ouzounian. "It was humiliating for Jen and just added fuel to the fire," tells the source. "Things were just waiting to explode."

It was two weeks after Ben was photographed with Elizabeth that he and Jennifer got into a massive row at a friend's house. "It was like they were both ready to unload all of their frustration and anger that had been building up over the past couple of weeks," the insider claims.

Bitter tears flow as she delivers the final blow

Jen & Ben POINT O

"Ben told his wife, 'I'm trying hard to get my life back on track. Why can't you be happy with that?'" says the source. "He said he was sick of jumping through hoops and being held under a microscope by movie bosses, and he didn't need that at home too."

It's over!

"Ben loves Jen, but he feels that while he's doing everything possible for his family and his children, it's never enough for her," tells our source.

But Jennifer insisted, "You never put me first." While she acknowledges that Ben loves her, he loves himself more, says the insider.

"She's gotten to the point

where she knows that if she accepts that, she'll be miserable for the rest of her life. She's been embarrassed personally and publicly by him time and again. In her mind, she feels she simply can't take it any more."

In an eyebrow-raising speech at the 2013 Oscars, where producer/director Ben won Best Picture for his film *Argo*, the star thanked his wife "for working on our marriage for 10 Christmases". Indeed, it's been a long, hard road of ups and downs for the couple.

After their separation, the relationship seemed to warm up again last May, when Jennifer and their children, Violet, 11, Seraphina, eight,

Facing the finale: After giving Ben plenty of second chances, Jen calls enough.



's \$280m divorce F NO RETURN!

and Samuel, five, stayed with Ben while he was filming in London. Soon afterwards, the couple were spotted kissing in a hotel courtyard during a trip to Paris.

Then things quickly took a detour in June after a red-faced, seemingly tipsy Ben slurred through a bizarre rant on a TV sports show – but Jennifer seemed ready to forgive him, with the pair spotted on a flirty dinner date soon afterwards.

Last November, there were even stories that Ben surprised Jennifer with a \$3.2 million ring to celebrate the rekindling of their relationship. However, now it seems that long-patient Jennifer has reached the end

of her rope with Ben and she's going to play hardball when it comes to divvying up their sizeable assets.

The actress allegedly wants half of her husband's \$280 million fortune, full ownership of their \$60 million Pacific Palisades mansion and sole custody of the children. "But she will let Ben visit the kids whenever he wants and join them on family vacations with her parents," the insider says.

"As far as divorces go, this is going to be amicable and nothing like Brad Pitt and Angelina Jolie's nasty split. But it's truly sad just the same. After all Jen and Ben have been through, this is heartbreaking for everyone."

WD

BENNIFER'S BUMPY RIDE



MAY 2015



NOVEMBER 2016



JANUARY 2017

From left: The couple announce their divorce plans in June 2015, a mid rumours of an affair with nanny Christine; Ben tries to clean himself up with regular family church visits; getting snapped with Elizabeth in LA was the last straw.

THE LOWDOWN

Stars who caught our eye



BJÖRK'S SWAN SONG

2001

Gone cuckoo? The Icelandic singer, 51, swanned about in a Marjan Pejoski creation that was memorable for all the wrong reasons.



ELLEN'S GROUP SELFIE

2014

Ellen DeGeneres, 59, made selfie history with (from left) Jennifer Lawrence, Channing Tatum, Meryl Streep, Julia Roberts, Kevin Spacey, Bradley Cooper, Brad Pitt, Lupita Nyong'o, her brother Peter and Angelina Jolie.



ANGELINA'S SIBLING SMOOCH

2000

No-one was more proud of Angelina Jolie, 41, winning Best Supporting Actress for *Girl, Interrupted* than her brother James Haven, 43, who shared an uncomfortably passionate kiss with his little sister.

The spectacles we'll never forget!

All-time OSCARS M



J.LAW STEPS UP

2013

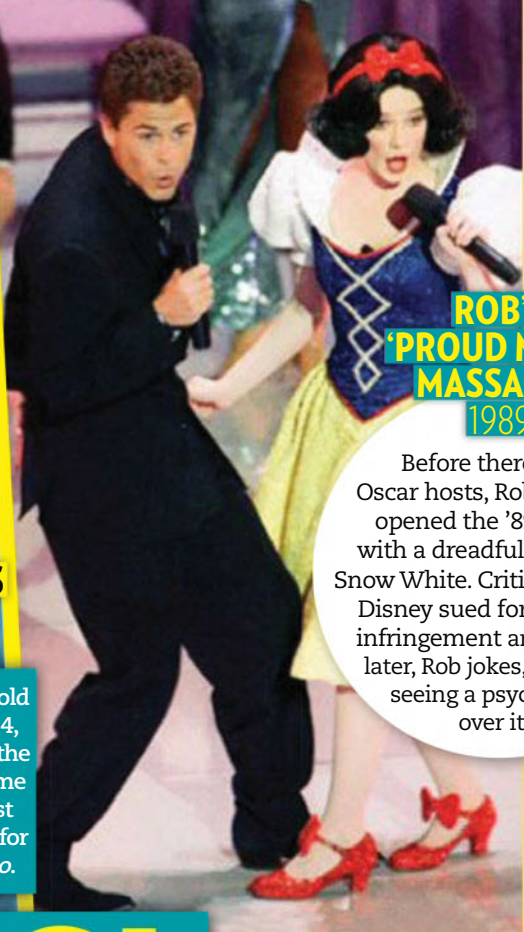
When *Silver Linings Playbook* winner Jennifer Lawrence, 26, tripped on her Dior gown, she turned the calamity into a self-effacing moment, telling the crowd, "You guys are just standing up because you feel bad that I fell."



ANNA GRABS A GONG!

1994

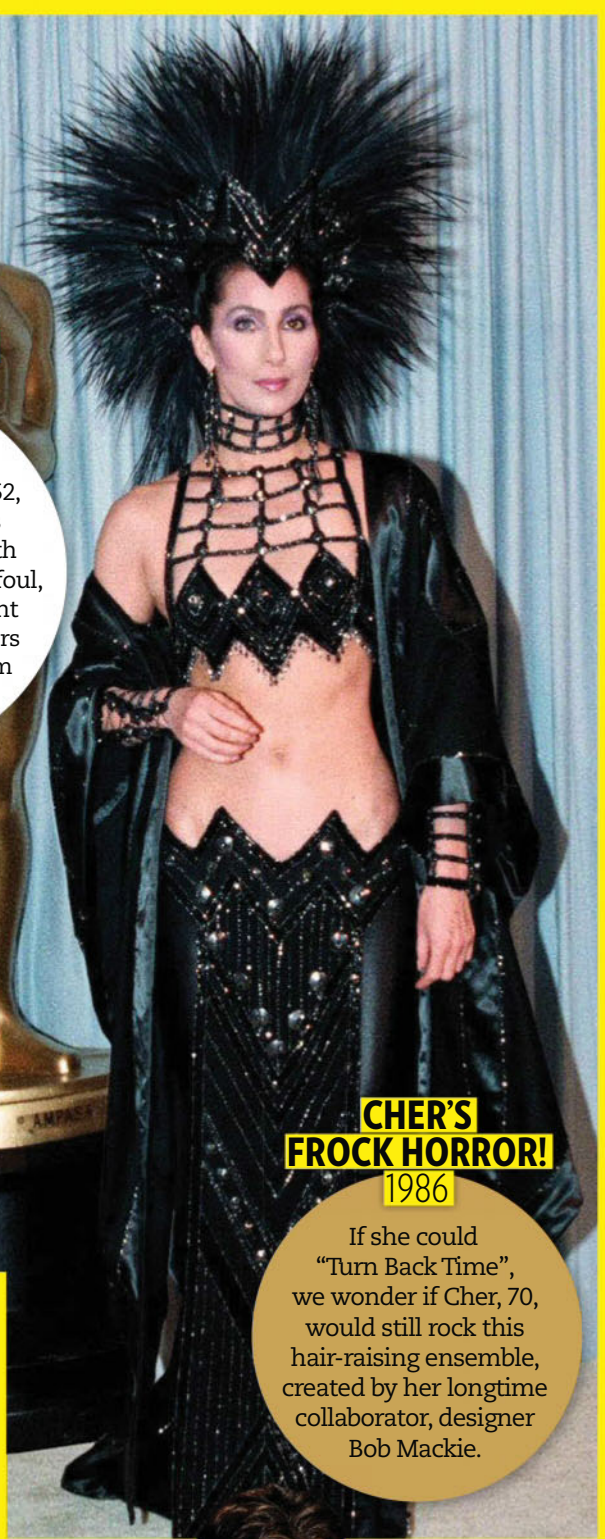
A pint-sized 11-year-old Anna Paquin, now 34, put New Zealand on the map when she became the second-youngest star to win an Oscar, for her role in *The Piano*.



ROB'S 'PROUD MARY' MASSACRE

1989

Before there were Oscar hosts, Rob Lowe, 52, opened the '89 awards with a dreadful duet with Snow White. Critics cried foul, Disney sued for copyright infringement and 20 years later, Rob jokes, "I still am seeing a psychiatrist over it."



CHER'S FROCK HORROR!

1986

If she could "Turn Back Time", we wonder if Cher, 70, would still rock this hair-raising ensemble, created by her longtime collaborator, designer Bob Mackie.

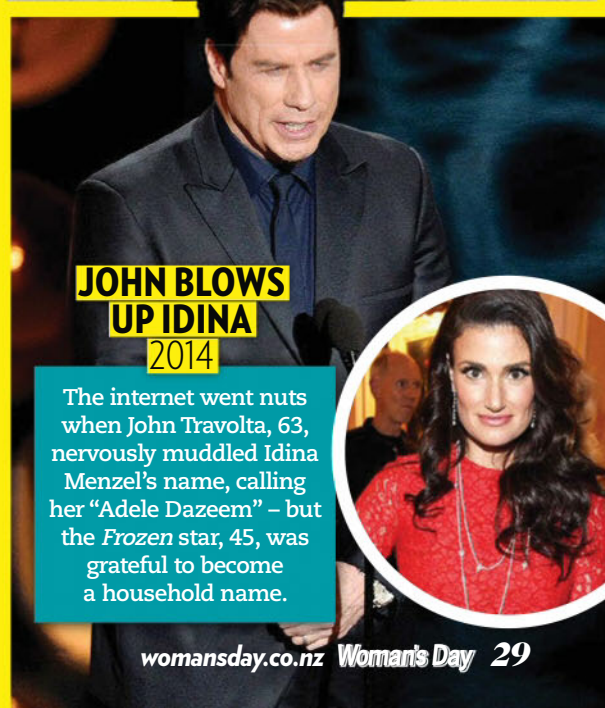
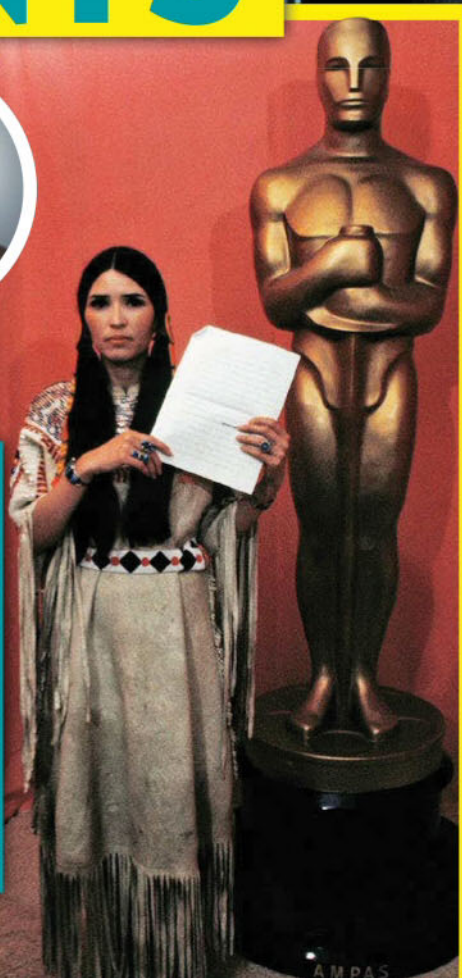
OMG! MOMENTS



MARLON'S POWERFUL PROTEST

1973

The late Marlon Brando refused to attend the Oscars to accept his award for *The Godfather*, instead sending Native American activist Sacheen Littlefeather, now 70, who spoke about the poor treatment of her people in the film industry.



JOHN BLOWS UP IDINA

2014

The internet went nuts when John Travolta, 63, nervously muddled Idina Menzel's name, calling her "Adele Dazeem" – but the *Frozen* star, 45, was grateful to become a household name.

PICTURES: GETTY IMAGES.



CATHERINE WALKER
DI'S 'ELVIS
DRESS'
1989



Timeles

DIANA'S DAZZLING

The princess is lovingly remembered in a showcase starring her iconic outfits

As a shy 19-year-old, peeking out at the world from beneath her long fringe, few could have predicted how quickly Lady Diana Spencer would begin to dazzle the world with her daring fashion choices.

The young kindergarten teacher, who married Prince Charles in 1981, was all puffy sleeves, frills and ruffles

when she was catapulted from obscurity to the most photographed woman in the world.

As she evolved from fairytale bride to busy mum and tireless charity ambassador, then scorned woman, and, finally, confident divorcée, the clothes she wore told her story better than words ever could.

Fittingly, to mark the

20th anniversary of Princess Diana's death, an exhibition has opened at her former home of Kensington Palace, showcasing some of the outfits that made her the undisputed style-setter of her generation.

Called *Diana: Her Fashion Story*, the exhibition includes the tweed suit she famously wore on her honeymoon and one of her biggest fashion



**BILL PASHLEY
HONEYMOON
DAY-SUIT
1981**



**CATHERINE
WALKER
CHRISTIE'S
GALA,
NEW YORK
1997**



Designer Catherine was inspired by Grace Kelly's gown in the 1955 Hitchcock film *To Catch a Thief*.

**CATHERINE WALKER
CANNES FILM
FESTIVAL
1987**



s treasures DRESSES

failures, a green tartan coat she donned on an official visit to Venice in 1985. The press instantly dubbed it "the horse blanket".

It also contains some of her greatest successes, including the silk crepe sheath with matching high-collared jacket embroidered with thousands of sequins and pearls, which she called "my Elvis dress", and a figure-hugging silk shift

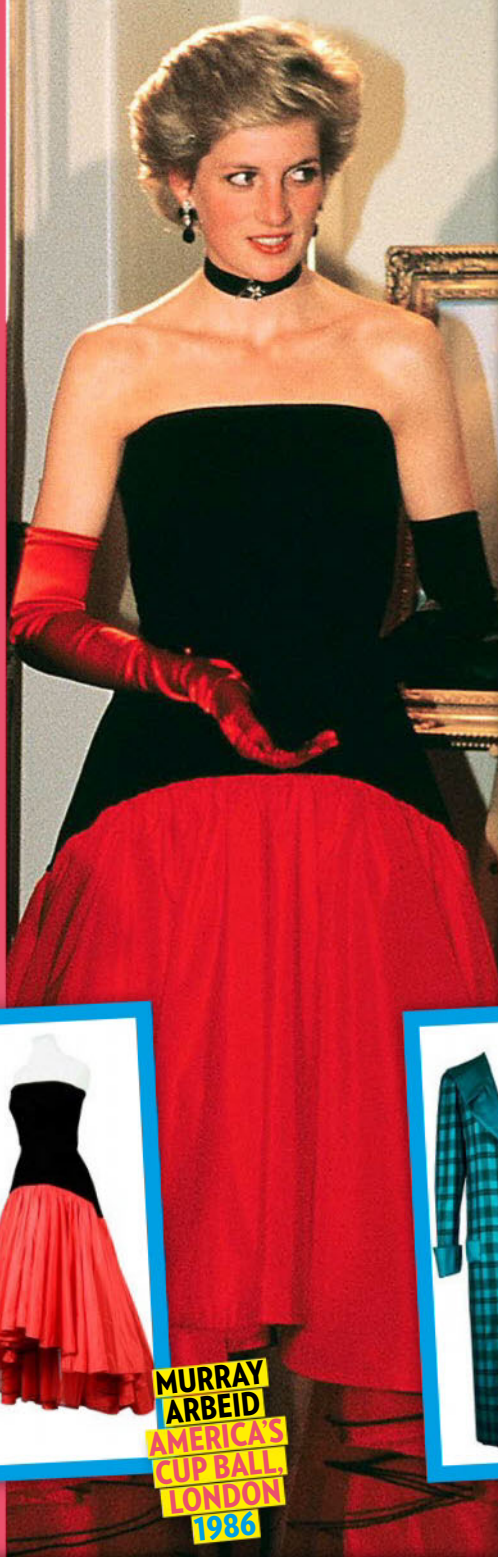
embroidered with glass beads worn to a New York gala, in which she wowed the world just months before her tragic death in a Paris road tunnel in 1997.

Curator Eleri Lynn, who masterminded the exhibition, says, "She knew what she liked and she had a great eye. She learned very quickly, did it very well and became Diana, fashion icon." **WD** ►

Right: After her separation from Charles, Diana shone in this beaded silk halter-neck gown in 1994.

Designer Catherine Walker recalled that this was the first "sexy" dress she created for the princess.





**MURRAY
ARBEID**
**AMERICA'S
CUP BALL,
LONDON
1986**



**EMANUEL
WALKABOUT
IN ITALY
1985**



**BELVILLE
SASSOON**
**CONCERT IN
LONDON
1989**

STILL IN VOGUE

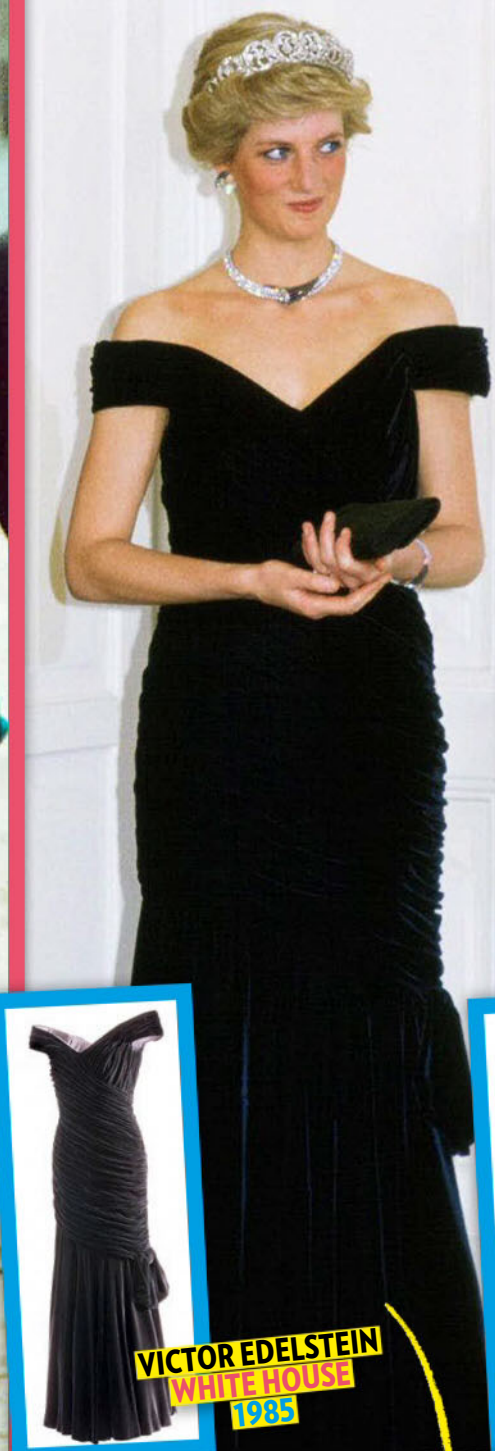
Diana wore this Emanuel pink chiffon blouse with neck ribbon for her first official portrait in 1981, which coincided with the announcement of her engagement to Charles. She loved it so much, she asked David and Elizabeth Emanuel to design her wedding dress.



**DANCING
QUEEN**

TEXT: MEGAN MCCOESNEY, PICTURES: AUSTRALSCOPE, GETTY IMAGES, HISTORIC ROYAL PALACES, REX FEATURES, SOLO SYNDICATION

Above: This silk and satin cocktail dress was inspired by a man's tuxedo – a bold choice for a princess.



VICTOR EDELSTEIN
WHITE HOUSE
1985



CATHERINE WALKER
STEEL MAGNOLIAS
LONDON PREMIERE
1990



CATHERINE WALKER
BRAZIL STATE DINNER
1991



This stunning gown is one of the most recognisable of Diana's collection and one of her favourites, perhaps because she tripped the light fantastic in it with John Travolta.

PRINCES' PRINTS!

Diana loved her sons more than her collection of glorious gowns. Historians believe the marks on this 1985 bottle-green silk velvet number are tiny handprints made by Princes William and Harry when they were toddlers. Commissioned by the princess to wear at private palace events, the dress was never seen in public until it was auctioned off to a private bidder in 1997.





Here's Jonny – and he's off to a flying start. C'mon, Michelle ... duck!



Bowled over

MICHELLE

KNOCKED FOR SIX!



The 800 Words star finds her pitch-perfect match

Kiwi actor Jonny Brugh has played cricket in the backyard, at school and at club level for more than three decades, but when he met his *800 Words* co-star Michelle Langstone, he was totally bowled over by her love of the sport.

"We shot the first series of the show when the World Cup was on back in 2015," recalls Jonny, who plays solo dad

Monty on the TVNZ 1 drama. "Michelle was listening to one of the games, so I went up to her and it was just yabber, yabber, yabber. Her knowledge of the game was insane."

Despite being completely inept on the pitch, Michelle, 38, is a self-confessed "cricket geek" – and she and Jonny formed an instant friendship.

"You definitely wouldn't want me on your team and if I was, you'd shove me way in

the outfield," laughs Michelle, who confesses to crippling anxiety when under pressure to perform.

"As a kid, my dad enrolled me in a running club, yet as soon as the starter gun would go, it was like I'd forget how to move my legs. But cricket is the one sport where my level of ability doesn't affect my enjoyment."

The *McLeod's Daughters* star's lack of talent at the game made it rather tricky filming the nail-biting match against neighbouring town Stafford – an annual event in the fictional town of Weld – which airs this week on *800 Words*.

Words & action

While Jonny – who claims to be the "slowest" member of his social team – spent the four-day shoot nagging the show's director about authenticity, Michelle battled with a heavy bat and butter fingers.

"Even I felt nervous for her," tells Jonny. "But if there's one

thing that can calm her nerves, it's when the director calls action. She gets completely in the zone. It's incredible."

Michelle, who plays tough girl Fiona, owner of the Weld Boat Club, on the series, adds, "I actually bawled my eyes out when I read the script – not because I was scared stiff, but because even though I can't catch or bowl, for once my character and I get to be the cool guys in this episode."

While she's remaining tight-lipped on which side wins the hotly contested game, Michelle – who splits her time between Auckland and Sydney – is vocal about the country she supports.

"That's never up for debate," she grins. "It's the Blackcaps all the way! I love Australia. The people, the spirit, the opportunities and my friends ... I feel very free there. But it's good to come back to New Zealand because it's my heart home."

WD



They're all keepers! The Weld residents are always up to fun and games, but it's cricket honours the locals are after when they take on a rival town.

75% *less*
*saturated fat**

* Compared to
potato chips cooked in
100% palmolein oil.



New **Eta** Thins



Cystic sisters

WE COULD EACH OT

They're so close, yet so far apart

Tauranga sisters Nikki Reynolds-Wilson and Kristie Purton have always considered themselves best friends. They live just five minutes apart and speak most days. But sadly, doctors have told them they must never go within four metres of each other if they don't want to endanger their lives.

The close-knit pair both have the life-threatening genetic disorder cystic fibrosis, which causes severe respiratory illness. It's advised that people with the condition don't hang out together as they carry bacteria in their lungs that could be harmful to the other. But with such a sisterly bond, it was a risk Nikki and Kristie were willing to take – until last year.

That's when Nikki, 26, underwent a successful double lung transplant. Now doctors' strict orders are she absolutely must now stay away from Kristie, 33, to avoid her picking up potentially harmful bacteria.

"It has been hard because we're so close, but now we can't even be in the same room together," explains Kristie. "We still see each other, but we have to keep our distance. We never come inside each other's houses. She doesn't want the risk of picking up any bugs that I may have, otherwise it could take over her lungs and have a deteriorating impact. It is really hard, but I'd hate it if anything happened to her."

Born seven years apart, life was often tough for the siblings, who called themselves the "Cystic Sisters". They spent large chunks of their childhood in hospital with the disorder, which affects a number of organs in the body, including the lungs and pancreas, by clogging them with thick, sticky mucus.

"We've been in hospital together when we've both been having treatment," tells Kristie. "We've experienced the same things and we've always supported each other."

Growing up with a condition where people rarely reach adulthood took its mental toll and Kristie says because of her predicted life expectancy, she adopted a carefree attitude as a child. "I grew up thinking I probably wouldn't reach 18, so I lived life to the full," she says. "I made every day count."

Against the odds, Kristie fell unexpectedly pregnant at 18 and in 2002, she gave birth to son Zack, who's now 14. Her

Degrees of separation: For their health's sake, sisters Nikki (below, left) and Kristie are under strict orders to keep their distance.



'double blow

D KILL HER!



Above: Nikki holds her old lungs. Left: Kristie with her children (from left) Haylee, Curtis and Zack, and Nikki with Skyla.



new responsibilities brought about a fresh attitude. "My outlook changed as I realised I had to live for my children and be around for them," explains the keen sportswoman, who has completed two half-Ironman races, comprising a 1.9km swim, 90km bike ride and a 21.1km run. In 2004, she married Craig and the pair went on to have two more children – Curtis, eight, and Haylee, six.

Life-changing op

Kristie's good fortune acted as an inspiration for her sister, who is mum to five-year-old Skyla with husband Brendan. But in recent years, Nikki's condition worsened and with her lung function at 23%, a transplant was her only hope of survival.

Nikki was put on a waiting list, but because of her height – a little under 1.52m – finding a match was difficult due to a shortage of small donors.

However, after 16 frustrating months, her prayers were answered in August last year when she received a call from Auckland Hospital that they'd found a match. "Every day

you're waiting for the phone to ring," tells Nikki, who with Kristie was nominated as a finalist for a "Spirit of Attitude" award at the 2016 Attitude Awards, which honours outstanding achievements of Kiwis living with a disability.

After eight hours of surgery and six weeks of rehabilitation, Nikki returned to her home city with her life transformed.

"I used to wake up every morning and it took me an hour to get out of bed, but now I pretty much jump out of bed and I'm ready to go," says Nikki, whose new lungs are expected to function for about eight years. "I can now run around with Skyla and play in the ocean with her for hours.

"To have new lungs is my second opportunity. It's cool to know I can now dream of doing what I want to do."

Kristie has been delighted in the change in her sister, but is sadly experiencing a real decline in her own health now. With a lung capacity of around 30%, Kristie struggles to hang out the washing or play with the

kids and she's desperate to be put on a lung transplant waiting list.

"Seeing what Nikki has gone through has been quite hard," says Kristie. "I just want to be where she is and I know what I need to do to reach that point."

It won't be a straightforward process. Many of Kristie's veins have become clotted, making the surgery potentially dangerous. But she's hoping her specialists will give her the go-ahead.

"To know how well Nikki has done is keeping me positive," says Kristie. "It is great to see what she can now do with Skyla and how she's loving her new life."

And should Kristie undergo a successful lung transplant, she dreams of hanging out with her sister again. "It would definitely be cool to sit down by each other and have a laugh, and joke again," she tells. "It's an awful feeling at the moment knowing we can't be that close."

WD



Incre I'M A ME

*The water
babe is
making
a splash*

There's an old sea dog strolling the pathways that meander along the Ahuriri foreshore in Napier. Briefly, he finds respite from the heat in the shade of a lighthouse and as he takes in the view, his gaze falls upon a mermaid sunning herself on the rocks.

He does a double take, chuckles and shakes his head in disbelief. Has he ever seen a mermaid before? "Not this close up," he laughs.

For Ashley Knight, this reaction is pretty typical. Known to children across New Zealand



The moment they met, Ashley fell for now-hubby Greg hook, line and sinker.



dible tale

REAL-LIFE

MERMAID!

as the Mermaid Lady, Ashley delights those she meets with her huge smile, long blonde locks and impressive tail.

"It's over 20kg dry and 34kg wet," she tells, which may well account for the great shape she's in. "It helps work my abs and thighs. It's definitely heavier than the one I was born with."

Ashley, who doesn't use human age – "Mermaids live 1000 years and I'm 203," she insists – resides in Hamilton, but was born in the UK and raised in the US.

She's currently in Napier to entertain the screams of kids and their mer-curious parents who come to the National Aquarium of New Zealand each year to witness a real mermaid swimming alongside stingrays, kingfish and sharks.

"Children are so thoughtful and they often bring me sweet little gifts," says Ashley, who's also a youth-fiction author. "Sometimes it's a drawing, other times a seashell they found and thought I'd like. I treasure them all!"

Ashley was just a kid herself when her fascination with the mer-world began.

"I was six years old and watched *Splash*," she recalls. "I was completely enchanted by

Daryl Hannah's mermaid character, so I decided then and there to become one. From that point on, I swam with my legs bound together. I'd use a T-shirt as a makeshift tail by slipping the neck opening around my waist!"

Now she can swim "for ages" using her tail for momentum. When we meet for our photo shoot, Ashley – a former model – arranges herself into a variety of stunning poses before sliding off the rocks and into the ocean for a swim.

Onlookers snap pictures as Ashley weaves through the waves, looking like she's just emerged from Atlantis.

Dream man

It's a world away from Idaho, where she met and married husband Greg. "He's my soulmate," says Ashley. "I'd actually dreamed about him since I was a little girl. I was completely in love with this imagined man and then one day I turned around in a bar and found myself face to face with him!"

Now the loved-up pair have two daughters – Emma, 12, and Belle, seven – and are in the process of adding a 15-year-old girl named Deija to their family via adoption.

It's a lot to manage, but there's excellent support in the mer-network, which extends to every continent on the planet, says Ashley.

"There are mers in every shape and colour, and so many lovely people who share my passion. Some of us live the mer-code, which means going out and swimming in the tail for fun, not just for parties or business.

"We adhere to the notion that we have a certain level of accountability to be responsible, and treat others with kindness and love.

"Many other mers simply enjoy attending the odd mermaid convention and the company of like-minded people. They seem to be drawn to the mysticism of the mer-life and the fact they will be accepted."

Ashley says being accepted is something she's struggled with. She uses mermaiding as a platform to speak out against bullying, something she experienced from the age of about seven until she started university.

"People have threatened to cut my hair off," she tells.

"I've been thrown to the ground and had someone put his foot on the back of my neck. I was shoved into lockers, teased for being too skinny, had my pants pulled down, been felt up ... The list is endless.

"I was young for my class so the other kids were much older than me. I was always the smallest and that made me an easy target. My parents always explained that the other kids were just jealous, but I could never understand what they were jealous of! It turned me very hard and I eventually learned to defend myself. I don't tolerate any form of bullying any more."

She's also passionate about conservation, recycling, and human and animal rights.

And while the children at the aquarium are always sure to inquire about those topical issues, it's another question she can guarantee she'll always be asked.

"They ask what I eat!" she laughs. "I know they expect me to say fish, but I do try to tell the truth as much as possible, so they are pretty shocked when I say Indian food is my favourite!"

Life aquatic: After being bullied for years, Ashley loves being part of the caring "mer-community".

The sky's the limit: Baylee-Rose is now pursuing an acting career.

Bullied t I'M FIGH

This knockout model is ready to rumble

To her thousands of online fans, Baylee-Rose O'Halloran seemed like the quintessential party girl – beautiful, bubbly and confident, with an infectious enthusiasm for life.

But beneath it all, the former bikini model's self-esteem was so fragile that she twice attempted suicide – the last time just a year ago – due to a barrage of cruel comments on social media.

Since then, after quitting booze and developing a passion for kickboxing, Baylee-Rose has bounced back and is speaking out to help other young women who are bullied online.

"I know a lot of my friends will be shocked as I always have a smile on my face," says the 26-year-old, who has nearly 45,000 followers on Instagram. "But in many cases, it's the people you don't suspect who are most at risk because there are no signs, so there is no way of knowing and helping them."

Now a professional fighter who has represented New Zealand around the world, she is also exploring a career in TV after landing a small role opposite Rhys Darby in the TV series *Short Poppies* and becoming friends with Kim Dotcom.

In fact, she introduced the internet mogul to *Playboy* model Amy Lee Summers – who famously broke the multimillionaire's heart when she rejected his marriage proposal in 2015 – and was one of the few women to see the inside of his bedroom in the former Dotcom mansion.

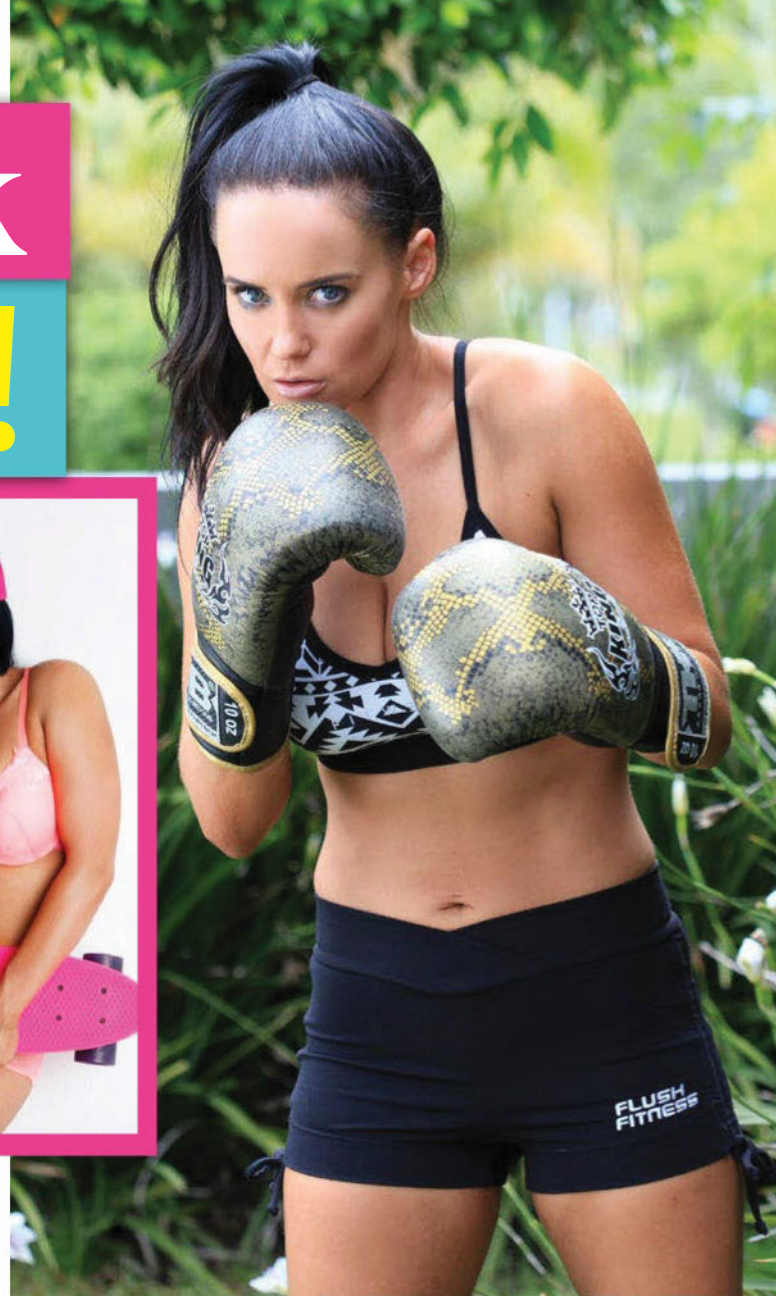
"No-one got to go there," says Baylee-Rose. "He had a lap pool in there, underneath

**NEED HELP
WITH BULLYING?**

Phone Lifeline on
0800 543 354.

Call Suicide Crisis Helpline
on 0508 TAUTOKO.
Contact Youthline on
0800 376 633, free-text
234 or email talk@
youthline.co.nz.

o the brink TING BACK!



The pageant contestant and kickboxer wants to raise awareness about online abuse. "Don't engage with trolls."



"I can't lose you," Mum Michelle told her girl.



Hanging with Amy at the Dotcom mansion.



murals of himself. It was just incredible! I did a few bikini shoots there and there was always security around. I've got a lot of respect for Kim. He's cool. He was lonely, though."

Tough start

Baylee-Rose's mum Michelle was just 15 when her daughter was born. She was dealing with a raft of drug and alcohol problems, which she has since conquered, but which left Baylee-Rose to be raised by her father and stepfather.

Growing up, she had to "tread on eggshells" around her parents, and she spent much of her teenage years sleeping on friends' couches and living on state handouts. "But I was so determined to finish school and go to uni – absolutely nothing would stop me," tells the qualified vet nurse.

Bitten by the modelling bug after being approached by a scout in her late teens, Baylee-Rose started entering bikini competitions, winning several titles. It was while competing in a Miss Auckland pageant that she woke up to

discover that half her face was frozen, the result of a condition called Bell's palsy.

"I was devastated but carried on with the competition, even though I knew I wouldn't place," she tells. However, the barrage of abuse on social media that followed hurt. "They would call me 'retard' and 'you ugly bitch'."

In early 2014, while drunk and alone at a friend's house, she had her first suicidal impulse. She recalls, "All I could think was, 'I can't deal. What's the point?' I wasn't thinking about how it would affect anyone else."

Baylee-Rose woke up in a hospital bed, surrounded by tearful friends. "I was like, 'What have I done?' I couldn't bear seeing my friends so upset. After that, I decided to talk to people about my feelings more. It helped a lot."

However, her confidence had gone and she piled on 20kg, moving from modelling in bikini competitions to judging them, which only fuelled her body issues. A year and a half later, she became the target of social-media trolls once more and attempted suicide again.

"Mum freaked out when she found me," Baylee-Rose remembers. "She told me, 'I can't lose you. You are my only child.' As I recovered, she told me I needed to do something to help myself, something active, something I was passionate about."

Baylee decided on kickboxing and was hooked after her first class. "It felt really good," she explains. "It also inspired me to quit drinking because you can't drink and fight. And I changed my whole diet. Now that I don't drink, I eat healthy and I'm disciplined, my skin has cleared up and I'm in the best shape I've ever been in."

Over the past year, Baylee-Rose has lost 20kg and become a professional kickboxer, recently spending half a year training and fighting in Phuket, Thailand. While there, she also applied her veterinary skills at the animal charity Bodhi Shelter Clinic and raised \$1500.

"My followers gave so generously," she tells. "I brought over medicines, trained some of the staff and was able to give them a cheque from everyone who donated. They bawled their eyes out. It was the best feeling in the world."

Baylee-Rose – who also counts feisty *Bachelor* NZ contestant Nazanin Khanjani among her friends – is now on a mission to encourage girls to use social media positively and ignore the negative.

"I want to raise awareness and give the issue a voice because I have a bloody massive voice," she laughs. Her top tip? "Don't engage with trolls. You can block them."

Now gearing up for more international fights, Baylee-Rose can't believe how far she has come in the past couple of years. "Suicide is not the answer," she declares. "It's a cliché, but there's always good stuff around the corner."

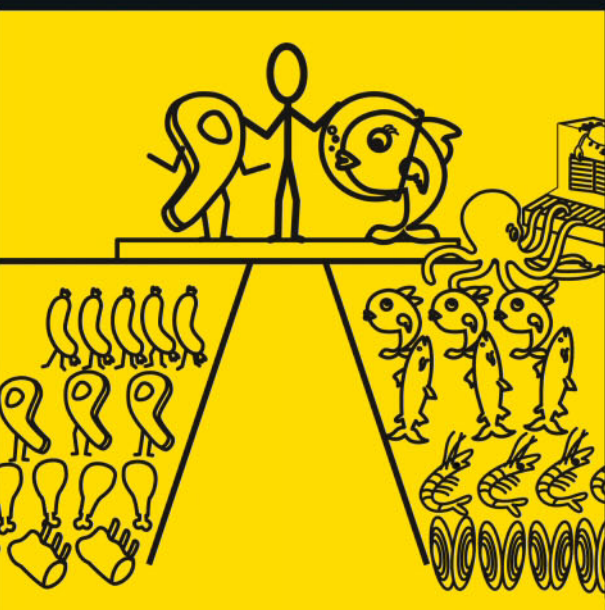
WD



SURF & TURF
invite you to
witness them
joined in delicious
meatrimony on
Monday 27 February

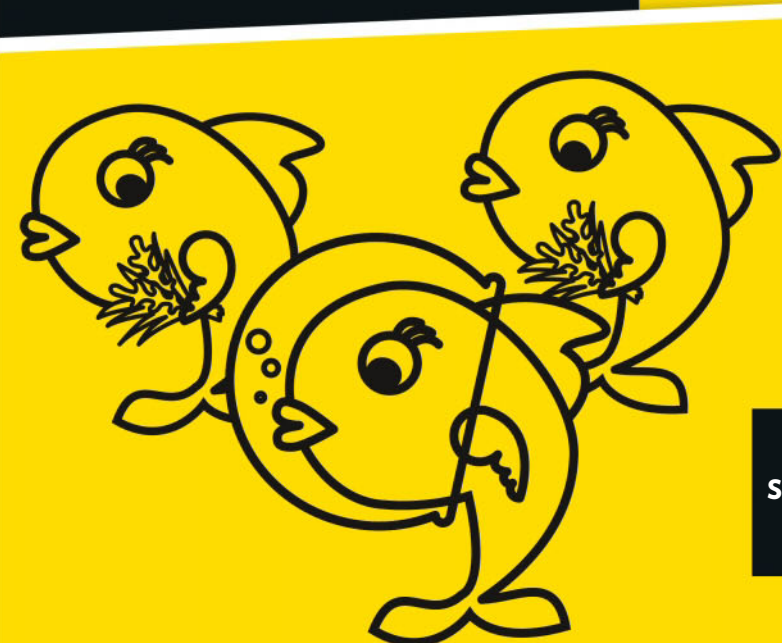
THE INVITES

The wedding invitations (waterproof of course) were sent to guests from both land and sea.



THE UNION

PAK'nSAVE's Stickman, close friend of the bride and groom, acted as celebrant. There wasn't a dry eye in the house – especially on the seafood side of the aisle!



The happy MAKE IT

Surf & Turf tie the knot at PAK'n

It was meant to be. The fresh young couple couldn't take their eyes off each other as they exchanged vows in a lavish ceremony attended by the finest fillets in town.

PAK'nSAVE's Stickman (in his capacity as close friend to both Meat and Seafood) was thrilled to officiate at the surf and turf coupling of the year.

"It's an honour to join this couple in delicious meatrimony," said Stickman. "I've wanted them to get together for ages."

Everyone agreed it's a match made in heaven and Stickman looks forward to PAK'nSAVE customers enjoying the benefits of this wonderful union.



BRIDESMAIDS

Surf's childhood surfing pals were the gorgeous bridesmaids. The beach babes wore zesty lemon gowns and carried seaweed bouquets.

My couple O'FISH

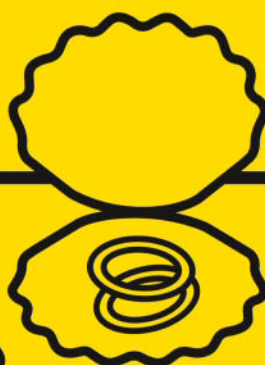
SAVE's Meat & Seafood Week

EXCLUSIVE PICS!

**A TRULY
ROMANTIC
FEAST**

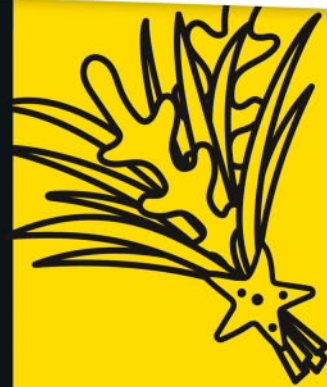
GROOMSMEN

Turf's stag party barbecue was rumoured to have been a juicy night, but the groomsmen were perfectly trimmed and dressed in time for the big day.



THE RINGS

The young couple chose their own squid rings – Stickman said it took all his self-control not to eat them.



THE BOUQUET

The bride carried a gorgeous bouquet of exotic seaweed. Her make-up was by Mackerel.

THE CAKE

After the ceremony, the guests enjoyed a mouth-watering three-tiered eye fillet cake with prawn frosting.



**Join the celebrations!
Meat & Seafood deals on
now at PAK'nSAVE.**

Promotion from Monday, February 27 to Sunday, March 5, 2017.

PAK'nSAVE

OUR POLICY: NZ'S LOWEST FOOD PRICES



ARE YOU THE ULTIMATE SHORTLAND STREET FAN?

Win a VIP experience to *Shortland Street – The Musical!*

Join *Woman's Day* at an exclusive first showing of *Shortland Street – The Musical* as part of the Auckland Arts Festival's RAW: Projects In Development on Tuesday, March 14 at the Herald Theatre in Auckland

Killers on the loose, medical calamities, forbidden love and a Christmas curse...Life isn't easy at *Shortland Street*! Featuring iconic characters from the classic era of New Zealand's

favourite soap, with songs including "Not in Guatemala Now", "Stuck in a Love Triangle", and "Cliffhanger", *Shortland Street – The Musical* will have you partying like it's 1992!

PRIZE PACKAGE INCLUDES

- Pre-show hospitality
- 1 double pass to *Shortland Street – The Musical*
- 2 *Shortland Street* merchandise packs, including a branded tote bag, drink bottle, takeaway coffee cup, lanyard, pen, pencil case and mini first-aid kit
- 1 six-month *Woman's Day* subscription

HOW TO ENTER

Visit womansday.co.nz/shortystmusical and enter your name, email and phone number with the unique code SHORTYST, or send your details to: *Woman's Day/Shortland Street – The Musical*, Response Bag 500261, Victoria Street West, Auckland 1142. Entries close March 8, 2017.



TERMS AND CONDITIONS: Entry is open only to New Zealand residents. Employees of Bauer Media Group (LP) NZ, their affiliates, agencies and immediate families are ineligible to enter. No responsibility is taken for lost, misdirected or incomplete entries. Entries are limited to one per person. This promotion commences February 27, 2017 and ends March 8, 2017. The winners will be notified after March 8, 2017. By registering their details, entrants give permission for Bauer Media Group (LP) NZ to post, email and mobile text message updates. The prize includes one double pass to *Shortland Street – The Musical* showing at the Auckland Arts Festival's RAW: Projects In Development, two *Shortland Street* merchandise packs, including

a branded tote bag, drink bottle, takeaway coffee cup, lanyard, pen, pencil case and mini first-aid kit and one six-month *Woman's Day* subscription. The total prize is worth \$260 each. Bauer Media Group (LP) NZ is not responsible for any changes made to the prize package by the prize partners. This prize must be taken as offered and is not exchangeable, transferrable or redeemable for cash. Anything not specified in these terms and conditions as being included in the prize package is excluded. The promoter is Bauer Media Group (LP) NZ, Shed 12, City Works Depot, 90 Wellesley Street West, Auckland. To view Bauer Media's Privacy Policy, see bauermedia.co.nz/privacy.

Woman's Day INSPIRE ME

* GREAT FOOD * FASHION * BEAUTY * WELLBEING *



48

Get sneaky!
SOLE SISTERS



52

Feeling flaky
HEADY FIXES



56

Pasta diet
ITALIAN JOB



68

Use your loaf
SWEET HITS

Taking **SHAPE**

*Nail your
beach
beauty*



Fashion files

Style Director Leigh Matheson



Black and white prints are the easiest to pair together – highlight with gold accessories to make your outfit pop.

Blouse, \$79.99, from Portmans. Trousers, \$59.99, from Dotti. Earrings, \$15.99, from Lovisa. Shoes, \$149.95, from Hannahs.

Jacket, \$79.99, from Dotti. Dress, \$130, from Kookaï. Earrings, \$17.90, from Colette by Colette Hayman. Shoes, \$209.90, from Merchant 1948.

Top, \$159.90, from Witchery. Trousers, \$179, from Country Road. Cuff, \$22.99, from Lovisa. Earrings, \$10.90, and bag, \$69.90, both from Colette by Colette Hayman. Shoes, \$250, from Mi Piaci.



Clash COURSE

*Break all the rules
and get trendy in
mismatched prints*

Top, \$65.90, and bag,
\$69.90, both from Zara.
Earrings, \$10.90, from
Colette by Colette
Hayman. Skirt, \$169, from
Augustine. Shoes, \$180,
from Dune London.

Blouse, \$79.99,
from Portmans.
Pants, \$39.99,
from Glassons.
Earrings, \$19.99
for set, from
Lovisa. Shoes,
\$119.95, from
Hannahs.

*Pairing
stripes and florals
can be difficult, so
choose a colour that
runs through both
pieces for a
cohesive look.*

Top, \$55.90,
from Zara. Skirt,
\$59.99, from Dotti.
Earrings, \$19.99, from Lovisa.
Shoes, \$59.99, from Number
One Shoes.

Stockists Augustine (09) 529 1703, Colette by Colette Hayman (09) 815 1481, Country Road 0800 105 655, Dotti 0800 369 327, Dune London (09) 520 5277, Glassons 0800 GLASSONS, Hannahs 0800 426 624, Kookai (09) 522 1716, Lovisa (09) 845 5141, Merchant 1948 0800 683 752, Mi Piaci (09) 524 1430, Number One Shoes 0800 661 7463, Portmans 0800 769 327, Witchery (09) 523 1335, Zara (09) 905 6420

Kick BACK

*Walk this way in street-chic sneakers,
the perfect mix of comfy and cool*

*Wearing a
soft-pink shoe
will instantly add a
feminine touch to
your look.*

*Invest in a
protection spray
to keep sneakers
looking box-fresh and
reduce the likelihood
of permanent
stains.*

\$69.90
Novo

\$159.90
**French
Connection**

\$179
Mr. W & Me

\$59.99
Just Jeans

\$39.99
H&M

\$199.90
Vans

\$129.99
**Shoe
Connection**

\$59.99
Farmers

\$150
Adidas

\$99.99
**Shoe
Connection**

\$99.90
Decjuba

\$139.90
Vans

*Metallics
continue to trend.
Add a shiny
sneaker to your
outfit to make
it pop.*

Stockists Adidas 0508 234 327,
Decjuba (09) 520 0955, Farmers 0800
327 637, French Connection (09)
523 3950, H&M 0800 406 700, Just Jeans
0800 559 327, Mr. W & Me mrwandme.com,
Novo (09) 846 7828, Shoe Connection
0800 769 258, Vans (09) 373 1460

GET MOUTH FIT

BRUSH TWICE A DAY



Colgate®

KSR

Kieran Read
Brand Ambassador



getmouthfit.co.nz

SUBSCRIBE OR RENEW & SAVE!

SUBSCRIBE TO WOMAN'S DAY

\$37

EVERY 12 ISSUES
VIA DIRECT DEBIT

JUST \$3.10
AN ISSUE!

\$149

52 ISSUES

SAVE \$85

OFF RETAIL
COVER PRICE



ALREADY A
SUBSCRIBER?
Simply extend your
subscription to
receive this offer!



BUNDLE DEAL

SAVE
\$36

OR GRAB A BUNDLE

\$57

24 ISSUES

12 ISSUES OF WOMAN'S DAY +
12 ISSUES OF LUCKY BREAK

HURRY! OFFER ENDS MARCH 8, 2017

TERMS & CONDITIONS: This offer is valid for all New Zealand subscriptions quoting M1710WDZ by phone or online at magshop.co.nz before 11pm, March 8, 2017. This offer cannot be used in conjunction with any other offer. Subscriptions on Direct Debit renew automatically and will continue until we are advised of cancellation. Direct Debits may be cancelled at any time, simply by calling 0800 624 746 during business hours. Subscription rates are available for delivery to New Zealand addresses only. Please allow up to four weeks for delivery of first issue. For full terms and conditions and overseas rates, please refer to magshop.co.nz.



SUBSCRIBE SECURELY ONLINE
magshop.co.nz/wday/M1710WDZ



MAGSHOP (0800 624 746) AND QUOTE M1710WDZ

Body

When you don't need to worry about getting oils or creams on clothes, apply a thick body lotion before bed to tackle any dry patches, particularly on your elbows and knees. A clear, gradual tanning lotion will develop into a subtle tan overnight without staining sheets.

1. Nivea Pure & Natural Body Lotion, \$9.49.
2. Bondi Sands Everyday Gradual Tanning Milk, \$19.99.



Hands

When you've finished looking at your phone, slather on a thick hand cream, massaging around the nails and cuticles, for soft, hydrated hands in the morning. To intensify the treatment, wear soft cotton gloves while you sleep. Alternatively, try a drop or two of cuticle oil to strengthen nails and stimulate growth.

1. The Body Shop Moisture Gloves, \$20.95.
2. Trilogy Ultra Hydrating Hand Cream, \$23.99.
3. Jurlique Nail and Cuticle Treatment Oil, \$32.



Face

Classic night creams are thick and loaded with nutrients that aid skin repair. They absorb slowly, meaning they need to be applied when you're not adding sunscreen or make-up over the top. In addition, moisturisers and serums containing retinol, a vitamin A derivative that has anti-ageing properties, should be applied at night unless combined with a broad-spectrum SPF, as retinol can

sensitise your skin to the sun.

Originating in Korea, "sleeping masks" have recently gained prominence. Instead of being removed within minutes, the concentrated but thin gel texture masks are applied before bed, allowing the hydrating and/or anti-ageing ingredients to be fully absorbed. Cleanse skin as usual in the morning.

The evening is the perfect time to tackle red, angry pimples by applying a spot

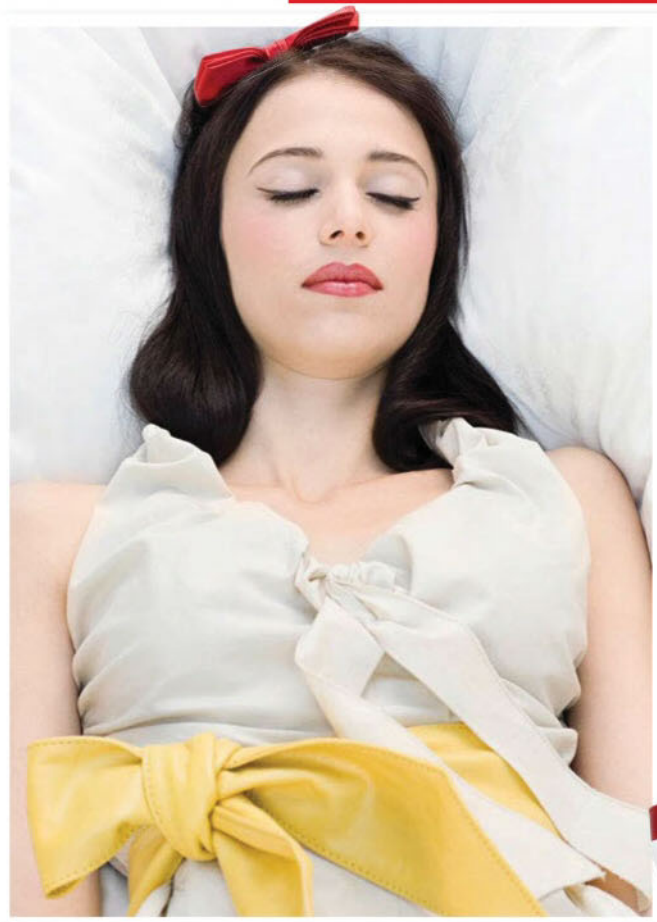
cream before bed. And keep a lip balm handy to nourish dry, flaky lips before lights out.

1. Natio Ageless Firming Night Cream, \$24.50.
2. The Body Shop Drops of Youth Bouncy Sleeping Mask, \$77.75.
3. Shiseido Ibuki Beauty Sleeping Mask, \$65.
4. Estée Lauder Advanced Night Repair Synchronized Recovery Complex II Serum, \$132.
5. Lancôme Energie De Vie Nuit Overnight Recovery Sleeping Mask, \$80.



Your beauty

Beauty Editor Megan Bedford



Hair

Add moisture to dry, curly locks or damaged split ends by applying a treatment or serum to damp hair in the shower. Leave overnight, wrapping hair in a small towelling turban that can be secured. Rinse in the morning.

1. L'Oréal Paris Elvive Total Repair 5 Mask, \$12.99.
2. QVS Microfibre Hair Turban, \$25.99.
3. Redken All Soft Argan-6 Oil, \$35.



Sleeping BEAUTY

Wake up and feel gorgeous!

When you pull up the covers at night, your body goes into recovery mode, and skin repairs and renews.

To make the most of it, try a product designed to be applied before you hit the hay or just save time on beauty admin by multi-tasking while you kip.

Feet

Dry, cracked heels need a hard-working cream to soften the thick skin. Unfortunately, many can be greasy, so to protect sheets and accelerate the process, pop on a pair of cotton socks.

Neutrogena Norwegian Formula Foot Cream, \$12.49.





Hair

Beauty Editor Megan Bedford

Snow PATROL

Protect your scalp from that flaky feeling

Our scalps are an extension of our skin, and one of the biggest contributors to the health and appearance of our hair, so it makes sense to treat it well.

Looking after your roots can contribute to stronger, healthier hair – and less fallout of both flakes and strands.

While some people have issues with dandruff, others endure a tight, prickly or itchy sensation that can drive them to distraction.

It's not surprising the scalp can be sensitive. According to Kérastase NZ expert Rachael Brown, it's one of the most nerve-rich and vulnerable organs in the body. "The skin is fine and delicate, four times thinner than on the rest of the body, and its underlying structure is twice as taut as the skin on the face. This provides a unique source

of sensations, colour, hair density and growth. For this reason, it deserves the same careful attention that is given to facial skin."

Even if no scalp issues are obvious, careful consideration can improve the way your hair looks and behaves.

"The hair is born in the scalp, so it is necessary to control oil, sensitivity, dandruff and tightness from the source to create the best environment for the hair to grow," says Rachael. "An unhealthy scalp can affect hair density, shine, strength and hydration."

What are the causes of scalp sensitivity or flakiness?

INTERNAL FACTORS: Stress, hormones, diet and genes.

EXTERNAL FACTORS:

Build-up of products, pollution, over-use of styling tools, excessive colouring, use of products not meant for your hair type and

specific chemicals or ingredients in some hair products. It can also be caused by skin conditions such as psoriasis, dermatitis or eczema.

What can I do?

- ◆ Consider your hair type and select products, including shampoo and conditioner, designed for it. For example, if you have fine hair, a thick cream conditioner could load up your roots unnecessarily.
- ◆ Use a clarifying shampoo periodically to remove build-up of styling products.
- ◆ Try a gentle exfoliator to help clear debris and balance the scalp skin.
- ◆ Ask your hairdresser to assess your scalp health and prescribe appropriate products to help.
- ◆ If your scalp sensitivity and itching are prolonged, visit your doctor to check for any underlying skin conditions.

TOOL KIT



1. Kiehl's Deep Micro-Exfoliating Scalp Treatment, \$50.
2. Head & Shoulders Shampoo & Conditioner Itchy Scalp 2 in 1, \$12.49.
3. Kérastase Specifique Bain Vital Dermo-Calm Shampoo, \$43.
4. Kérastase Specifique Bain Anti-Pelliculaire Anti-Dandruff Shampoo, \$43.
5. Kevin Murphy Maxi.Wash Detox Shampoo, \$45.
6. Sukin Purifying Shampoo, \$17.99.

Hedrin®

ditch the ITCH!



**BEAT HEADLICE TODAY
WITH HEDRIN 15!**
KILLS LICE & THEIR EGGS IN MINUTES*



*CLINICAL TESTS ON FILE.
ALWAYS READ THE LABEL & USE AS DIRECTED IF SYMPTOMS
PERSIST PLEASE SEE YOUR HEALTHCARE PROFESSIONAL.

Available at
leading pharmacies
www.hedrin.co.nz

Unichem
Your local health professional

life
Pharmacy

USL consumer

USL Consumer toll free 0800 658 814 Email us at enquiries@uslmedical.co.nz or visit www.uslconsumer.co.nz

Beauty news

Shun shine

For oily skin types that crave hydration but are keen to avoid shine, Estée Lauder's new mattifying moisturiser will be a godsend. The cool gel formulation keeps your complexion fresh, absorbs oil, minimises pores and is packed with antioxidants to help fend off signs of ageing.

Estée Lauder DayWear Matte Oil-Control Anti-Oxidant Moisture Gel Creme, \$98



Spot the difference

Treat dark spots and pigmentation on the go with a tinted wand that conceals while it treats, brightening trouble areas even when applied over the top of make-up.

Shiseido White Lucent OnMakeup Spot Correcting Serum SPF15, \$59



Best tressed

Haircare from a scent-focused company is bound to smell good – and these do – but Auckland brand Ashley & Co has done its homework on hair too. Its new 100% natural shampoo and conditioner are gentle but effective at removing dirt and product build-up. They clean and soften locks using coconut oil, eucalyptus, menthe oil and ginseng. And that scent? An invigorating mix of crushed mint, blackcurrant and lemongrass. **Ashley & Co Wash Locks Balanced Shampoo & Soft Locks Balanced Conditioner, \$39.95 each.**



1

2



3



4

Nail order

Manicare has teamed up with Aussie swimwear label We Are Handsome to create an exotic design for its beauty accessories. **1. Nail Polish Remover Pads, \$4.99. 2. Tweezers, \$10.99. 3. Nail Shapers, \$2.29 each. 4. Glam Lashes, \$13.99.**

Total revamp

Olay is well known for its anti-ageing Total Effects range – and now the products have been reformulated with modern skincare developments. The latest version uses pro vitamin D5 and vitamin B, known for tackling patchiness. It's also said to improve texture, tone and cell turnover. **Olay Total Effects Day Cream SPF15, \$33.72.**



WHITE OUT

While the first fragrance from Paris fashion house Alaïa gave a nod to its sexy bodycon LBDs, the newer, lighter incarnation, *Blanche*, speaks of feather-light, gauzy summer dresses and boasts milky, powdery notes with hints of white flowers.

Alaïa Paris Eau de Parfum Blanche, \$170



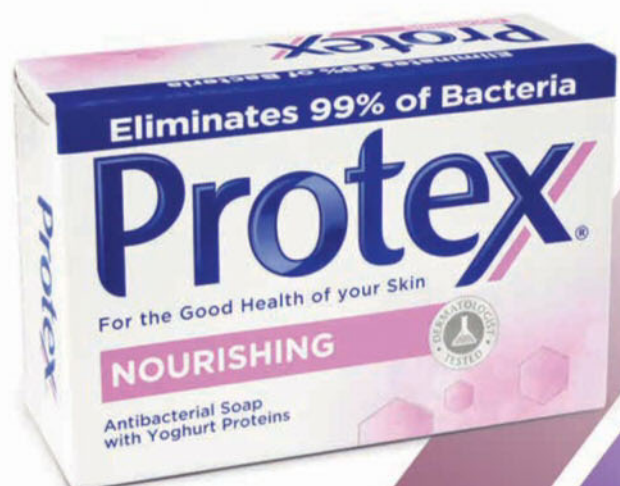
PICTURES: GETTY IMAGES. PRICES LISTED ARE ONLY A GUIDE.



Protect and nurture your little explorers
with Protex Nourishing.

- ✓ Eliminates 99% of bacteria
- ✓ Contains yoghurt proteins
- ✓ Formula leaves skin feeling nourished and soft
- ✓ Dermatologist tested

For the good health of your family's skin.





Healthy living

Health Editor Vanessa Marshall

Eat pasta, LOSE POUNDS!

It's true – four weeks on our yummy pasta-packed plan could leave you 6kg lighter and feeling better than ever!

Thought eating pasta made you fat? Think again! Studies now show that pasta lovers are often slimmer than those who steer clear. Of course, that's not a licence to stuff yourself silly with cheesy lasagne and creamy fettuccine. Instead, follow the rules of our delicious new diet and you could be filling up on pasta without filling out. In fact, you'll be kilos lighter by the end of the month!

HOW IT WORKS

1 Start each meal with a salad. Not only will this fill you up, but it will also reduce how much sugar your body produces after eating pasta, which can help combat weight gain.

2 Cook your pasta al dente – just a little firm when you bite it. Al dente pasta converts more slowly to sugar in your system.

3 Even better, cook it, then cool it. This creates high quantities of resistant starch in the pasta, which fills us up but

can't be absorbed by our body. This reduces the number of calories. You can warm it again by plunging it into boiling water, then draining it.

4 Experts found that people who eat a high-carb evening meal will be less hungry in the morning due to lower appetite-hormone levels. But the key is portion size! In a recent trial of slimmers, people were eating just 50-60g of cooked pasta at a time – only a handful or two (around 20g before cooking).

5 Some sauces are better with long pasta like spaghetti, but when serving sizes are small, this might not look filling. Try snapping the strands into small pieces before cooking or opt for small pasta shapes instead.

6 If you feel hungry between meals, choose from the snacks and drinks box below. And always stick to low-calorie liquids.

SNACKS & DRINKS



Handful of crudité's
with a spoonful of salsa

Plum

Apple

Orange

125ml
glass
of wine
(once or
twice a
week)

YOUR 5-DAY SAMPLE MENU

MONDAY

Breakfast 2 boiled or poached eggs with 1 piece of toast, cut into soldiers

Lunch 60-100g fresh ravioli served with green beans or green salad.

Add 25g feta or haloumi

Dinner 60g spaghetti with a Bolognese sauce made from 75g lean mince, 200g tinned tomatoes, unlimited mushrooms and herbs

Salad Rocket, red onion and beetroot



TUESDAY

Breakfast Fruit salad of 3 pieces of fruit. Add 1

tablespoon low-fat yoghurt

Lunch 60-100g ready-made low-fat pasta salad served with 150g tuna and chopped black olives

Dinner 60g pasta of choice tossed with spinach, mushrooms and a cheese sauce made from half a sachet of cheese sauce mix with low-fat milk

Salad Rocket, spinach and cucumber. Add a few cubes of avocado



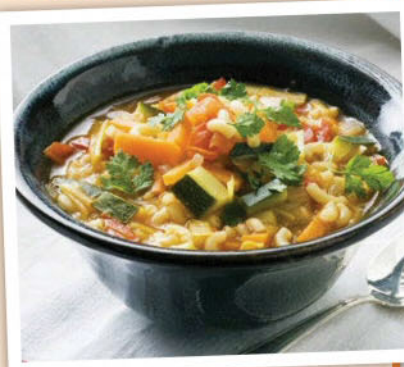
WEDNESDAY

Breakfast 1 piece of toast topped with 100g baked beans

Lunch Any vegetable-based soup with 60g cooked pasta

Dinner 60g cooked pasta of choice with salsa. Add 25g grated cheese, ¼ of an avocado, 100g cooked chicken and some chopped onion, then mix and grill

Salad Rocket, cucumber and red onion



THURSDAY

Breakfast Smoothie made with 150ml low-fat milk, 1 chopped banana and 4 handfuls of berries

Lunch 150g prawns mixed with ¼ of an avocado, chopped. Serve with 60g pasta shapes

Dinner 60g pasta of choice with 1 tablespoon basil pesto and 150g white fish grilled or pan-fried

Salad Spinach, red capsicum and cucumber. Add 3-4 olives



FRIDAY

Breakfast 3 Ryvita crackers topped with ½ an avocado, mashed

Lunch 60-100g any ready-made low-fat pasta salad with 3-4 slices of ham and some red capsicum slices

Dinner 60g pasta of choice tossed with sliced cherry tomatoes, 25g pan-fried chorizo and 100g prawns

Salad Lettuce, cucumber and tomato



TEXT: © BEST MAGAZINE (UK), HEARST MAGAZINES UK. PICTURES: GETTY IMAGES.

MIND OVER MONEY

Small change

Remember what spending used to be like when you were a kid? Your money was small but your dreams were big – every purchase was planned for, overly discussed and worked towards. Pocket money was a precious resource because there wasn't much of it and handing over your hard-earned coins meant something. Now, we don't even need to carry money. In fact, with online shopping offering up tempting treats around the world or local stores having never-ending sales, it seems like it's easier than ever to empty your bank account.

Let's notice where our money is going!

Inspired by the TVNZ 1 series *Mind Over Money with Nigel Latta* and in association with Kiwibank, the team at *Woman's Day* is putting new tips to the test to make their spending smarter.

**MEET ZOE!**

As the Chief Economist for Kiwibank, Zoe Wallis knows her money.

ZOE SAYS: Eating and drinking out is an easy way to burn through cash so try making lunches at home, using up leftovers and having pot luck dinners. That said, splurging on experiences, not things, is shown to increase our happiness – just make sure it's within your budget!

THIS WEEK'S CHALLENGE:

It's the 5:2 diet for your wallet – save for five days, spend for two.

THE CHALLENGER: Sebastian, 33
OCCUPATION: Associate Editor at *Woman's Day*

Nature lover Seb's main money goal is travel – he's been to 36 countries and is always planning his next trip, so saving is a big priority for him.

*A week of spending:***MONDAY – SAVING DAY**

Today is a public holiday – I resist spending money by going to the beach. Breakfast is from home and my friend buys me lunch. Surely that's not cheating? Dinner is leftovers.

TUESDAY – SAVING DAY

I spend \$3.50 buying two bread rolls from the supermarket. Lunch is a \$8 pack of sushi. After work, I'm due to meet a friend. Usually we'd go to a bar, but we go for a swim instead. Afterwards, we hit the supermarket – picking up some fresh pasta and chocolate for dinner – \$13.

WEDNESDAY – SAVING DAY

Another \$3.50 breakfast with \$8 sushi special. After work, instead of going to a bar, I head to the gym – my first time this year. I cook more pasta with existing ingredients for dinner.

THURSDAY – SAVING DAY

Leftovers for breakfast, then someone buys too much sushi and lets me share it for lunch. Savings! For dinner, my friend and I walk to the pub to use up a \$50 bar tab that we'd won at their pub quiz. Unfortunately, \$50 doesn't cover much and a couple of gins turns into many gins, and I end up spending \$80. Oops!

FRIDAY – SPLURGE DAY

Breakfast is a \$10 bagel with avocado – food of the gods. Then I use a \$10 voucher to get a salad. I also spend \$10 on vitamins, hoping they'll cancel out last night's excess. After work, I catch a



\$40, four-hour bus up to Paihia to meet a friend for a weekend away. I then spent \$80 on dinner with a bottle of wine.

SATURDAY – SPLURGE DAY

First activity is a \$70 dolphin tour. I save money by just having a muesli bar for breakfast. Later we take a \$35 ferry out to Urupukapuka Island, where we have a \$50 lunch by the water. Hotels in Paihia are pricey, so we book a \$109 room in Whangarei for the night. We dine out on the waterfront for dinner – another \$80. Such a splurge day!

SUNDAY – SAVING DAY

Breakfast is \$20, but it's hearty, so we don't eat until dinner. Then we spend all day swimming, reading and sunbathing – with no spending temptations. After driving home, we hit the supermarket for a \$14 bottle of wine and pick up some fish and chips for \$15. Not too expensive for a weekend away right?

SEB'S VERDICT:

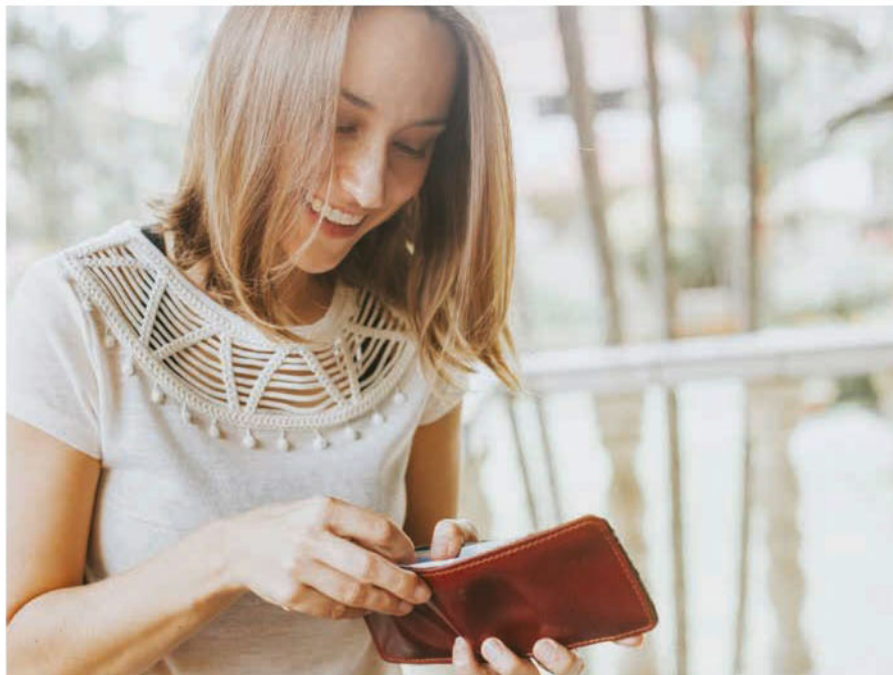
The time at the Bay of Islands was stunning and I don't regret spending the money. Paying for experiences, rather than items, is always worth every cent. On my "save days", I was smarter with my spending options – I opted for specials and cheaper items. I also picked free activities – like going to the beach.



GOING, GOING, GONE

Because it's early on in the year, there's a high chance you're still probably working through some new food or fitness-related resolutions.

Well, it's time to try out some new money habits as well. What if you could only spend money two days a week? Or what if you paid for all of your purchases with only cash – and left your card alone? How would that change your spending habits? There would be no EFTPOS card or credit card to rely on, you'd be forced to spend only the money you had on you. It may sound extreme, but spending money we don't have can become a habit and an easy way to derail your saving plans or even end up in debt. We talked to 700 Kiwi readers like you about spending versus saving and why there's room for improvement for all of us.

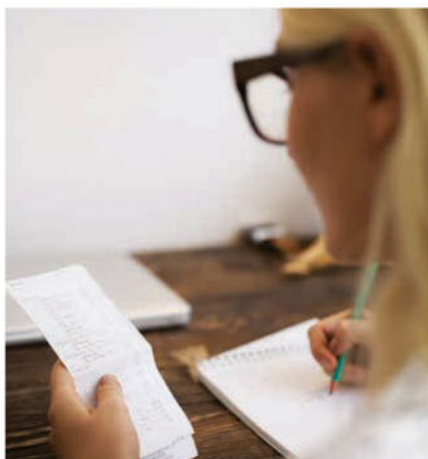


HEY BIG SPENDERS



of Woman's Day readers agree that they often spend money they don't have

The two biggest reasons for that spending were not having money available for unexpected expenses and a lack of self-control.



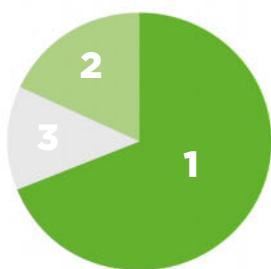
GIVE THEM CREDIT

Having a credit card is the norm for most of us, but how can we use them better?

- + Keep your credit limit at a level you're comfortable with
- + Try to pay off your balance every month in full
- + Look to see if the card you've got is best for you – there are lots of different options
- + Try to resist immediate temptation – will you still want your purchase when the bill turns up?
- + Don't avoid your credit card statement – knowledge is power!

IT'S IN THE BANK

However, having some money saved for "just in case" is still a priority for most of us:



1. 69% like to have money in the bank for a rainy day.
2. 13% would rather spend it now to give them the lifestyle they want.
3. 18% don't see themselves in either group.

LET'S BE HONEST

"Got myself into debt when I separated from my husband three years ago and was made redundant. Still playing catch up but the bills keep coming. So hard to dig out of the hole I'm stuck in."

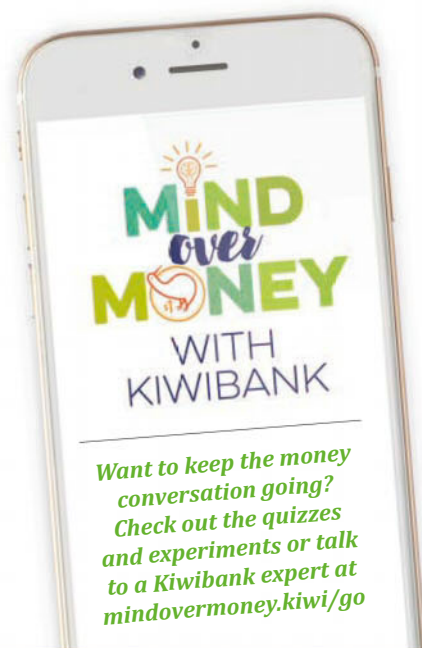
– **Bonnie, Taranaki**

"I'm married to someone who uses spending money as a way to ease her stress, even when she is stressed about having no money. I don't spend money I don't have because I'm not stupid."

– **Stephen, Wellington**

"I see things that I'd like and I guess sometimes (without even realising) try to keep up with everyone else. Maybe sticking to a budget would help me change this."

– **Nadene, Canterbury**



MONDAYS 8PM



Proudly
Partnering
with

Kiwi
bank.



Everyday food

Food Director Jennene Plummer

Break AN EGG!

*It's no yolk –
this brekkie
fave makes a
magic meal*



Egg & Salami Pizzas

SERVES 4 PREPARATION 10 MINUTES COOKING 15 MINUTES

3-pack round pizza bases
½ cup thick tomato passata
1 red onion, finely sliced
2 cups shredded pizza cheese
200g salami, thinly sliced
3 eggs
rocket leaves to serve

1. Preheat oven to hot, 200°C. Arrange pizza bases on 3 oven trays.
2. Spread each pizza base with an even amount of passata. Sprinkle each with onion and half the cheese. Arrange

salami slices around edges. Sprinkle with remaining cheese. Bake for 5 minutes.
3. Using the back of a spoon, make an indent in centre of each pizza. Crack an egg into each indent.

4. Bake for a further 6-8 minutes until whites are set and yolks are still runny.
5. Scatter with a few rocket leaves, season to taste and serve in wedges.

Gado Gado-style Salad

SERVES 4 PREPARATION 15 MINUTES COOKING 5 MINUTES

400g kumara, peeled, chopped, steamed or roasted
150g green beans, trimmed, blanched, halved
250g cherry tomatoes, halved
1 cup beansprouts
1 iceberg lettuce, trimmed, leaves separated
6 soft-boiled eggs, peeled, halved (see tip)
SATAY SAUCE
½ cup crunchy peanut butter
¼ cup kecap manis (sweet soy sauce)
½ teaspoon chilli flakes
⅔ cup hot water

1. In a bowl, combine kumara, beans, tomatoes and sprouts.

2. **SATAY SAUCE.** In a saucepan, combine peanut butter, kecap manis and chilli flakes. Stir over low heat until combined. Gradually add water, stirring, until smooth.

3. Spoon salad into lettuce cups and add eggs. Spoon sauce over, then season with pepper to serve.

Top tip

♦ To boil room-temperature eggs, lower into a saucepan of simmering water. Boil for 3-4 minutes for soft-boiled (5-6 minutes for hard). Remove, then rinse under cold water. For eggs from the fridge, cover with cold water, bring to the boil on high. Start timing eggs once water reaches boiling point.





Baked Salmon & Egg Pots

SERVES 4 PREPARATION 10 MINUTES COOKING 20 MINUTES

½ cup crème fraîche or thick cream
200g smoked salmon slices
8 eggs at room temperature
1 tablespoon chives, chopped
buttered toast soldiers to serve

1. Preheat oven to moderate, 180°C. Lightly grease four shallow 1-cup ramekins. Place in a medium-sized baking dish.
2. Spoon 1½ tablespoons crème fraîche into each dish. Top evenly with smoked salmon pieces. Carefully break two eggs into each dish.

3. Pour hot water into baking dish to come halfway up sides of ramekins. Cover with foil.

4. Bake for 15-20 minutes until whites are set but yolks are still a little runny. Sprinkle with chives. Serve with toast soldiers.

Top tip

♦ If desired, add halved cherry tomatoes to the dish and sprinkle with a little grated cheddar cheese before baking.





Tuna & Za'atar Scotch Eggs

MAKES 6 PREPARATION 20 MINUTES (PLUS CHILLING) COOKING 10 MINUTES

425g can tuna in springwater
300g potatoes, peeled, boiled,
mashed

2 spring onions, finely
chopped, plus extra to serve
2 teaspoons lemon juice
6 soft-boiled eggs, peeled, plus
2 extra, lightly beaten
½ cup plain flour

¾ cup panko breadcrumbs
¼ cup za'atar (Middle Eastern
spice mixture)
¼ cup vegetable oil
Lebanese bread, natural
yoghurt, cucumber ribbons
to serve

1. In a bowl, combine drained tuna, potato, onion and lemon juice. Season to taste.

2. Divide mixture into 6 equal portions. Mould each portion around one peeled egg.

3. Dust eggs in flour. Dip into extra beaten egg, then roll in combined breadcrumbs and

za'atar. Chill for 15 minutes.

4. In a frying pan, heat oil on medium. Cook eggs for 5-6 minutes, turning, until golden and crisp. Drain well on a paper towel.

5. Serve scotch eggs with bread, yoghurt, cucumber and extra spring onion. ▶▶

Fried Son-in-law Eggs

SERVES 4 PREPARATION 5 MINUTES COOKING 10 MINUTES

¼ cup water
¼ cup caster sugar
2 tablespoons fish sauce
1 tablespoon lime juice
2 teaspoons tamarind purée
2 garlic cloves, crushed
1 birds-eye chilli, finely sliced (optional)
2 tablespoons vegetable oil
4 eggs

steamed rice, sliced spring onions, coriander leaves to serve

1. In a medium saucepan, combine water and sugar. Stir over low heat until sugar dissolves. Bring to the boil on high. Reduce heat to medium and simmer for 4-5 minutes until syrup turns pale caramel.
2. Add fish sauce, juice, tamarind, garlic and chilli, then remove from heat.
3. Heat oil in a large frying pan on medium. Fry eggs sunny-side up for 2-3 minutes until whites set and edges are golden and crisp.
4. Serve eggs on a bed of steamed rice. Spoon sauce over. Sprinkle with spring onion and coriander leaves.

Top tip

♦ Serve with noodles and add some crispy fried shallots and sliced chilli, if desired.



For more tasty recipes see

 FOODTOLOVE.CO.NZ

TURN AN ORDINARY WEEKNIGHT into a SPECIAL NIGHT



pams'
FINEST



Devoted to tea

The people at the Bell Tea Company are devoted tea drinkers with some clever tricks up their sleeves for making the perfect cup – especially Beverage Specialist Johnny!

THE SCIENTIFIC TEA BREWER

NAME Johnny Leung, Bell Tea Company

TEA OF CHOICE Bell Kenya Bold

I work for the Bell Tea Company as a beverage specialist and to say I've developed a real passion for the craft of tea making is an understatement!

My wife doesn't drink coffee, so at home I've pioneered a new way of making tea using coffee technology. I figured it works so well with coffee, why not tea?

Without getting too technical, I use a coffee syphon which is basically a scientific method of boiling water at a controlled temperature by using two glass vessels. I brew a mixture of different Bell blends – the key ingredient being Bell Kenya Bold because it has such a full flavour and body. I serve it with evaporated milk.

Talk about a win-win. It's delicious, I get to use my coffee making equipment and the end result is something special that my wife gets to enjoy it too.

When family and friends visit they always ask, "Johnny, can you make that, what do you call it... that tea syphon?" It's a hit!

I'm New Zealand born and bred but my parents are from Hong Kong and tea is a huge part of our Chinese culture.

One of my most memorable moments with tea was our wedding. The day before, we underwent the traditional tea ceremony, kneeling before our respected elders and presenting them with tea. It was a way of saying, "Thank you for everything and that we hope we can grow stronger as one big family."

When I'm not using my syphon, I prefer my tea strong and black but there's no right or wrong way to drink it.

I find it completely invigorating. I'll look at the dishes from the night before and I'm, like, "You know what? I'll have a cup of tea first," and then I'm ready for the household chores.

LEFT

Johnny brews his Bell Kenya Bold tea in a coffee syphon and tops it off with evaporated milk for strong flavour.



"My wife doesn't drink coffee, so at home I've pioneered a new way of making tea using coffee technology."



New Zealand's favourite* green tea.

Equally *delicious* in pink.



*New Zealand's leading green tea brand with 22.1% value share. Source: IRI NZ Grocery scan data, MAT to 08/01/2017.

Just one MORE SLICE...

Our irresistible loaf cakes are perfect with a cuppa!

Raspberry & Coconut Loaf

**SERVES 12 PREPARATION 10
MINUTES COOKING 45 MINUTES**

Preheat oven to moderately slow, 160°C. Lightly grease and line an 11 x 21cm loaf pan with baking paper. In a large bowl, using an electric mixer, beat **125g softened butter**, **¾ cup caster sugar** and **1 teaspoon vanilla extract** together until pale and creamy. Add **2 eggs**, one at a time, beating well after each, scraping down sides of bowl. Lightly fold **2 cups sifted self-raising flour** into creamed mixture alternately with **⅔ cup milk**, beginning and ending with flour. Fold **1 cup frozen raspberries** and **½ cup desiccated coconut** through. Spoon mixture into pan, smoothing top. Bake for 45-50 minutes until cooked when tested. Cool in pan for 5 minutes before transferring to a wire rack to cool. To make coconut buttercream, in a small bowl, using an electric mixer, beat **125g softened butter** and **1 teaspoon vanilla extract** until pale. Gradually beat in **1½ cups sifted icing sugar**. Beat in **½ cup desiccated coconut**. Pile buttercream onto cooled cake and sprinkle with extra coconut. Top with **fresh raspberries** and **chopped pistachios**.

Top tip

♦ You can pipe the icing for a special effect.



Lemon & Poppy Seed Loaf

SERVES 12 **PREPARATION** 10 MINUTES
(PLUS SOAKING) **COOKING** 50 MINUTES

Preheat oven to moderately slow, 160°C. Lightly grease and line an 11 x 21cm loaf pan with baking paper. In a small bowl, **soak 2 tablespoons poppy seeds** with **2 tablespoons milk** for 10 minutes. In a large bowl, using an electric mixer, beat **125g softened butter**, **¾ cup caster sugar** and **1 teaspoon vanilla extract** together until pale and creamy. Add **2 eggs**, one at a time, beating well after each, scraping down sides of bowl. Lightly fold **2 cups sifted self-raising flour** into creamed mixture alternately with **⅔ cup milk**, beginning and ending with flour. Stir poppy seed mixture through. Spoon mixture into pan, smoothing top. Bake for 45-50 minutes until cooked. Cool in pan for 5 minutes before transferring to a wire rack to cool completely. To make lemon icing, sift **2 cups icing sugar** into a bowl. Beat in **20g butter**, **1 tablespoon each lemon juice** and boiling water until a spreadable consistency. Spread over cooled cake and sprinkle with **shredded lemon zest**.

Top tip

♦ Store cake in an airtight container for up to three days.



Pineapple, Ginger & Chocolate Loaf

SERVES 12 **PREPARATION** 10 MINUTES
COOKING 1 HOUR

Preheat oven to moderately slow, 160°C. Lightly grease and line an 11 x 21cm loaf pan with baking paper. Drain **440g can crushed pineapple**, reserving juice for syrup. Using an electric mixer, beat **125g softened butter**, **¾ cup caster sugar** and **1 teaspoon vanilla extract** together until pale and creamy. Add **2 eggs**, one at a time, beating well after each, scraping down sides of bowl. Lightly fold **2 cups sifted self-raising flour** into creamed mixture alternately with **⅔ cup milk**, beginning and ending with flour. Fold through drained pineapple. Spoon mixture into pan, smoothing top. Bake for 1 hour until cooked. Cool in pan for 5 minutes before transferring to a wire rack to cool completely. To make pineapple and ginger syrup, in a saucepan, combine **½ cup caster sugar** and **reserved juice**. Stir on low until sugar has dissolved, then bring to the boil on medium. Boil, without stirring, for 5-6 minutes until syrupy and reduced by half. Set aside to cool slightly. Stir **¼ cup finely chopped glacé ginger** through. Using a skewer, poke holes in top of warm cake, spoon warm syrup over top while still warm. Cool. Drizzle with **melted dark chocolate** to serve.

Top tip

♦ Fold ingredients into creamed mixture lightly for best results.

YOUR GUIDE TO THEIR FIRST PHONE

Giving your child their first phone is a new journey for parents too, says **Digi-parenting** expert Dave Atkinson



My child is getting their first mobile phone, what do I need to know?

"I spent a long time convincing my parents to let me have my first phone and used all the classic arguments about safety and emergencies. In reality, I just wanted to text my friends and avoid talking to girls in person. This was 17 years ago, when the choice of phones was limited to a flip phone or candy-bar phone. Things have changed since then.

"Getting that first phone is a big day for kids, but it's a big day for parents too. It marks new independence and requires a new level of responsibility from your child."

When is the right time for kids to get their first phone?

"Kids come under pressure from their peers to get a phone and this quickly transfers to you. Be informed by what other families are doing with technology but your family gets to make their own decisions.

"While the average age for a child to get their first smartphone is now around 10, consider the maturity your kids are showing before taking the technology plunge. If you don't feel they're ready just yet, let them know what you expect to see to indicate they are ready – chores, caring for their belongings and so on."

What sort of phone should I get my child?

"Some families start with a 'shared' phone that belongs to the whole family. This phone is used primarily for safety so a child can access help or transport when needed. When a child is able to operate reliably within this framework, a phone can

be given to a child to use independently. First phones don't have to be brand new – as with cars and clothes, hand-me-downs work well in this scenario. When it's time for a younger sibling to get a phone, big sister/brother hands theirs down and gets a new mobile. There is also a good range of entry-level smartphones that you can purchase for under \$100.

"Start with a phone that has no or limited access to the internet. Prepay plans are a great way to start. Negotiate how many minutes and texts they require each month and find a plan that suits. This is an easy way to keep an eye on their phone usage. Once they have graduated from prepay, consider a sharing plan which allows you to share your data, texts and minutes from your plan with your child."

What are some rules to put in place?

"Start as soon as your child

gets their first phone. More is better than less at this point – you can always take restrictions away, but it's harder to add extra ones later. Also, your kids will be so keen for a phone, they'll happily agree to multiple rules!"

Here are a few simple rules for kids and their new phone:

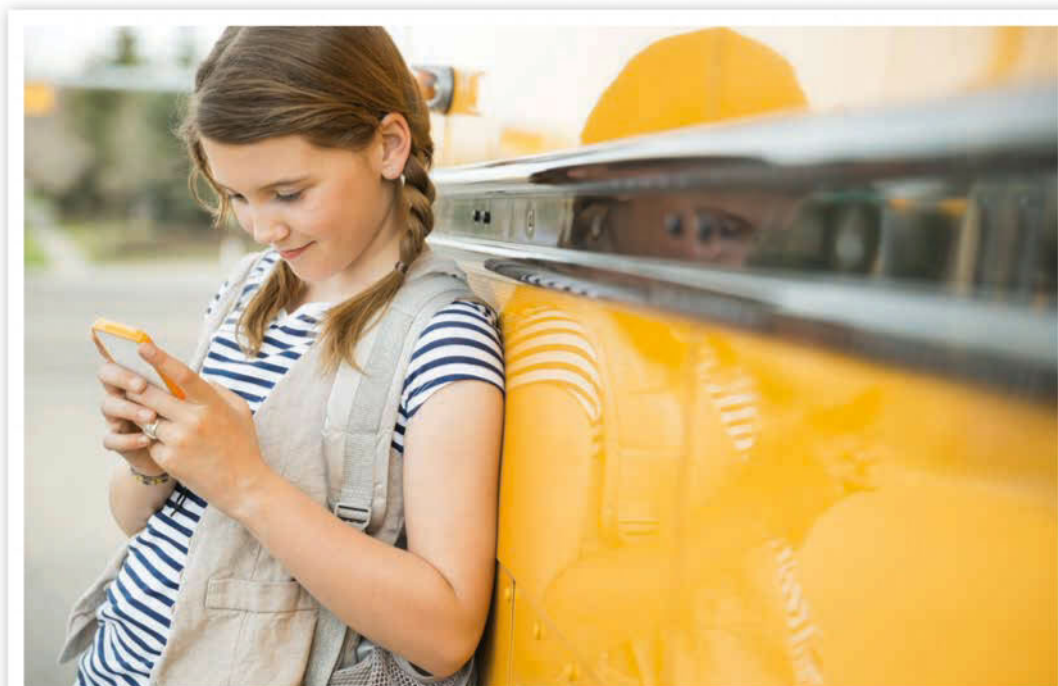
- **Bedtime.** Your child has one and so should their phone. All phones go in a "charger basket" in the kitchen at night, including yours (and then sneak yours out when they're in bed).
- **Manners.** Phones seem to turn kids into zombies. A powerful antidote to this is manners. You don't look at your phone when someone is talking to you and you don't bring your phone to the table.
- **Technology-free time.** Insist on respect for family and social time. Maintain a standard where technology is not a part of every occasion.
- **Limits.** I have heard good

parenting defined as "the right mixture of love and limits". Most phones have built-in parental controls and a digi-family agreement is a good idea. You can download one at digi-parenting.co.nz.

- **Communication.** Foster an open line of communication with your child about online content. This encourages your child to have a conversation with you if they see/receive anything that makes them feel uncomfortable.

Getting a first phone is an exciting new journey for your child but giving them a phone doesn't mean giving them free reign in this digital world. Stay engaged, learn alongside your child, and put healthy boundaries in place to ensure their safety and enjoyment.

For more helpful advice and information about sharing mobile plans, visit digi-parenting.co.nz.





Stuffed Courgettes



*Cut out
and keep!*

**Char-grilled Courgettes
& Chicken Pasta**

Courgette CRUSH

**Baked Herbed
Fish & Courgettes**



**Free-form
Mediterranean Pie**



◀ Char-grilled Courgette & Chicken Pasta

SERVES 4 PREPARATION 15 MINUTES
COOKING 10 MINUTES

500g bow tie pasta
4 courgettes, thinly sliced
125g shaved prosciutto, torn
2 tablespoons olive oil
2 tablespoons lemon juice
2 garlic cloves
1½ cups shredded rotisserie chicken
⅓ cup sun-dried tomatoes, chopped
¼ cup shredded basil leaves, plus extra leaves to serve
½ cup shaved parmesan to serve

1. In a large saucepan of boiling salted water, cook pasta following packet instructions. Drain well. Transfer to a large bowl.
2. Preheat a char-grill pan or barbecue grill on high. Lightly spray courgette slices with oil. Char-grill for 1-2 minutes each side until tender and light grill marks appear. Transfer to a plate.
3. Cook prosciutto in a heated nonstick frying pan

for 1-2 minutes until crispy. Break into pieces.

4. In a jug, whisk oil, lemon juice and garlic together, then season to taste.

5. Add courgette, chicken, tomatoes and basil to pasta. Drizzle with dressing and toss well.

6. Divide between serving bowls. Serve topped with basil leaves, prosciutto and shaved parmesan.

Top tip

♦ For variation, replace chicken with drained and flaked tuna.

Stuffed Courgettes

SERVES 4 PREPARATION 15 MINUTES COOKING 35 MINUTES

500g beef mince
1 red onion, finely chopped
¼ cup fresh breadcrumbs
¼ cup grated parmesan
1 egg, whisked
2 tablespoons parsley, chopped
2 garlic cloves, crushed
4 courgettes
1 cup tomato passata
½ cup grated mozzarella
½ cup grated tasty cheese
mixed salad, toasted Turkish bread to serve

1. Preheat oven to moderate, 180°C. Lightly grease a 20 x 30cm baking dish.
2. In a bowl, combine mince, onion, fresh breadcrumbs, grated parmesan, egg, parsley and garlic.
3. Halve courgettes lengthwise. Scrape out the flesh with a teaspoon, leaving a 5mm-thick shell.
4. Stuff courgette shells with mince mixture. Place side by side in dish. Pour over passata and sprinkle with combined

grated mozzarella and tasty cheese.

5. Bake for 30-35 minutes until golden and bubbling. Serve with mixed salad and Turkish toast.

Top tip

♦ To make it easier to remove courgette flesh, microwave on high for 30 seconds first.



Free-form Mediterranean Pie

SERVES 4 PREPARATION 10 MINUTES
COOKING 35 MINUTES

2 sheets frozen puff pastry, thawed
2 courgettes, sliced
125g (½ punnet) cherry tomatoes
100g feta, crumbled
50g sliced salami, chopped
⅓ cup seeded black olives
1 tablespoon olive oil
baby rocket leaves to serve

1. Preheat oven to hot, 200°C. Lightly grease and line two oven trays with baking paper.
2. Cut corners from pastry to form a round. Place one on each tray.
3. In a bowl, combine sliced courgettes, halved cherry tomatoes, crumbled feta, sliced salami and olives. Add olive oil, tossing well to coat. Season to taste.
4. Divide mixture evenly over each pastry round, leaving a 4cm border. Pleat pastry around filling to form a rustic pie edge, leaving top open. Press to seal edges.
5. Bake for 30-35 minutes

until pastry is golden, puffed up and crisp. Cut into quarters and serve hot or cold with rocket, dressed as liked.



Baked Herbed Fish & Courgettes

SERVES 4 PREPARATION 15 MINUTES COOKING 15 MINUTES

⅓ cup basil leaves
¼ cup parsley leaves
¼ cup macadamias
¼ cup panko breadcrumbs
¼ cup grated parmesan
4 x 150g white fish fillets, boneless, skin removed
3 courgettes, shaved
1 long red chilli, sliced
1 tablespoon lemon juice
1 tablespoon olive oil
potato wedges to serve

1. Preheat oven to hot, 200°C. Line two oven trays with baking paper.
2. In a food processor, pulse basil, parsley, macadamias, breadcrumbs and parmesan to form a paste.
3. Place fish fillets on one tray. Press breadcrumb mixture on top to cover.
4. In a bowl, toss courgettes, chilli, lemon juice and olive oil together. Place on second tray.
5. Bake fish and courgette for 10-15 minutes until courgette is tender and fish is cooked through – it will flake easily when tested with a fork.

6. Serve fish topped with courgette mixture, accompanied by potato wedges, if desired.





Escape to the Gold Coast with our Red Label Upgrades!



Mantra on View
Airfare + 4 nights
4½-star

double
share from **\$749*** pp

ADD ON a Red Label Upgrade & receive

- ✓ Upgrade to an Ocean View Room*
- ✓ Buffet breakfast daily
- ✓ Dinner at Bazaar
- ✓ Return airport transfers*

\$149* pp
from an additional



Mantra Sun City
Airfare + 4 nights 4½-star

from **\$785*** pp

ADD ON a Red Label Upgrade & receive

- ✓ Upgrade to a One Bedroom Ocean View Apartment*
- ✓ Buffet breakfast daily
- ✓ Dinner at Bazaar
- ✓ Return airport transfers*

\$149* pp
from an additional



QT Gold Coast
Airfare + 4 nights 5-star

double
share from **\$865*** pp

ADD ON a Red Label Upgrade & receive

- ✓ Upgrade to a QT Ocean View Room*
- ✓ Buffet breakfast daily
- ✓ Dinner at Bazaar
- ✓ Return airport transfers*

\$199* pp
from an additional

LOWEST AIRFARE GUARANTEE

We will beat available airfare quotes for international flights departing from New Zealand or you fly free!
Excludes domestic airfares. Conditions apply*

FLIGHT CENTRE *The Airfare Experts*



flightcentre.co.nz/redlabel



0800 888 750

*Terms & Conditions: Prices are correct as at 23 Feb 2017, are subject to availability & are subject to change without notice. All airfares & holiday packages are from Auckland in Economy Class. Selected travel dates apply. **Sales period:** Valid for sale until 04 Mar 2017, unless withdrawn or sold out prior. | **Red Label Upgrades:** Only applicable when booked in conjunction with selected advertised holiday packages, staying at the same hotel. **Room Upgrades:** Subject to availability at time of booking. **Mantra on View & QT Gold Coast room upgrades** are based on double share. **Airport Transfers:** Based on a seat in coach from Gold Coast Airport. | **General conditions:** All prices are per person, in NZ Dollars, unless otherwise stated. All prices are based on payment by cash or EFTPOS only. Airfares & holiday packages include airline, operational costs, prepayable taxes & airport charges unless otherwise stated. Additional levies, government charges & other applicable fees may apply & are beyond our control. Minimum & maximum stay restrictions may apply. Selected deals are based on restricted flight schedules, hotel check in/out time & are ultimately the responsibility of the passengers upon booking to ensure flight schedules & hotel check in/out time are suitable for their needs. Seasonal surcharges & blackout dates may apply depending on date of travel. Stopovers & alternative routes may incur additional costs. Prices are valid for new bookings only. Accommodation, holiday packages, cruises & tours are based on twin share unless otherwise stated. Holidays are based on consecutive night stays. Accommodation star rating is based on Flight Centre ratings & is a guide only to the overall quality of the property. The accommodation, cruises, airfares, coach & small group tours & any other components included in your holiday are provided by carriers & hoteliers with their own terms & conditions, which your booking is subject to. For full terms & conditions visit www.flightcentre.co.nz/bookingterms. | **Lowest Airfare Guarantee:** Applies to genuine airfare quotes from airlines & New Zealand registered businesses & websites for international flights departing from New Zealand. Excludes domestic airfares. Quote must be in writing, in New Zealand dollars, inclusive of all credit card fees, booking fees & taxes, & must be presented to us prior to booking. Airfare must be available & able to be booked by the general public when you bring it to us. It must also be for same dates, flight routing, flight class & number of people. Airfares available due to membership of a group or corporate entity or subscription to a closed group are excluded. We will beat the price for airfares by \$1 & give each traveller a \$20 travel voucher. For full terms & conditions www.flightcentre.co.nz/lowestairfareguarantee FC11WD270117



Travel

Travel Editor Sarah-Kate Lynch

Take a trip to LA LA LAND!

Hit all the stunning spots from this award-winning flick and get swept away like Emma and Ryan

Mt Hollywood Drive

Cathy's Corner

Want to see where Ryan Gosling and Emma Stone filmed their duet "A Lovely Night"? The actual spot is called Cathy's Corner and the producers brought in the street lamps and park bench you see in the film. But you can still cruise Mt Hollywood Drive to this paved street hugging the hillside. Tap shoes optional!



Take a trip up Mt Hollywood Drive for a view over LA.



The classic 1925 cinema even has an orchestra pit.



It's the spot where they sang "A Lovely Night".

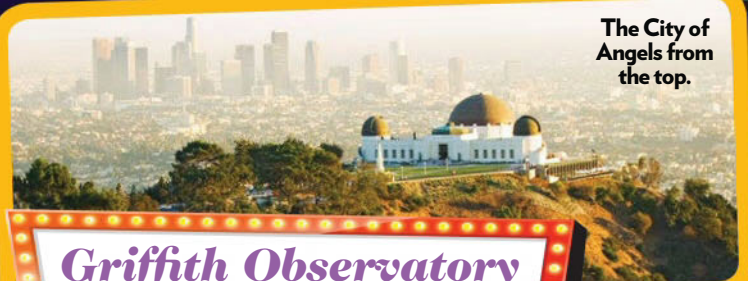
The Rialto Theatre

Pasadena

In the movie, Sebastian and Mia go to see *Rebel Without a Cause* at this historic cinema. In real life, the theatre is closed, although there are plans to develop the site. But if you hurry, you can still get a selfie before they tear it down!



See it before developers take over!



The City of Angels from the top.

Griffith Observatory

Griffith Park

Head up to the Observatory on the south-facing slope of Mount Hollywood in Los Feliz's Griffith Park for some awesome views of Los Angeles, as well as cool, interactive exhibits the family will love – think telescopes and live shows. There's a café too, so

you can while away the hours gazing at the surrounds over a coffee. Or you can get really romantic and head up at night like they do in the movie – it's open until 10pm, so you can gaze at the stars together! For more information, head to griffithobservatory.org.

Sebastian and Mia at the Lighthouse Café.





It's a long shot, but a kiss with Ryan could be a possibility!

The Warner Bros Lot

Burbank

The shots of Mia working in the Warner Bros café weren't actually filmed there, but you can still get a glimpse of how a studio lot works by taking the Warner Bros studio tour. Explore the famed backlots and visit one of the many sound stages where today's biggest TV shows and movies are made. With actual filming happening all around you, no two tours are ever alike and you never know who you might run into. Check out wbstudiotour.com to book!



See where the movie magic happens!

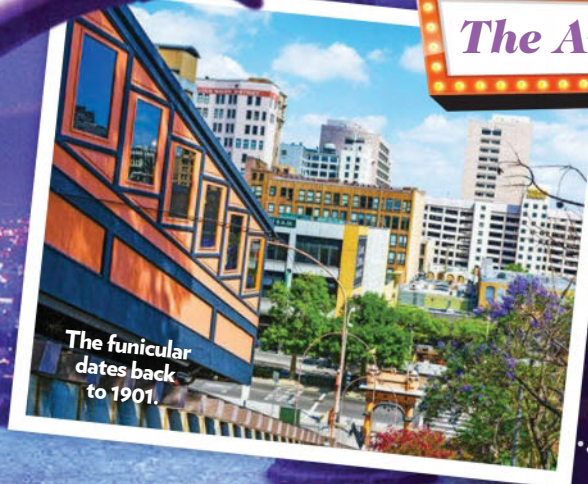


You'll recognise backlots from some of your fave shows and movies.

The Angels Flight

Funicular Railway, Downtown LA

The 116-year-old railway hasn't been operating since 2013, but you can still take some pictures and check out where some of that memorable falling-in-love scene was filmed. See more at angelsflight.org.



The funicular dates back to 1901.

Grand Central Market

Downtown LA

There's a renaissance happening in Downtown Los Angeles right now. This gourmet dream destination used to be a fresh food market for the workers who lived in the area – it's been there since 1917 – but now it's become a one-stop-shop for hipster cafés, Mexican delights, cakes, specialty foods and a branch of the now iconic Eggslut café, where you need to be prepared to line up for the delicious egg-filled rolls and sandwiches. It's also home to the real Sarita's – the Salvadorian café Emma and Ryan go to in the film. Visit grandcentralmarket.com for more info.



Seb and Mia at Sarita's Pupuseria in the Grand Central Market.

Lighthouse Café

Hermosa Beach

Want to dance the night away with Ryan? We can't promise it, but you can try Hermosa Beach – which is less crowded than Santa Monica – and head straight for the pier. It's where he danced with the old couple and sang "City of Stars". Enough said! And if you want to take a picture, hit up the iconic Lighthouse Café – it's where Ryan's character performs on stage and where he introduces Mia to jazz!



Hermosa Beach is the backdrop of many films and TV shows.



Have your way with a yummy Eggslut egg roll!



Nearly half of
Woman's Day readers
always orgasm at
least once during sex.
....Come again?

LoveLife

Visit **peachesandcream.co.nz** or head in store today.
Auckland, Hamilton, Wellington, Christchurch and Dunedin

Source: Bauer Insights: 2016 Peaches and Cream Study. Base: People aged 18+ who have sex at least several times a year



*Jodie Molloy
answers
your most
intimate
questions*

LET'S TALK ABOUT SEX

Q I have read *Fifty Shades of Grey* more than once and am now quite keen to try using handcuffs on my husband. We haven't tried anything kinky before, so should I ask him first before buying and surprising him? I don't want to be embarrassed if he turns me down.

● Curious, Wanaka

A If you want to try handcuffs, then you should buy them. What harm can there be in introducing something sultry and fun to the bedroom? Not expecting something titillating can sometimes be half the fun. Ask yourself if you would be offended if your husband brought handcuffs – or anything else for that matter – home and asked you if you were willing to give them a go? The main thing to remember is communication and trust – and having a safety word for exiting any kind of sex play is key. If he's against the idea of that kind of play, don't be disheartened. Everybody has the right to be different. Instead, use any potential rejections as means to start dialogue about what else he may enjoy that you could mutually experiment with.

Q I love my boyfriend a lot, but having sex with him is so painful sometimes that I don't want to engage in it at all. I have been to the doctor and there's nothing physically wrong with me. My boyfriend wants to have doggy-style sex, but this position hurts the most. What can I do? I don't want him to break up with me just because I'm boring in the bedroom.

● Upset, Papamoa

A This is a common complaint from a lot of women and you don't have



to feel you are boring. Think of yourself as the opposite.

There are loads of sexual positions just made for the person who finds penetration not always comfortable. You need to find the position that

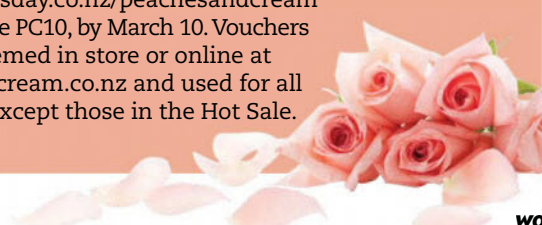
causes you the least physical issue and make it your own – from standing-up sex, 69-ing or even small things like putting a pillow under your waist or a leg lock. You could try making love while sitting

on a table or chair, as a surface can help alleviate pain.

Seize the day or night and play around a little to see what feels right for you, and have fun with what works. Don't concentrate on the one or two positions that don't feel right. And don't apologise or hide anything from your partner. I'm sure he'd be upset to think you were having sex with him one way just to keep him satisfied.

STOCK UP YOUR ADULT TOY BOX!

Get adventurous and expand your sexual world with Peaches and Cream, which has the largest selection of erotic playthings and sex toys in New Zealand. To help you stock up, we have \$200 worth of Peaches and Cream vouchers to give away. To enter, visit womansday.co.nz/peachesandcream with the code PC10, by March 10. Vouchers can be redeemed in store or online at peachesandcream.co.nz and used for all sale items, except those in the Hot Sale.



Questions for Jodie

Write to
wdaynz@bauermedia.co.nz
or Woman's Day Private Bag 92512,
Wellesley Street, Auckland.



A date with Sarah-Kate

BOOZE CONTROL

This year, Sarah-Kate's doing things by halves!

After the success of last year's **NOVEMBER** – a pre-festive season month of teetotalling – I'm trying something new. Not moderation! Don't be silly. I'm still me. But a version of moderation that involves only tipping on half of the days in any given month.

And I don't mean half of every day, although that's not a bad system – I mean if the month has 30 days, then I only tinkle on 15 of them.

Of course, it's only just March and I have to admit I never achieved my goal in January, but the idea only occurred to me once my New Year's Eve hangover cleared, which took about a week, and I still made it to 12 booze-free days.

In February, I fared better, striking 14 days of sobriety.

Why the fuss, you may ask? It's not as though I'm constantly hitting the vodka bottle and cycling down the main road, wearing nothing but a feather boa while singing "La Marseillaise". (I only did that once and it was a long time ago.)

No, it's more that although I only eat like a sparrow (note: actual sparrows might disagree), somehow the extra kilograms still collect around my middle, my thighs and the wibbly-wobbly bits of my arms.

There's no way in the world I'm going to eat any less. Eating is my hobby. Besides, I tried the 5:2 diet, but on my first day of attempting to manage on just a measly

500 calories, I abandoned ship. It's just not enough. I'm not that sort of a sparrow. For me, it ended up being the 364:1 diet.

However, I was quite encouraged by the idea of a regime where you only have to get through one day of pain and torture to achieve your goal before going back to things the way you like them, hence the development of my 50:50 wine diet.

By hitting the bottle only every second day – and when I say hit, it's really more of a light slap – I'm hoping that those dresses I can't fit into will soon once more be mine.

The Ginger is far less impressed with the new regime because, despite his deep abiding lack of interest in how well or otherwise I get

into my frocks, he's on it too.

To try to involve him more – "enthuse" would be a stretch – I got him to print up a calendar for each month with a big glass of beer and a champagne flute on every date.

As every alcohol-free day passes, he's allowed to mark it with a fluoro pen to chart progress – a little ritual we like to call "knocking the bastard off" in honour of Sir Edmund Hillary.

Of course, in climbing Everest, Sir Ed achieved something far greater than demi-abstemiousness. But the Ginger would argue that being forced into a no-beer zone by a flubbery wife sick of getting her back fat caught in a zipper is every bit as much of a struggle.



Kate's home truths

COLD COMFORT

Kate's kids succumb to the summer sniffles

I'm not sure if I can blame the weather for this. Auckland has not had the best of summers. As with other parts of the country, we've seen more rain and wind than one would like to see at this time of year.

I'm sure it's been nice somewhere. Has it? Maybe if you live in Nelson or Hawke's Bay, you'll tell me you've had a glorious summer. I hope so. But all I can report here from Auckland is that it's been a bit of a damp squib.

Now I don't know if that's the reason, but this week, I've had two of our kids off school sick – one with a cold so bad, he "couldn't breathe" and needed an entire week in bed. No, he doesn't have asthma – his nose was blocked.

So yes, a man flu of sorts.

Anyhow, the ill-health crisis that gripped our family seemed to last an entire week and let me tell you, when you've had seemingly endless months of summer holidays with kids at home, followed by long weekends with more kids at home, you kind of get towards the desperate end of the scale in terms of having these kids back at school. Love them as I do, it's nice to have a break from the whining between nine and three.

So the timing was off for me. I expect this kind of winter lurgy to come in, well, you know, actual winter. So I wasn't buying the line that colds had been got by "being outside". No, siree, not with that much humidity!

I mean, yes, it might be

raining, but in the ultimate humidity test of all time (how much my hair frizzes), I'd say it was frizz central. In other words, high humidity. Therefore, although cloudy, windy and rainy, it was not bracingly, bone-chillingly freezing.

Hence just "being outside" could not possibly have brought on the illness. I wasn't buying it. Either way, I was determined we all didn't go down like flies. Which usually happens in a family this size. One gets sick, then another and another, and before you know it, you're running your own regional hospital ward. No, no, no, we could not all get sick for many reasons – not least of which being that my daughter and I were off to school camp the following week and needed to

be in tip-top health for that! And also, of course, because it just felt wrong to get sick in February.

So I tried to quarantine and isolate the patients in their own bedrooms, supplied lashings of honey and lemon, administered buckets of Panadol and Vicks, and attempted eucalyptus steam inhalations for my son that just ended in more "I can't breathe, Mum!" rants. But I was doing my best. When my youngest daughter showed the smallest hint of a cough, I lavished her in vitamin C and willed her to stay strong.

So we survived the week – just. But can I say to every single teacher out there, now that they're healthy again, you are welcome to have them back and thank you from the bottom of my heart for being there.



ASK POLLY

Get your advice from Polly Gillespie, the fast-talking breakfast co-host of The Hits

Pollyism of the week

I have a little spare time on my hands at the moment. Long story. I won't bore you with it right now, but I will one day, for sure.

Anyway, I have this time and I am using it to binge-watch every episode ever of *Sex and the City*.

Thank God I'm sober because last time I binge-watched, it may have been when my drinking started to spiral out of control.

These women are

typing "evening education" and "short university papers" into my computer.

The idea of being a philosopher or expert in world religion or the Middle Ages is thrilling. Yet I keep getting called back to literature. I'm called by "Writing for Travellers. The Art of Travel Writers."

And "Children's Literature". (That's writing material for children – not being in a class of small people, feeling very ridiculous but

'I need to get off my booty, stop watching Sex and the City and use my time wisely'

constantly drinking. They practically have a drink in every scene, though Kim Cattrall told me she didn't drink a drop for the whole decade of shooting. So while they were dry, we were turning into midday champagne drinkers.

I really need to get off my booty, stop watching *Sex and the City* and use the time wisely.

Ugh. That's like being told to do an impromptu speech on a topic of your choice. Bitch of a thing to have to do.

My lawyer friend thinks I need to do something fabulous, interesting and good for my soul.

I need a course. Not a yoga lesson or a session in jewellery making. I need a class that will thoroughly intrigue and push me. Right, that should be easy.

So I immediately start

reasonably smart.)

I want to be called by upholstery, Italian cooking or jewellery making, maybe even religions of the East. But no, it appears there is only one thing I want to do more of ... writing.

So I registered for the courses in travel writing and children's writing, and even a refresher in my beloved linguistics.

I fear I am a one-trick pony, but I want you to know I was desperate to want to learn upholstery – I just couldn't bring myself to fork out over \$180 for something I wouldn't attend.

Gosh, maybe I am actually growing up.

x Polly



Q My husband has gone off sex. It's been gradual, which I know happens in long-term marriages, but over the last few months, there has been nothing. He just rolls over and says he's tired or stays up on his computer once I've gone to bed. Perhaps we need a sex therapist, but I'm too embarrassed to bring it up with anyone.

● **Waiting, Rotorua**

A Sounds to me like he needs his testosterone levels checked. Before you go the therapy route, I think tests on his male hormones are the place to start. If they're all good, it's off to therapy!

Q My teenage daughter keeps sleeping through her alarm and missing first period at school. I leave for my job too early to wake her up and she's getting in trouble. I try ringing her, but she can't hear the phone. Worst of all, she's blaming

me for not waking her up, but it would mean getting her out of bed at 4am! Is there an obvious solution I'm missing?

● **Alarmed, via email**

A Teenagers need sleep, but I rather fear she is missing out at bedtime. Is she asleep by 10? Do we need to take the door off her room to ensure she's not on her phone all night? (Taking the door off the room is a great threat, by the way!) Firstly, she needs to be getting at least eight hours of sleep and, secondly, phoning her won't do the trick. You need heavy-duty old-school alarms set all over her room. I'd say six old alarm clocks will do the trick!

Questions for Polly?

Write to
wdaynz@bauermedia.co.nz or
Woman's Day, Private Bag 92512,
Wellesley Street, Auckland.

COOL THINGS TO WATCH, READ, HEAR
AND DOWNLOAD THIS WEEK!



ENTERTAINMENT
WRITER
ELLEN MACKENZIE

THE REAL
HOUSEWIVES
OF SYDNEY,
TUESDAY, 8.30PM,
BRAVO

RE

SYD

**ATHENA X LEVENDI
IS THE NEW
ANGELA STONE**

This eccentric painter is a clone of Miss Stone! Both spiritual believers, Athena will bring instant flashbacks to Angela having daggers pulled from her chakra.

**LISA OLDFIELD
IS THE NEW
LOUISE WALLACE**

She's the wife of scandalous politician David Oldfield and says her Melbourne counterparts married into money. Those sound like the words of our Louise!

**VICTORIA REES
IS THE NEW
GILDA KIRKPATRICK**

The claws are sharp on this one! Just like Auckland's Persian princess, this Bondi Beach entrepreneur isn't afraid of a fight.

**NICOLE O'NEIL
IS THE NEW
JULIA SLOANE**

Like our Julia, this Miss Australia winner loves gossip. The beauty queen has loose lips, especially behind other people's backs!

WHO AM I?

CAN YOU GUESS WHICH
SYDNEY HOUSEWIFE SPARKS
THE FOLLOWING DRAMAS?

- 1 In the first episode, one Housewife is likened to the hairy Chewbacca from *Star Wars*.
- 2 A trip to Singapore ends badly for one lovely lady, who makes a tearful plea to leave the show.
- 3 One Housewife throws another's cape into the Sydney Harbour in the action-packed premiere.

AL HOUSEWIVES NEY VS AUCKLAND

REALITY TV

DON'T
MISS

LET'S GET REAL!

The very best unscripted (and unbelievable!) shows out now.



SO COSMO

If you've ever wondered what it's like to work at *Cosmopolitan* magazine, then check out this new doco-style series.

Tuesdays, 9.30pm on E!



THE BACHELOR NZ

We're buzzing over the announcement of the dreamy new Bachelor! It's the series everybody loves to hate and we can't wait for it to start next month. **Coming to Three in March.**



KEEPING UP WITH THE KARDASHIANS

They still make the best reality TV, so don't miss a minute of the new season! **Starting Monday, March 6, 3pm & 9.30pm on E!**



MARRIED AT FIRST SIGHT

Tune in for our favourite matchmaking show, which has a whopping 20 contestants looking for love! **Monday to Wednesday, 8pm on Three.**

MATTY SAMAEI IS THE NEW ANNE BATLEY BURTON

This sassy lass is a highly respected non-surgical cosmetic nurse, but we can't help but liken her loud signature cackle to Anne's.

KRISSY MARSH IS THE NEW MICHELLE BLANCHARD

Both former models, Krissy definitely matches Michelle's sass and confidence! This Aussie gal is outgoing and not afraid to tell it like it is.

MELISSA TKAUTZ IS THE NEW ANNE BATLEY BURTON

She's a triple threat! While this actress/model/singer is the opposite to Anne when it comes to looks, she's a huge fan of champagne.

COOL THINGS TO WATCH, READ, HEAR
AND DOWNLOAD THIS WEEK!

JOHNNY DEPP

THROUGH THE AGES

To celebrate Jones! screening the original *21 Jump Street*, we look back at the young gun's rise to fame



1987

Before Channing Tatum and Jonah Hill, Johnny ruled *21 Jump Street* as undercover cop Tommy Hanson.

1984

His big break came as Glen Lantz in *A Nightmare on Elm Street*. Get the flick on iTunes to see baby-faced Johnny in action!



21 JUMP
STREET,
SATURDAY,
4PM, JONES!



1990

He took a dark turn in *Edward Scissorhands*, but it paid off! Catch the Tim Burton favourite on Sky Movies Classic.



1999

Travel back to the '90s and watch Johnny play daring Dean Corso in the thriller *The Ninth Gate*, which is also showing on Sky Movies Classic.



2003

Who could forget Captain Jack Sparrow in *Pirates of the Caribbean*? Catch the iconic swashbuckler on iTunes.



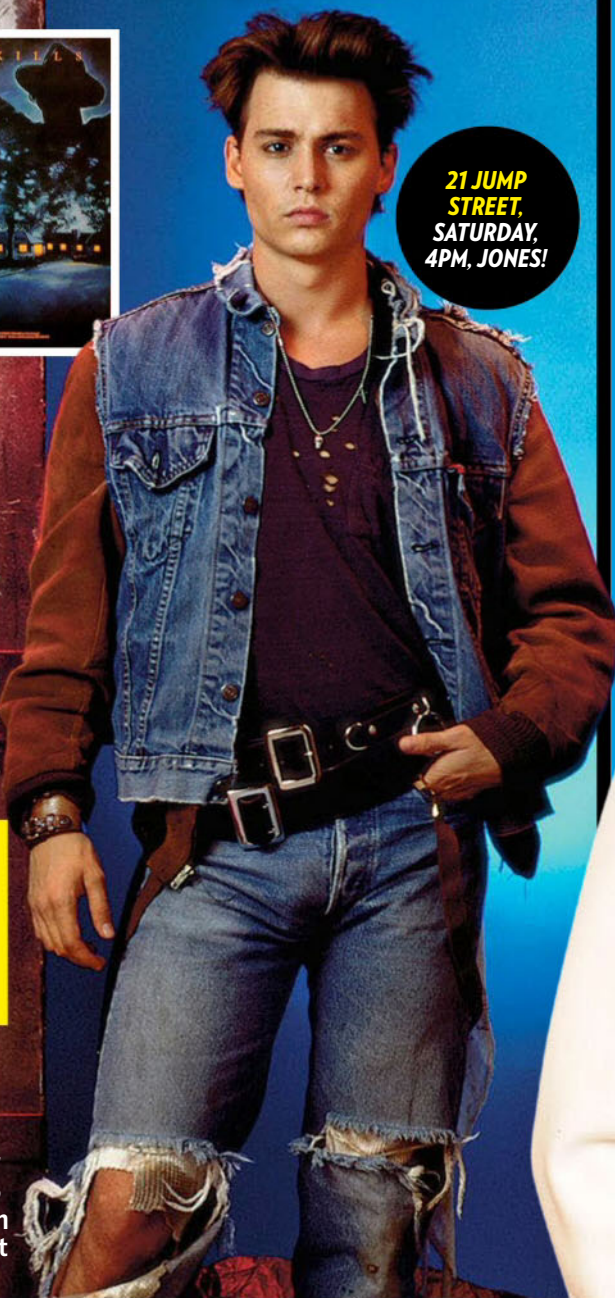
2010

He loves playing oddballs, so he was perfect as the Mad Hatter! Catch *Alice in Wonderland* on Neon.



2005

Yes, that's our guy as Willy Wonka in *Charlie and the Chocolate Factory*. Stream the sweet treat on Netflix.



SENSING
MURDER,
THURSDAY,
8.30PM,
TVNZ 2



KILLING IT!

Amanda's murder most foul

We've got chills over the new season of *Sensing Murder*! The hit show follows three psychics as they hunt for fresh leads in some of this country's most baffling unsolved murders.

Former *Shortland Street* star Amanda Billing has signed on to present the series and says that she's thrilled about the new project. Joining mediums (from left) Sue Nicholson,

Kelvin Cruickshank and Deb Webber, the *Find Me a Maori Bride* actress, 40, reveals fans can expect big things from the new season.

"The show is a little darker than it has been in the past," Amanda tells. "Also, something that's really struck me this time round is the quality of the re-enactments. They are incredible now because of the technology we have."

**WHEN WE
RISE,
SUNDAY,
MARCH 5, TVNZ
ONDEMAND**

FACES OF A REVOLUTION

GUY PEARCE

He's come a long way since *Neighbours*, but working on *When We Rise* was something special for Guy. "It was a really moving project," says the Aussie actor, who plays activist Cleve Jones. "We really felt how tenuous civil rights for minority groups still are, whether they're gay rights or women's rights, or rights for people with disabilities."

The power cast is rising up

Electrifying new mini-series *When We Rise* is dropping all episodes this Sunday on TVNZ OnDemand. The gripping story spans the LGBTQ rights movement from the Stonewall Riots in 1969 to its recent gains in 2015, when same-sex marriage was made legal in the US.

RACHEL GRIFFITHS

Last year, she was part of the *Hacksaw Ridge* cast and now she's taken on the role as social justice activist Diane, Roma Guy's wife (see below), who joined the Women's Movement in the 1970s in San Francisco.

MICHAEL KENNETH WILLIAMS

He's known for his leading roles in *The Wire*, *Boardwalk Empire* and *12 Years a Slave* – now Michael portrays African-American community organiser Ken Jones.

MARY-LOUISE PARKER

We loved this award-winning actress in TV hits *Weeds*, *The West Wing* and *Angels in America*, but she's also no stranger to the big screen after starring alongside Bruce Willis and Helen Mirren in the hit action comedies *Red* and *Red 2*. In this new series, Mary-Louise plays women's rights activist Roma Guy, who co-founded the San Francisco Women's Building.

CELEBRITY GHOST SIGHTINGS



JOAN RIVERS

The late comedienne claimed a ghost haunted her house and left "pornographic writings".



KEANU REEVES

"I remember just staring at this suit which had no body or legs in it as it came into the room before disappearing."



DEMI LOVATO

"I saw a little girl and she was dressed like she was from the 1800s. She was just standing in my closet."



MATTHEW MCCONAUGHEY

Matthew has a roommate in his house! "She's a cool ghost." He's named her Madame Blue!

WIN

DOCTOR STRANGE

After a Benedict Cumberbatch fix? *Doctor Strange* is out now on DVD! We've got your next movie night sorted with a prize pack that includes a copy of the DVD. To enter, visit womansday.co.nz/doctorstrange and enter the code DS10 by March 10.



BEST ON THE



1 BROADCASTCHURCH

SUNDAY, 8.30PM, TVNZ 1

The award-winning and critically acclaimed drama is back for a third season. Battle-weary detectives David Tennant and Olivia Colman return to take on their darkest case yet, with funnyman Lenny Henry as a suspect in a serious sexual assault.



3 SUITS

WEDNESDAY, 7.30PM,
PRIME

See what the hype is about and check out season one of the hit legal drama. Harvey introduces new boy Mike to the first client he brought to the firm, and learns a secret.



2 SAY YES TO THE DRESS

FRIDAY, 7.30PM,
TLC

Save the date for this epic wedding march! It's a frou-frou marathon of epic proportions with three hours of back-to-back bridal programming every Friday night in March. This week's line-up includes *Say Yes to the Dress*, *Say Yes to the Dress UK* and *Say Yes to the Dress Canada*. First up, the original US version of the franchise is set in Kleinfeld's Bridal in New York. From the "dadzilla" whose opinion rules, to the chick who stalked her dream dress on Instagram, are they destined to hear, "Here Comes the Bride"?



4 POLICE TEN 7

THURSDAY, 7.30PM, TVNZ 2

The home-grown crime-fighting series is back! In this year's premiere episode, a drunken man wakes up 80km from home, police experience the ugly side of social media and Detective Sergeant Rob Lemoto needs your help with a serious unsolved crime. Nab this one, folks!

BOX MONDAY FEBRUARY 27 – SUNDAY MARCH 5

**DON'T
MISS!**

**BEST OF
STREAMING**



5 DATING NAKED

**TUESDAY, 9.30PM,
BRAVO**

Meeting a potential soulmate for the first time in the nude sounds like a nightmare. But not for these brave daters. Filmed at an oceanfront resort on an island in Panama, the show focuses on six butt-naked hopefuls in their quest for romance. This week, 24-year-old Joe from New York and 36-year-old Wee Wee from Nashville get their kit off. What some people will do to find a partner!



6 APB MONDAY 8.30PM, TVNZ 1

Crime-fighting never looked so cool! The over-extended and under-funded Chicago Police Department is spiralling out of control when Gideon Reeves (played by Justin Kirk) steps in. The billionaire engineer and tech guru buys the force and gives it a serious upgrade. Fun fact: The drama was inspired by a real-life cop operation in New Orleans.



7 HEATHROW SATURDAY, 8.35PM, TVNZ 1

More than 75 million passengers from 84 countries arrive in London's Heathrow Airport every year. Head behind the scenes in this fascinating three-part series and follow the staff racing against the clock to process thousands of travellers in the busiest airport in Britain. In this week's first episode, meet Airside Safety Officer Glenn, staff from the Animal Reception Centre and a man who is living in the departure lounge after being deported from Thailand.



UNBREAKABLE KIMMY SCHMIDT

Season one and two on Netflix

Rating: ★★★★★

With a new season of Tina Fey's Netflix comedy on its way, now's the perfect time to get up to date!



THE WHITE QUEEN

Season one on Lightbox

Rating: ★★★★★

Based on the novel by renowned historical novelist Philippa Gregory, this series is set in war-ravaged England in 1464.



THE WITCH

Available Tuesday on Neon

Rating: ★★★★★

In this folktale of black magic and possession, pilgrims William and Katherine are torn apart when their newborn son disappears.



THE ONLY WAY IS ESSEX

Available on TVNZ OnDemand

Rating: ★★★★★

Get set for another helping of delicious drama and questionable clothing choices with the entire box set of season 18 landing this week.

Woman's Day PUZZLES

Relax with our fantastic collection of fun puzzles and you could win cash!

**Win
\$100**

Spot the difference MILEY CYRUS

Can you find the sixth difference between these two pictures of the pop star at the Women's March in Los Angeles? Write your answer on the entry form on page 90. February 13 solution: Stripes on Ashley's shirt change colour. Winner: A. Roche, Porirua.



Answers: 1. "PP" changes colour on sign 2. Extra peace symbol appears on sign 3. Extra "H" appears on sweatshirt 4. Number four is extended on sign 5. Extra tattoo appears on Miley's wrist 6. ???

Who am I?

I was born in Canada in 1963 to English parents. Dad was a salesman, but Mum had studied drama and encouraged me to perform. By my mid-teens, I had appeared in a number of commercials and in TV shows such as *The Littlest Hobo*. However, my first love was comedy. On the day I took my last high-school exam, in 1982, I auditioned for a comedy troupe in Toronto and got in. Three years later, I moved to London, where I was one of the co-founders of improv group The Comedy Store Players. Back in Canada, I continued to work in clubs and on a TV sketch show, often portraying a slacker rocker. My big break came after a move to the US in 1988, when I earned a place in the cast of *Saturday Night Live*. My rocker dude was a huge hit and in 1992, I released a full-length movie featuring Wayne and his pal Garth. Over the next decade, I starred in a string of hits, both as Wayne and as Austin Powers. I've since had a small part in *Inglourious Basterds* and starred in the 2008 flop *The Love Guru*, but I remain a household name thanks to my role voicing the ogre Shrek. Who am I?

SOLUTION NEXT WEEK

ACROSS

1. Sovereign ruler
6. Crowbar
10. Tulips and daffodils
14. Storm
18. Coat-collar part
19. Cut-flower holders
20. Delight (in)
21. Computer screen
22. Stated further
23. Aged photo hue
24. Accompanies
25. Hum tunelessly
26. Unyielding
27. Dessert, ... brulee
28. Hard-wearing trousers
30. Joy ride
32. Comes to rest (4,2)
35. Faded celebrity (3-4)
39. Confer holy orders on
42. Portable staircase
46. Launders
48. Carbonate
49. Vestige
50. Vertical measurement
51. Riles
53. Tiny island
55. US space organisation
57. Sailor
58. Meat and three ...
60. Plan
61. Colony insects
63. Ride bike
64. Kept us going, ... us over
65. Clergyman
66. Smelled strongly
70. From Sydney or Darwin
73. Stagger
74. Vigilant
75. Entice
76. Super
77. Intended victim
78. Fossil fuel
79. 12-month period
80. Stroke (guitar)
81. Pursuing
83. Painting support
85. Stem
86. Trembles
88. Roman XI

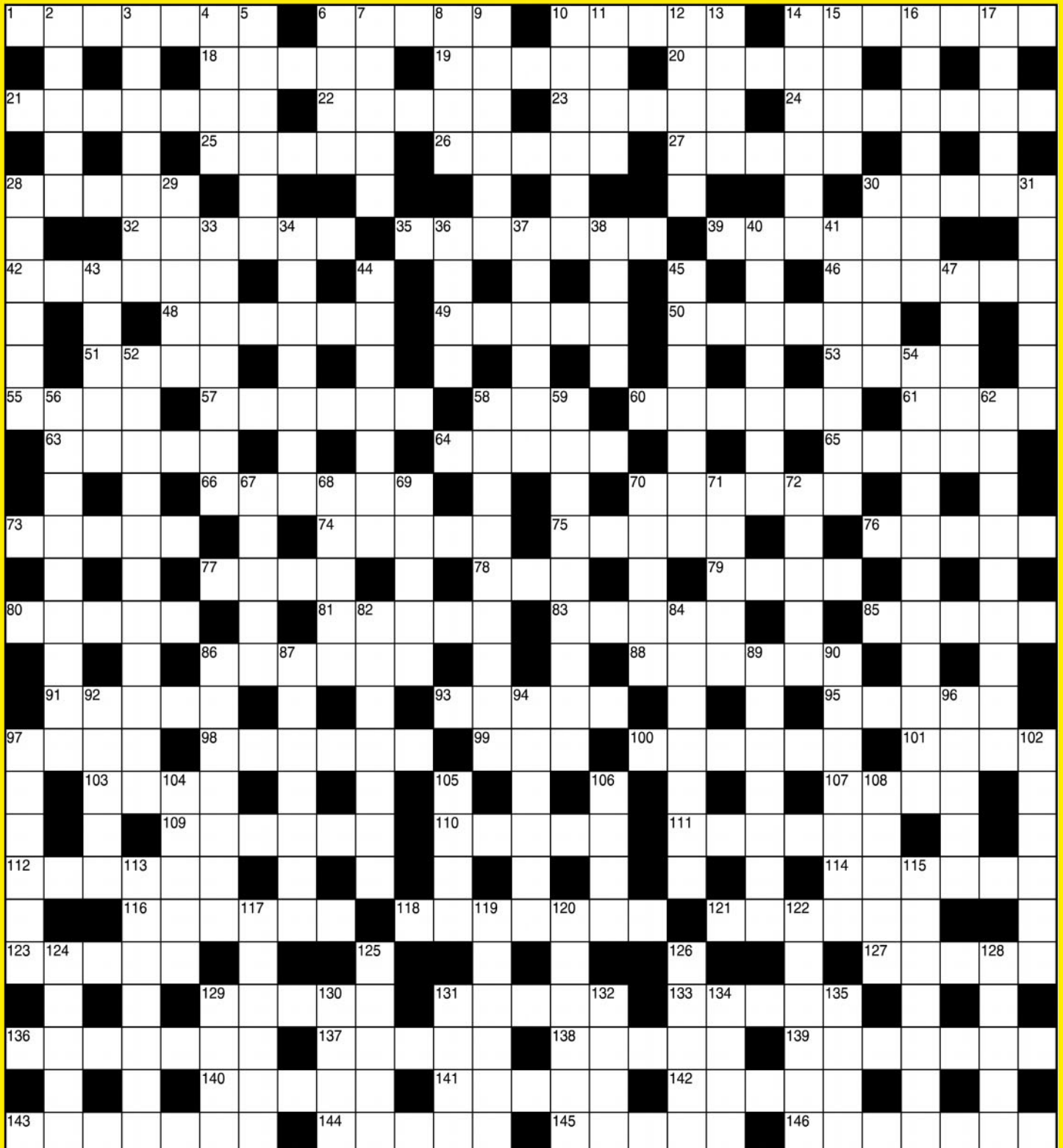
91. Malicious fire-setting
93. Affirmative replies
95. Decorate
97. Run away
98. Is in store for
99. Solar object
100. Fight against
101. Worn-out horses
103. As soon as possible (1,1,1,1)
107. Chore
109. ... and down dale (2,4)
110. Royal headwear
111. Glaze
112. Messy (bed)
114. Puzzling rhyme
116. Fiddle
118. Resenting
121. Tricky question
123. Robbery
127. Belly button
129. Mount Fuji's nation
131. Untamed
133. Deduce
136. Champagne fizz
137. Recluse
138. Fairly
139. Unprocessed
140. Asparagus shoot
141. Ancient remnant
142. Corrosive fluids
143. Promos
144. Witness box
145. Lurk
146. Clothes

DOWN

2. Atmospheric layer
3. Straightened
4. Clay lump
5. Actor, Neil Patrick ...
6. Gravitate (towards)
7. Tribal senior
8. Always
9. Half-diameter
10. Adjacent to
11. Second-hand
12. Building block
13. Scorch
14. Swarmed
15. Otherwise
16. Sacrilegious
17. Peaceful demo (3-2)
28. WikiLeaks' ... Assange

29. Creep stealthily
 30. Forsakes at altar
 31. Samples
 33. Sideboard
 34. Unconscious
 36. University faculty
 37. Prejudiced
 38. Needle holes
 40. Invaders
 41. Attain
 43. Donald Duck's girlfriend
 44. Rebrand
 45. Routine examination (5-2)
 47. Rink
 52. Bookmakers' haunts
 54. Jagged wounds
 56. "Not guilty" verdict
 58. Triumphs
 59. Courteous guys
 62. Testing out
 67. Third planet
 68. Inuit boat
 69. Car bump marks
 70. Cause laughter
 71. Fashion flair
 72. Angry
 82. Rich (soil)
 84. Jabbed
 86. Broke sharply
 87. Greed
 89. Shudder
 90. Chatters idly
 92. Domain
 94. Excessively sweet
 96. Sloped (ceiling)
 97. Show off
 102. High-pitched cry
 104. Business books review
 105. Shock
 106. Drat!
 108. UFO pilot
 113. Genial
 115. Fictional vampire, Count ...
 117. Holds
 119. Steered off course
 120. Baghdad natives
 122. Conference timetable
 124. Hunting dog
 125. Exhale noisily through nose
 126. Crucial
 128. Rub out
 129. Witticism
 130. Woe is me!
 131. Rainforest plant
 132. Chance
 134. Canoodle
 135. Abrade

SOLUTION NEXT WEEK



Brainbusters



1 Dakota Johnson and Jamie Dornan co-star in which sexy new sequel?

2 Manuka is a type of which everyday foodstuff?

3 How many times was Marilyn Monroe married?

4 Emirates airline is based in which city?

5 Atticus Finch is a main character in which classic American novel?

6 What is the capital of Cuba?

7 What is the name of Alvin and the Chipmunks' adoptive human father?

8 Which Tony Award-winning musical features Sesame Street-like puppets?

9 What form of transport is a troika?

10 Which name is the personification of the United States of America?

Answers: 1. Fifty Shades Darker 2. Honey three horses 10. Uncle Sam. 8. Avenue Q 9. Russian sleigh pulled by a Mockingbird 6. Havana 7. Dave and Arthur Miller 4. Dubai 5. To Kill

Christine Lovatt's

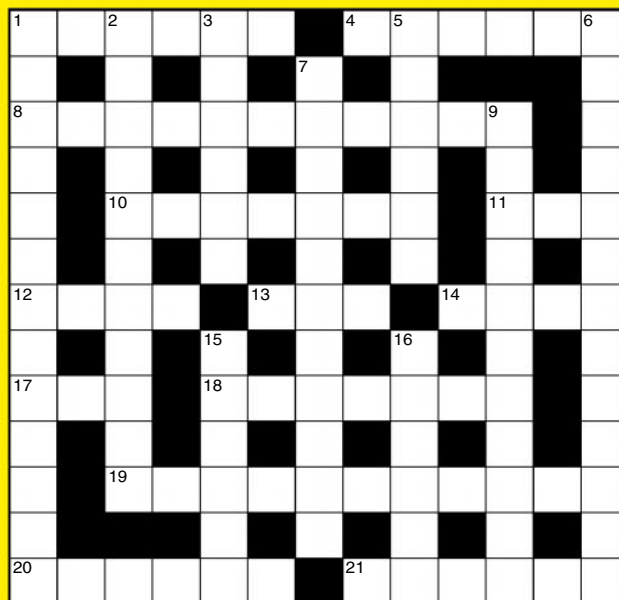
Cryptic crossword

ACROSS

1. It adds extra volume to story (6)
4. Juice capable of having a frozen layer (6)
8. Actor vainly replaced psychic (11)
10. Brown and another man seen in a triangular relationship (7)
11. Fired for concealing anger (3)
12. Contest to find wild animals (4)
13. Extremely pretty nose (3)
14. Slip around kids (4)
17. You talk to sheep? (3)
18. A lot of heavy rain soon after Monday (7)
19. Austere, disorderly characters ruin capital (11)
20. Twice change face of rouble (6)
21. You go into rough sport in a daze (6)

DOWN

1. Tried to predict the silver medallists? (6-7)
2. '60s designer Mary? Indecisive reply bound to be a sudden breakthrough (7,4)
3. Slip up and get a chore (6)
5. Cunning youth leader goes after boat (6)
6. The sort of line that provides just the right angle (13)
7. Meg ran behind post office and grabbed
9. Hat worn by slender monarch when trying to find a solution? (8,3)
15. Am spoken of as being without principles (6)
16. Poem of boy and snare (6)



SOLUTION NEXT WEEK

Wordfind

FITNESS, 26 letters (8,7 - 5,6). Find all of the listed words to do with workouts in the grid. Words may read backwards or forwards, vertically, horizontally or diagonally. Some letters are used more than once. CIRCLE LETTERS ONLY, DO NOT CIRCLE WORDS. The unused letters, reading left to right and top to bottom, will spell out the name of a fitness power couple. Write your answer on the entry form on page 90. February 13 solution: *Herbie: Fully Loaded*; Lindsay Lohan. Winner: M. Dornan, Lower Hutt.

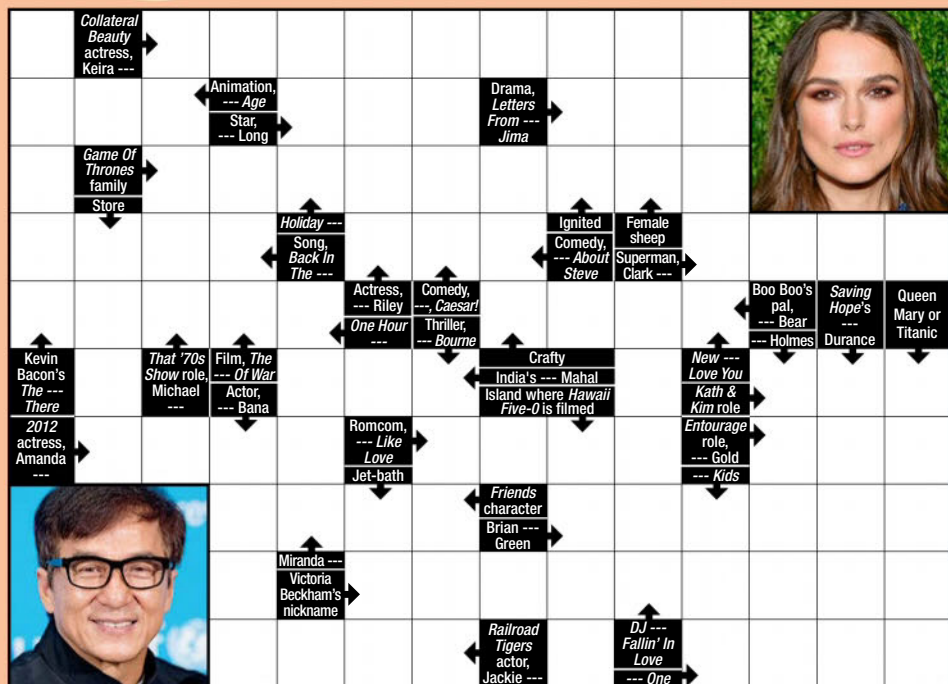
Win \$100



Aerobics
Cycling
Detox
Energy
Exercise
Fitness
Get fit
Gym
Healthy eating
Heart rate
Keep fit
Lifestyle
Lose weight
Marathon
Meditation
Metabolism
Motivation
Nutrition
Pilates
Regime
Running
Six-pack
Spin class
Swimming
Tai chi
Training
Walking
Weight loss
Yoga

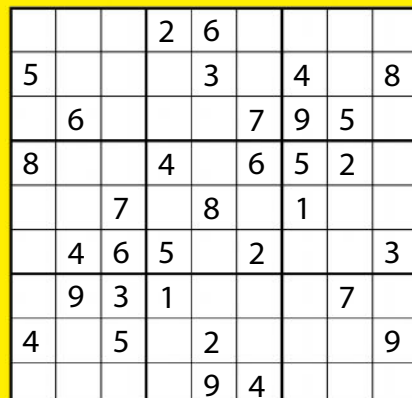
Christine Lovatt's *Starburst*

Work out the names of the stars pictured, then write your answer on the entry form on page 90. The winner is the first correct entry. February 13 winner: J. Ottaway, Auckland.



Sudoku

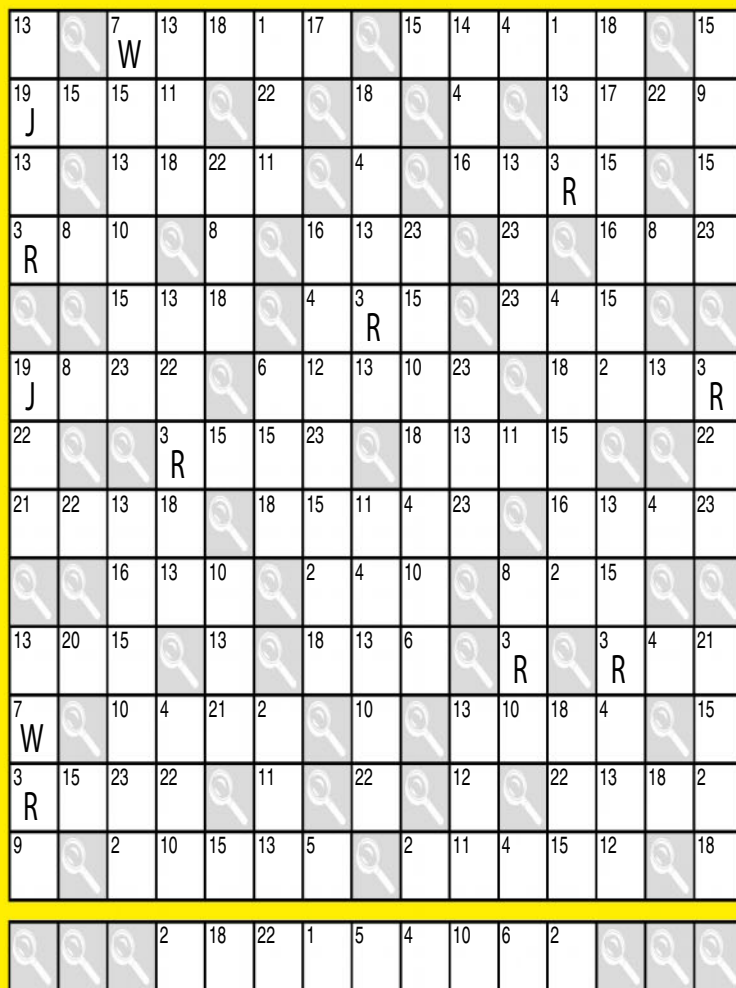
Fill in the blank squares with the numbers 1 to 9 so that each row, each column and each smaller 3 x 3 block contains all the numbers from 1 to 9.



SOLUTION NEXT WEEK

Christine Lovatt's *Code cracker*

Each number in the grid represents a letter of the alphabet. Work out which number stands for each letter, write them in the grid and cross it off the list – we've given you three to start you off. Fill in the letters in the box beneath to spell out the mystery word.

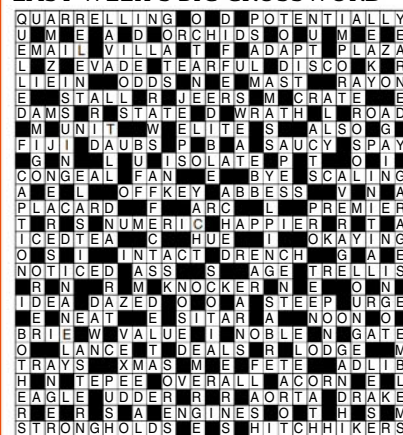


SOLUTION NEXT WEEK

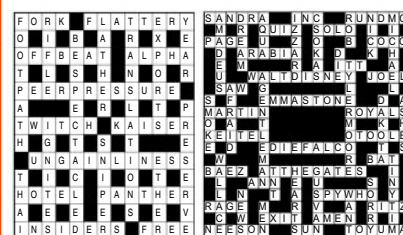
Solutions

Lovatts
CROSSWORDS & PUZZLES
www.lovatts.co.nz

LAST WEEK'S BIG CROSSWORD



LAST WEEK'S
CRYPTIC



LAST WEEK'S WHO AM I?

■ ANNETTE BENING

LAST WEEK'S SUDOKU FEBRUARY 13 STARBURST



LAST WEEK'S CODE CRACKER

A=1, B=14, C=15, D=16, E=11, F=3,
G=20, H=17, I=9, K=10, L=19, M=21,
N=6, O=18, P=13, R=12, S=12, T=4,
U=8, V=5, Y=7

SOLUTION: VIOLET

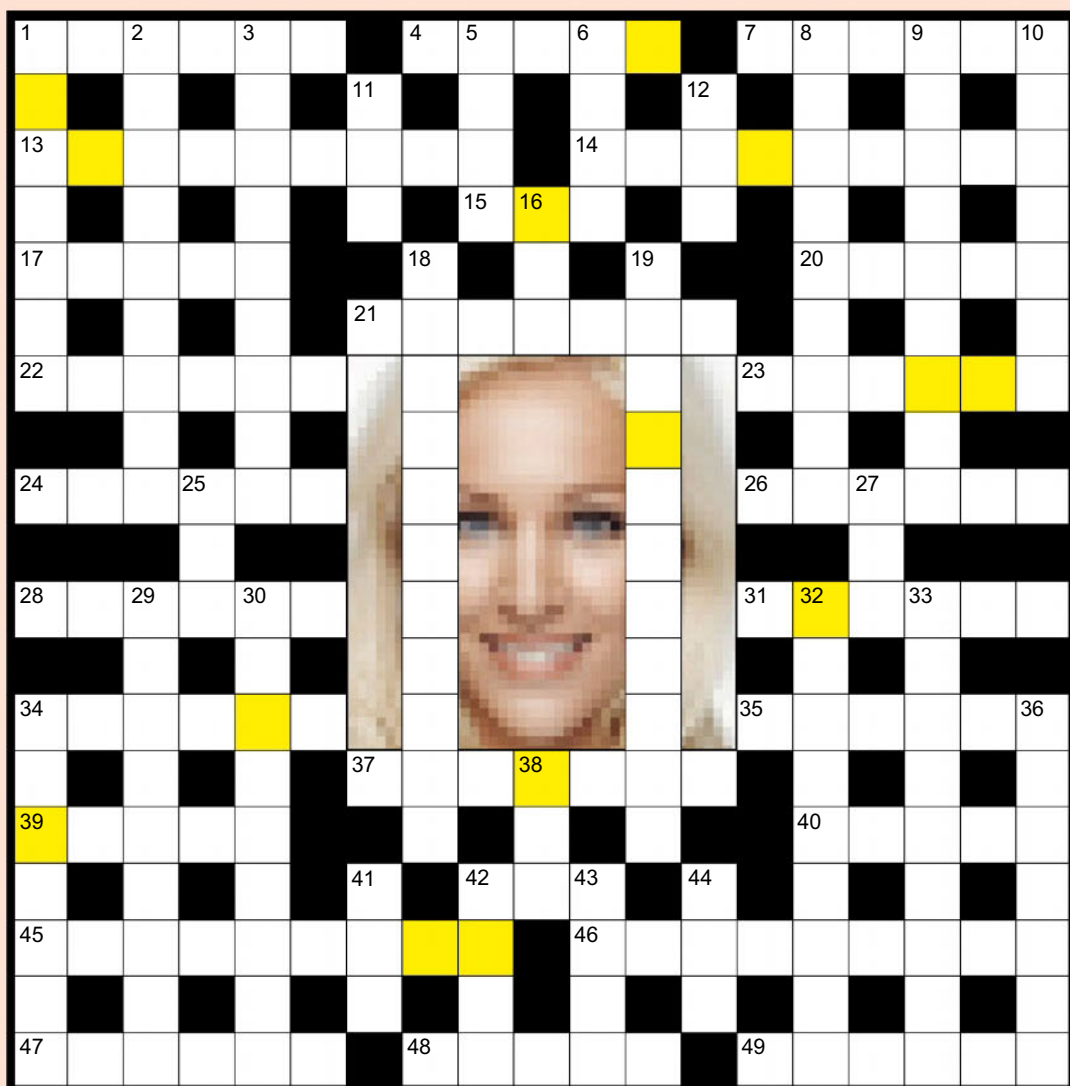
Win
\$100

Christine Lovatt's Superstar crossword

ACROSS

1. Film series with Mel Gibson and Danny Glover, ... *Weapon* (6)
4. Animated film with the voice of Will Smith as Oscar, ... *Tale* (5)
7. Arnold Schwarzenegger film, *Last ... Hero* (6)
13. Hilary Barry and Jack Tame present this local morning show (9)
14. Dorothy's brainless friend from *The Wizard of Oz* (9)
15. Shia LaBeouf computer thriller, *Eagle ...* (3)
17. Jane Fonda and Jeff Bridges mystery, *The Morning ...* (5)
20. *Goodfellas* actor, Joe ... (5)
21. *A Beautiful Mind* and *Wimbledon* actor, Paul ... (7)
22. Comedy starring Joe Pesci and Marisa Tomei, *My ... Vinny* (6)
23. Actress who stars in *Down to You* and *Jason Bourne*, Julia ... (6)
24. TV's *Suddenly Susan* and *The Blue Lagoon* actress, ... Shields (6)
26. Sci-fi action film, *Guardians of the ...* (6)
28. *Identity* and *Hannibal* actor, Ray ... (6)
31. Johnny Depp fantasy drama, ... *Scissorhands* (6)
34. Rod Stewart's model ex-wife, ... Hunter (6)
35. Drama starring Robert Pattinson as a manipulative Parisian lover (3,3)
37. *Downton Abbey*'s aristocrats, the ... family (7)
39. Tony Bennett hit, "... My Heart in San Francisco" (1,4)
40. Jamie Oliver's series for time-poor cooks, *Jamie's 15-Minute ...* (5)
42. Kings of Leon song, "... Somebody" (3)
45. Kate Bush debut single, "... Heights" (9)
46. Western starring Burt Lancaster and Katharine Hepburn, *The ...* (9)
47. Biopic with Lupita Nyong'o, *12 ... Slave* (5,1)

The shaded letters spell the name of our pictured star. Write your answer on the entry form below. The first correct entry wins \$100. February 13 winner: R. Peeti, Christchurch.



48. Actor who starred in *The Usual Suspects*, Gabriel ... (5)
49. *Tootsie* director, ... Pollack (6)

DOWN

1. *Friends* star, Matt ... (7)
2. Crime comedy directed by Ron Howard, *Grand ...* (5,4)
3. "Stranger on the Shore" jazzman (5,4)
5. The Hives hit, "... to Say I Told You So" (4)
6. New Zealand-born actress who
8. Charlton Heston historical drama, *Antony and ...* (9)
9. *The Wire* and *Luther* actor (5,4)
10. "Step by Step" group, ... on the Block (3,4)
11. *Moulin Rouge!* and *Australia* director, ... Luhrmann (3)
12. Haley Joel Osment drama, ... *it Forward* (3)
16. Ice Cube family film, *Are We There ...?* (3)
18. *The Simpsons* neighbour (3,8)

19. Drama starring Winona Ryder and Angelina Jolie, *Girl, ...* (11)
25. Bruce Willis action-comedy film, *Cop ...* (3)
27. *Alfie* and *Sherlock Holmes* actor, Jude ... (3)
29. English rock band, Electric Light ... (9)
30. Nicole Kidman ghost film (3,6)
32. Fantasy drama starring Robin Williams, *What ... Come* (6,3)
33. *Argo* and *Little Miss Sunshine* actor (4,5)
34. Drama starring Colin Firth and Stellan Skarsgård, *The ... Man* (7)
36. Chicago hit, "Hard to Say ..." (1'1,5)
38. *The Grand Budapest Hotel* director, ... Anderson (3)
41. Adventure epic starring Sophia Loren, *El ...* (3)
42. Gerard Butler and Katherine Heigl rom-com, *The ... Truth* (4)
43. Biopic with Julia Roberts in the title role, ... *Brockovich* (4)
44. Kiwi action comedy starring Dean O'Gorman and James Rolleston, *Pork ...* (3)

Entry form

Write the answers to the puzzles in the spaces provided.

You can enter one puzzle or try them all – it's up to you! Send your entry form, with your name and address on the back of an envelope, to: *Woman's Day*/Puzzles No. 10, Response Bag 500261, Victoria Street West, Auckland 1142. Entries must be received by March 10.

WORD FIND

SPOT THE DIFFERENCE

STAR BURST

SUPERSTAR CROSSWORD

SHOP WINDOW



BIG BAG MEGA 20kg \$149

NZ made & grain free • Premium dry dog food

FREE SAMPLE

E: info@addictionpetfood.co.nz PH: 0800 697 383
addictionpetfood.co.nz



578,000
Readership
82,101
Circulation*

To advertise in *Woman's Day* magazine
 contact Kim Chapman: (07) 578 3646/021 673 133,
 email: classifieds@xtra.co.nz

*source Nielsen CMI Jul 15 - Jul 16. ABC Jul 15 - Jul 16.

Elderly Assist

Our specialities include:



- Downsizing and decluttering
- Packing and moving
- Unpacking and layout assistance
- Assistance with the sale of furniture and belongings
- Estate dispersal

We work in the greater Auckland area.

Janice Willis

Ph: 0800 839 874
www.elderlyassist.co.nz



COFFEE AND TEA LOVERS LTD

Over 230 loose-leaf tea blends, coffee beans plus a large range of accessories.

VISIT OUR
STORES: WE ARE
OPEN 7 DAYS

Wholesalers,
retailers,
coffee and tea
specialists &
café.
Est 2000.

567 Manukau Rd, Epsom
 322 Remuera Rd, Remuera
 9 Cook St, Howick
 12 Amera Pl, East Tamaki
 Phone (09) 535 7303
 or 0800teashop

Buy online at www.coffeeandtealovers.co.nz

Shoe Talk Ltd

we talk shoes



Walking Cradles® Propét®
 Footwear for a better world

Footwear that fits the Kiwi foot, including wide widths! Everything from flats to heels, sandals to casual styles, even wide-calf boots. Stockists of the uber-comfortable Propét Walking Shoes and the fashionable Walking Cradles range. Specialist footwear is also available for troublesome feet issues too!

Shoe Talk Ltd: 401A Great North Road, Henderson,
 Auckland | Ph: 09 835 9936 | www.shoetalk.co.nz



Exquisite jewellery...with love
loveloops.co.nz

magazine
designer clothing

Sizes
10 - 26

Autumn STYLES COMING SOON
TO MAGAZINE...



STORES: Takapuna | Mt Eden | Pukekohe | Mt Maunganui
 Tirau | New Plymouth | Palmerston North | Christchurch
HAMILTON STORE OPENING EARLY MARCH

OUTLET STORES: Pt Chevalier | Taihape

www.magazineclothing.co.nz

Find us on
Facebook

Get interactive

Has a story got you all worked up?
Give us your opinion on our pages

Have your SAY

Your letters

Meg Suits me fine!

What will be will be, right? Before Prince Harry, I'm sure most people hadn't even heard of Meghan Markle – unless they're a major *Suits* fan like me! But now everyone knows who she is and all about her past. Behind closed doors, I'm sure she is just lovely! I hope she is happy in her relationship, stays true to herself and continues to do what she loves.

◆ Polly, Whangarei

C'est la vie

I totally agree with Polly Gillespie's column about the pressure that women are under to be perfect (WD, February 20). If you're a full-time mother, a career woman or whatever you choose to label yourself as, be proud and focus on that role instead of trying to juggle everything. It'll only end up with you not doing as good a job as you hoped. Indeed, let's just go with the flow and be whatever we want!

◆ Louise, Tauranga

Monaco woe

I feel so sorry for the poor, lonely princess after reading "Monaco in lockdown: Charlene and Albert's shock split!" (WD, February 6). I'm sure she'll fulfil her duties for the sake of her twins. Also, don't worry if your mag is a day or two late, Sido. It is always a pleasure just receiving my copy and thank you for the apologies.

◆ Lin, Auckland

Wail song

What a heartfelt story about the recent mass beaching of hundreds of whales at Farewell Spit (WD, February 27). So many good, kind people rushed to help care for the whales in their time of need, which truly highlights the benevolent nature of we Kiwis. These rescuers overcame their personal distress and sadness to comfort the beautiful creatures. Sometimes it takes a tragedy to bring us all together as a nation, whether they were DoC or Project Jonah workers, volunteers, locals or tourists. A big thank you to these tireless heroes.

◆ Anne, Auckland



Not fur-my

I was upset with the photo of Rita Ora in your A-list page (WD, December 26). She is wearing a fur coat and the photo's heading is "Fur real!", stating she looks "fur-ocious". I wonder how many realise how cruel the fur trade is. Larger animals are caught in cruel leg holds, with some chewing a foot or leg off to escape. Many are imprisoned in "fur farms" and live in shocking conditions – some are even on the endangered list. They live in fear and distress just so the rich can show off a pretty coat.

◆ Judy, New Plymouth

**\$100
winner**

**\$50
winner**



Buckle up, baby!
Little three-month-old Margaret is ready for her very first road trip.
◆ Daisy, Christchurch



Behind the scenes

Follow @womansdaynz on Instagram for candid celebrity snaps and funny staff shots!

**Instis
of the
week**



Our A-list Insider @dominicjbowden and Assistant Ed @ashleighmcenaney share a laugh with new Bachelor Zac.



The bride @anikamoia and Senior Writer Carmen chill before the ceremony.

Tell the Day & win!

PUBLISHED LETTER WRITERS
WIN A COPY OF THIS BOOK

In Wendy James' *The Golden Child* (Harper Collins, rrp \$34.99), blogger Lizzy has two gorgeous children, a handsome husband and a destiny that's under control. But when her teenage girl's classmate is callously bullied, the finger is pointed at her beautiful, clever child. In the face of teen cruelty, Lizzy must ask herself how well she really knows her girl.



Win!

Day details

To send a letter to the editor or if you have a story, contact us:

**HAVE
YOUR
SAY!**



Woman's Day, Private Bag 92512, Wellesley Street, Auckland



wdaynz@bauermedia.co.nz



facebook.com/womansdaynz



@womansdaynz



(09) 308 2718



Your STARS

Your heavenly destiny for the week February 27–March 5

Pisces FEB 20 – MAR 20



Prepare to be spoilt and don't feel embarrassed, birthday girl – you deserve it. Socially, your chart is sizzling and a gift or compliment could be the icing on the cake. Your heart is ruling your head this week, so don't let your vivid fantasy life obscure the truth, especially if money is involved.

Aries

MAR 21 – APR 20



Wondering where you are headed? You've dived into the deep end of the thought

pool and as Venus shifts into reverse, your soul-searching will only increase. Delay big decisions over the next six weeks and reflect on what you really want. Meditation, yoga, bush walks ... It's all good therapy.

Taurus

APR 21 – MAY 21

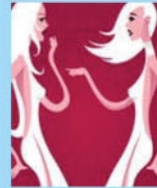


Don't feel guilty about leaning on friends – they will be happy to help! A decision may

feel stressful, but with Venus clouding matters, sorting fact from fiction could be tougher than expected. Easter will mark a turning point, so for the moment, focus on unwinding. As your creative flair grows, perhaps it's time to get crafty?

Gemini

MAY 22 – JUN 21



Life's big issues may get you thinking, but the cosmos wants you to

reassess long-term plans. As feelings flow, writing will be therapeutic and you might even discover your inner author. Anything creative or musical should appeal, so why not catch a concert or cruise a few art galleries?

Cancer

JUN 22 – JUL 23



If your future feels uncertain, ease off the accelerator. New dreams will bubble

to the surface or an old idea might pop back on to the radar. To balance the mental intensity, head for the great outdoors or get creative at home. Garden makeovers, bedroom revamps ... Find a project and leap on in!

Leo

JUL 24 – AUG 23



While you're always full of ideas, this week's eclipse could send you into overdrive.

An urge to

travel or study might strike out of the blue, but be warned – plans will chop and change until Easter. Keep boredom at bay by learning more about alternative therapies or natural remedies. You might even discover a hidden talent.

Virgo

AUG 24 – SEP 23

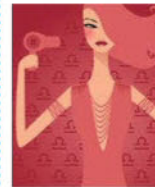


Money makes the world go round, as they say, but these topsy-turvy

stars may make you dizzy. Easter should bring calmer celestial conditions, so hang on tight for now. On the relationship front, it's time to shake things up. Routines introduced in March will stick, so make them good!

Libra

SEP 24 – OCT 23



If self-doubt has been creeping in, the sun's healing rays should brighten your outlook.

Those energy levels will also receive a boost, inspiring you to resurrect a fitness kick or take a more proactive approach at work. A stroke of good luck could make for a memorable week – just watch for someone's jealous streak.

Scorpio

OCT 24 – NOV 22



Someone might reveal a secret, but resist the temptation to pass it on as game-playing will be rife this

week. As Venus shifts into reverse, feelings on many levels could be heightened – an old flame may even be rekindled. Parents, why not research options for a child while your investigative skills are running hot?

Sagittarius

NOV 23 – DEC 22



Your creative approach is awe-inspiring, so speak up – your ideas could make

a real difference. Inspiration may also strike on the home front. If the kids are a little unsettled, find a project that keeps you all busy or wear them out with an active new sport. And don't forget to join in the fun!

Capricorn

DEC 23 – JAN 20



Feeling restless this week? As Venus switches gear, your living arrangements might come under review.

Real-estate windows may draw you in over autumn or renovation plans could take shape. Over the coming weeks, your work-life balance will also require some tinkering, but go with it – change can be as good as a holiday!

Aquarius

JAN 21 – FEB 19



Finances are catching the celestial spotlight! With Venus shining so brightly, a

payout or business proposal may even be in the pipeline – but do your homework! Feelings might be strong over this unsettled period, but the heightened honesty will strengthen your bonds with loved ones.

Hit the SHOPS

Check out what's new, noteworthy and nice to

WITH
Woman's Day



IT'S THE FINEST

Pams Finest is a new brand that lets you enjoy the best for less. From fresh takes on old favourites to delicious new combinations, Pams Finest products contain the finest natural ingredients, without artificial flavours or colours. Look out for the Pams Finest labels in New World, Pak'n Save and Four Square stores.



FRESH & NATURAL

Certified natural, Weleda Citrus Deodorant is aluminium-free, effective and has an invigorating fragrance. Made from pure essential oils of lemon and orange, Weleda Citrus Deodorant neutralises and prevents unpleasant body odour without clogging your pores. Also available in Wild Rose and Sage at weleda.co.nz. Rrp \$25.90.



SNACK TIME NEVER LOOKED SO GOOD

Cooked in sunflower oil and with 75% less saturated fat*, you'll be surprised just how good new Eta Thins taste! Look out for the new green packs in stores now. Rrp 140g \$2.29 and multipacks \$4.05.

*Compared to potato chips cooked in 100% palmolein oil.



KEEP THAT SMILE BRIGHT

Colgate Optic White® High Impact White™ contains 2% hydrogen peroxide – the whitening ingredient dentists use. It delivers four shades visibly

whiter teeth with twice daily brushing for six weeks. For all the benefits of a regular toothpaste, plus a show-stopping white smile, try High Impact White™ toothpaste today.



LOVELY LIPS

For a hint of colour and a whole lot of conditioning, the botanical waxes in these tinted balms will take your lips to lovely in one pretty swipe. These 100% natural balms come in a range of six shades – Pink Blossom, Red Dahlia, Rose, Sweet Violet, Zinnia and Hibiscus. Available from Farmers, pharmacies, health and department stores or call 0508 734 466.



PURE, EASY, DELICIOUS!

LeaderBrand Pure'n Ezy beetroot is 100% grown, packaged and perfectly cooked here in New Zealand. The pouch locks in the flavour and nutrition, ready to enjoy straight from the bag. Pure'n Ezy pouched beetroot is available in the fresh produce section of your local supermarket. For recipe ideas, visit leaderbrand.co.nz/recipes.

The A-list

Celebrity highlights



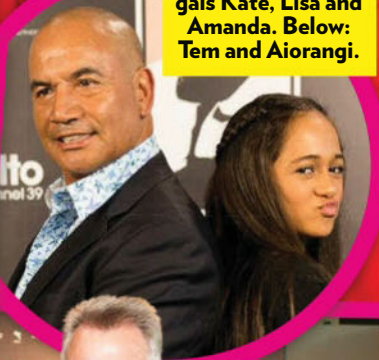
Pork Pie star James with his gorgeous girl Ayesha. Right: Oscar Kightley and Julian.



DOUBLE TROUBLE



Left: Zoe and Claire raise a glass. Right: Glamour gals Kate, Lisa and Amanda. Below: Tem and Aiorangi.



All smiles (from left): Theresa Healey, Julian, Rima, Sam and Rachel House. Right: Thor blimey, director Taika is a hotshot!



Kiwi MAGIC



DOMINIC BOWDEN
A-LIST INSIDER

►► Forget the Oscars – last week was all about the Moas! While Hollywood was gearing up for the Academy Awards, Kiwi stars were glamping up for the New Zealand Film Awards at Auckland's ASB Showgrounds.

Although he wasn't able to attend as he's busy filming *Thor: Ragnarok* in LA, director **Taika Waititi** was the big winner on the night, with his box-office smash *Hunt for the Wilderpeople* taking over seven gongs, including Best Actor for **Julian Dennison**, Best Supporting Actor for **Sam Neill** and Best Supporting Actress for **Rima Te Wiata**.

Pork Pie star **James Rolleston** and his girlfriend **Ayesha Taylor** ruled the red carpet, as did **Temuera Morrison** and his gorgeous daughter **Aiorangi**. Among the best-dressed were actresses **Kate Elliott**, **Lisa Chappell**, **Amanda Billing**, **Zoe Bell** and **Claire Chitham**.

From left: Director Christopher Miller, Woody, Phoebe Waller-Bridge, Alden, Emilia, Joonas Suotamo as Chewbacca, co-director Phil Lord and Donald.



HAN-SOME RECRUIT



A NEW CHEWIE

►► Star Wars fans will be excited to know cameras have started rolling on the Han Solo spin-off movie. Details are under wraps, but we're told the plot revolves around Han and his sidekick Chewbacca's adventures before the events of *Star Wars: A New Hope*.

Blue Jasmine actor **Alden Ehrenreich** does his best **Harrison Ford** impression, appearing with **Donald Glover**, **Thandie**

Newton, *Game of Thrones* star **Emilia Clarke** and **Woody Harrelson**.

Says Alden, "I did my audition on the Millennium Falcon for one of my screen tests, which just feels so surreal – it was incredibly cool."

Star Wars: The Last Jedi will screen here in December, with this as-yet-untitled spin-off following closely behind in May 2018.



Celebrity Frocks

The Brit Awards



WITH STYLE
DIRECTOR
LEIGH MATHESON

7/10

8/10

7/10

9/10

Alesha Dixon

The *Britain's Got Talent* judge keeps things simple in a Ronald van der Kemp skirt and patterned Moschino bustier.

Charli XCX

Scrubbing up well in lilac Vivienne Westwood, the "Boom Clap" diva looks like a ruffled treat.

Pixie Lott

A whole Lott-a cute! The English singer's on the fringe in this metallic Julien Macdonald number.

Rita Ora

In sheer and embellished Alexandre Vauthier, the "Hot Right Now" songstress oozes sexy confidence.



6/10

8/10

9/10

8/10

Michelle Keegan

Coro blimey! Britain's golden girl is just too casual for the red carpet in this subdued jumpsuit.

Ellie Goulding

The "Love Me Like You Do" pop star is all chained up in an elegant Philipp Plein design.

Katy Perry

We hear your "Roar", girl! Miss Perry is back with a vengeance in this ritzy Atelier Versace showstopper.

Nicole Scherzinger

No more Pussycat Dolls style here for the powerhouse vocalist in this Nicolas Jebran Couture blazer and boots.

The **A-list** Celebrity hot shots

Perfect match

Hearts are racing for sporty chic couple **ROCCO RITCHIE** and **KIM TURNBALL**, both 16, at a Reebok fashion event in The Big Apple.

Mad Hatter

Hat's ridiculous! **KENDALL JENNER**'s posture is put to the test as the 21-year-old balances an enormous beanie on her head while walking Marc Jacob's runway in NYC.

Pit-ty party!

Newly brunette **BELLA THORNE**, 19, bares her *au naturel* underarms – and sizzling hot body – while holidaying in Mexico.

Mamas on the move

NATALIE PORTMAN's baby bump doesn't cramp the 35-year-old's exercise regime as she hits the Hollywood hills with her mum **SHELLEY**.



Coca-Cola

Blue lady

In floaty Maria Lucia Hohan, **ALESSANDRA AMBROSIO**, 35, is the bluebell of the ball at a carnival in her native Brazil.



Drowsy duo

By the looks of their furrowed faces, **MILA KUNIS**, 33, and **ASHTON KUTCHER**, 39, are in need of a caffeine fix as they take a stroll with two-month-old son **DIMITRI** in LA.



PARENT TRAP

Christie almighty

They could be sisters! **CHRISTIE BRINKLEY**, 63, flaunts her age-defying figure alongside her glam girls, **SAILOR LEE** (left), 18, and **ALEXA RAY**, 31, in New York.



MODEL GENES



The A-list

Celebrity hot shots



Gorgeous by design

Glamour gals JANE FONDA, 79, and LILY COLLINS, 27, dress to impress at opposite ends of the colour spectrum at the Costume Designers Guild Awards in Beverly Hills.



Comfy, ma'am?

Ugg! What would Her Majesty say of CLAIRE FOY's cosy footwear? The Crown's leading lady, 32, switches to slippers during a break from filming with MATT SMITH, 34, in London.



**DOLL
ON A
ROLL!**

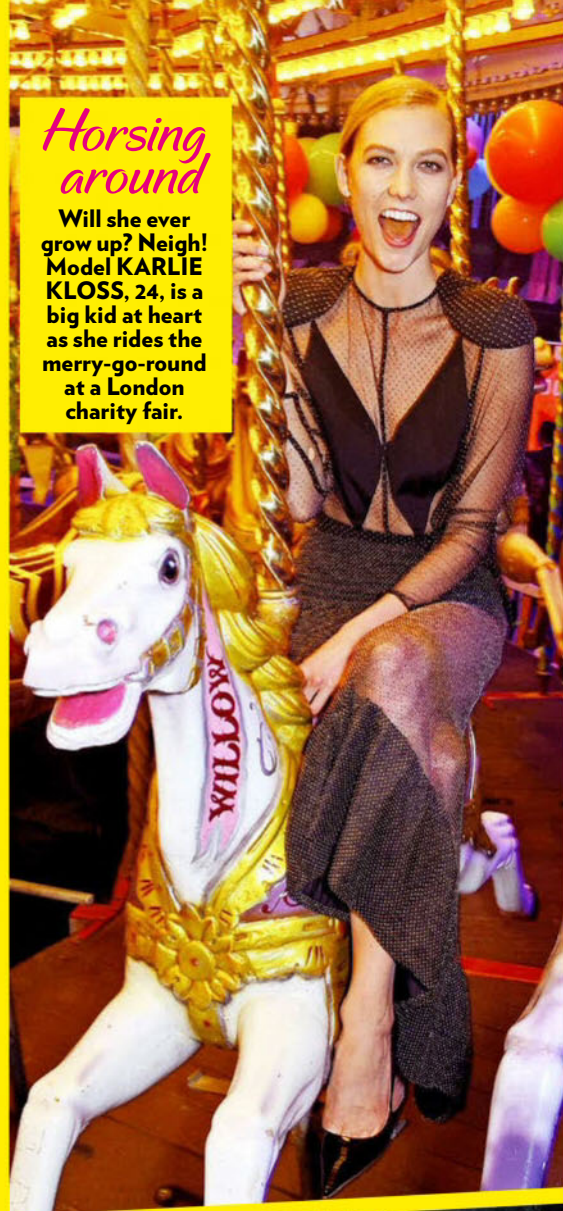


Cate's all-action date

Raising children is a walk in the park for Hollywood heavyweight **CATE BLANCHETT**, 47, who braves the New York chill with hubby **ANDREW UPTON**, 51, and their kids, **DASHIELL**, 12, **IGNATIUS**, eight, and adoptee **EDITH**, nearly two.

Horsing around

Will she ever grow up? Neigh! Model **KARLIE KLOSS**, 24, is a big kid at heart as she rides the merry-go-round at a London charity fair.



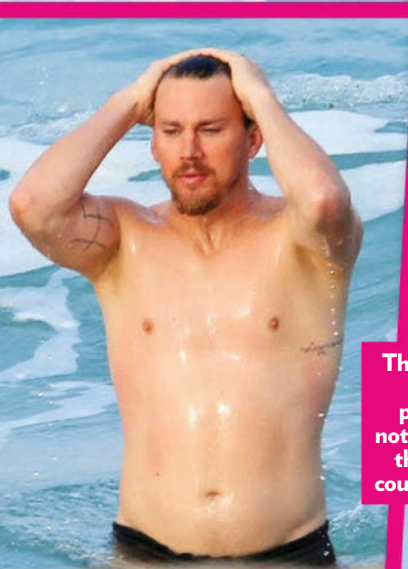
Bey's girl holds court

More interested in the mascot than the on-court action, five-year-old **BLUE IVY** takes the limelight off pregnant **BEYONCÉ**, 35, and **JAY Z**, 47, in New Orleans.

The **A-list** Celebrity hot spots



**WILD
FLING!**



**They may have
taken the
plunge, but
nothing can cool
this devoted
couple's passion.**



Sun, surf & **MAGIC!**

▶ They've been together 12 years, but it's clear time hasn't dulled the spark between Channing Tatum and Jenna Dewan as they goof around in Hawaii.

Looking sizzling hot in her skimpy red bikini, beach babe Jenna, 36, can't wipe the grin from her face as muscle-bound Channing, also 36, playfully chases her through the shallows.

It's a child-free getaway for the married parents to

three-year-old Everly, who are relishing their romantic one-on-one time in the tropics.

Speaking of their rock-solid relationship – which started when the dancing duo co-starred on *Step Up* in 2006 – Channing gushes, “Jenna puts everything in perspective for me, always. I’ll find myself spinning out or angry or whatever, and she always somehow ends up righting the ship.”

WE'RE SERIOUS ABOUT **SUN PROTECTION**



Hamish Bond
World-Class Rowing

Eric Murray
World-Class Rowing

ROWING OR MOWING **GET WORLD-CLASS INVISIBLE ZINC®!**

Natural zinc oxide sunscreen. Incredible broad spectrum protection with no chemical sun filters. Suitable for sensitive skin.



Available in all good pharmacies

Unichem

life
Pharmacy



Wither Hills
Made beautifully

Cheers!

cheers.org.nz